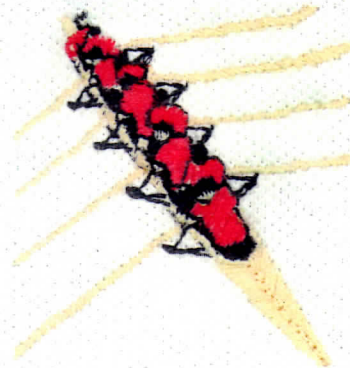


25th Reunion
1997



USCGA
1972 Dad Vail
Champions



CGA72 Varsity Crew Team (added page 02/10/2021)



Bill Stowe

Head Crew Coach – 1971 to 1987



Mark Noll - Seat #4

Cox
Bill Stowe

#Coxswain
Freddy Montoya

#8 - Stroke
Brad Balch

#7
Mike Wensman

#6
Ken Knutson

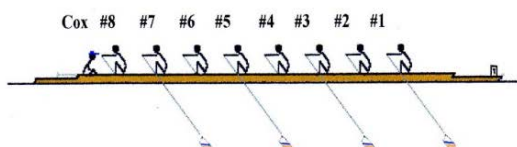
#5
Bill Spitler

#4
Mark Noll

#3
Larry Shirley

#2
Pug Gutridge

#1
Bill Plage



New London Day 6 Jan 1972



OLYMPIC CANDIDATES — Ten members of the Coast Guard Academy crew team have been invited to Cambridge, Mass., Saturday to try out for the U.S. Olympic rowing team which will compete in Munich, Germany, next summer. The crewmen who received invitations are, from left, Brad Balch, Mike Wensman, Ken Knutson, Bill Spitler, Fred Montoya, Mark Noll, Larry Shirley, Pug Gutridge and Bill Plage. The Academy started crew a year ago under Coach Bill Stowe and has made great strides, defeating 47 of 53 crews met in 1971. The Cadets have been working out on the Thames River since returning from Christmas vacation.

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25th Reunion of Varsity Crew Team

May 9-10, 1997 – Dad Vail Regatta, Philadelphia, PA

~~MDN~~

1 July 1999

Mark,

Finally finished! I hope you enjoy your album. I used a 3-ring notebook so you can easily modify, add, and delete items as you wish. If you find anything else interesting for the album, perhaps you could make a copy and send it to us.

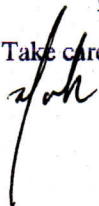
Also enclosed is an 8" x 12" enlargement of our group photo. Notice the mad dash that Tom is making to get in front of everyone. The photographer was too quick though. Thank you to everyone who sent items to include in the album. A special thanks to Ken and Suzanne Knutson whose photos were key in capturing the spirit of our 1977 25th reunion.

I have also enclosed everyone's current (as of 7/1/99) address, phone number, and email addresses.

Coach - Thank you for teaching us the rowing skills we needed, for instilling the drive in each one of us to become national champions, and for giving us a period in our lives that we take pride in and look back on with great sense of accomplishment.

Freddy Thank you for steering a straight course.
Brad Thank you for rowing a strong race with a smooth stroke rhythm.
Mike Thank you for rowing a strong race.
Mom Thank you for rowing a strong race.
Spit Thank you for rowing a strong race.
Mark Thank you for rowing a strong race.
Larry Thank you for rowing a strong race.
Pug Thank you for rowing a strong race.
Chief Thank you for rowing a strong race and leading the way in the bow.

Take care,





USCGA Crew Album

**1972 Dad Vail Champions
&
1997 25th Reunion**

Album by: Mark Noll

Dedicated to
a championship
coach and crew team



Coach
Bill Stowe

#Coxswain
Freddy Montoya

#8 - Stroke
Brad Balch

#7
Mike Wensman

#6
Ken Knutson

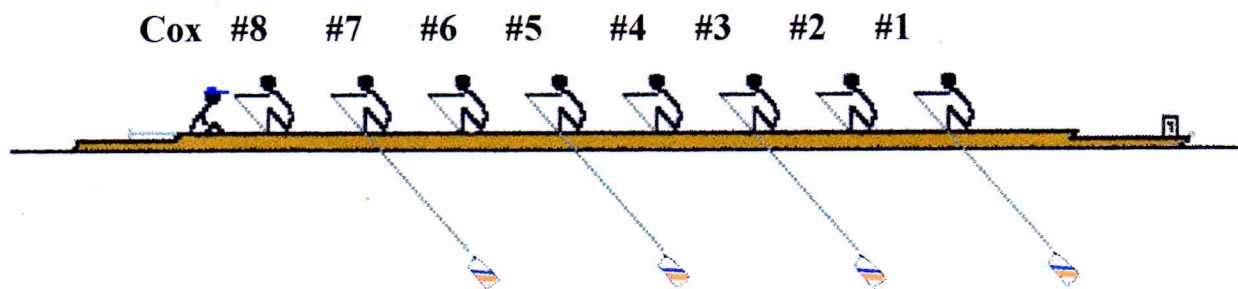
#5
Bill Spitler

#4
Mark Noll

#3
Larry Shirley

#2
Pug Catridge

#1
Bill Plage







PRESENTED TO MARK NOLL, CAPTAIN OF THE 1972
VARSITY HEAVYWEIGHT CREW, WINNERS OF THE
DAD VAIL REGATTA AND UNDEFEATED IN SMALL
COLLEGE COMPITITION. THANKS FOR A JOB WELL
DONE.....

William A. Howe

Coxswain *Al Montoye*
Stroke *E. B. B. B. B.*
Seven *Andy Mendenhall*
Six *R. A. Knutson*
Five *W. W. Spittler*
Four *Mark Fell*
Three *Larry Shiley*
Two *Ray Lintridge*
Bow *Bill Page*





The Coast Guard Academy floated its first crew in 1971 and won its first Small College National Championship in 1972. Since then, the heavyweights have won seven more national titles (Dad Vail) while the lightweights have added three more trophies to the team's collection. The women began in 1978 and have won three national championships in fours. The crew has participated in the Henley Royal Regatta and The San Diego Crew Classic (1991 California and Visitors Cup Champions).

Every year, over 100 cadets participate in the rowing program which boats Varsity, Junior Varsity and Novice Heavyweight eights; Varsity and Novice Lightweight eights; and Varsity, Junior Varsity, and Novice Women eights.



The Thames River provides the crews with miles of rowable water and the Rowing Center is a beautiful facility located on base which offers cadets with a place to relax in comfort as well as a state of the art training facility complete with rowing tanks and over sixteen Concept II ergometers.



The Academy usually participates in the Champion Intercollegiate Regatta which alternates between Worcester, Mass. and the Olympic course at Lake Lanier, Georgia. For the past two years however, the Academy has participated in the Dad Vail Regatta on the Schuylkill, in Philadelphia, PA.



Coast Guard Crew Is Making Strides

Special to The New York Times

NEW LONDON, Conn., March 4—The oarsmen of the United States Coast Guard Academy, who hope to make a big splash in eastern rowing circles this spring, today completed a month of winterized outdoor practice on the Thames River here.

The Cadets have overcome snow, rain, sleet, 30-knot winds and ice in daily practice under Bill Stowe, the coach. The absence of indoor facilities found at many eastern colleges put the cadets on the water.

Crew is a new sport at the academy, beginning last year when Capt. Otto Graham, the former pro quarterback and coach, hired Stowe, stroke of the winning Olympic eight from Vesper Boat Club in 1964 and later head coach at Columbia.

First Year a Good One

Starting with no facilities, no equipment and no experi-

enced talent, the first season was a winning one. "We expect to do a lot better this year," said Stowe.

Operating with a budget of \$7,600, Stowe and a handful of cadets built a boat house for the fragile shells and painted it in two-and-one-half hours. This gave the program a campus facility rather than continued use of Yale's rowing camp at Gales Ferry across the river.

Stowe has set up an ambitious schedule beginning with a race against Yale and Boston University and closing with the Coast Guard's first entry at the intercollegiate championships at Syracuse, June 1-3.

N.Y.R.A. Has 11 Races

The New York Rowing Association will sponsor 11 regattas this spring on the Orchard Beach 2,000-meter course in the Bronx. The first

event, open to all amateur oarsmen, is the Deering Cup regatta on March 25. The races will be held in the morning because of tidal conditions.

The events will serve primarily as competition for college rowing, which continues to grow in the metropolitan area. The latest institution to start rowing programs are the United States Merchant Marine Academy at Kings Point, L. I., under Coach Dick Halstead. Also new to the sport is the New York State Maritime Academy at Fort Schuyler in the Bronx with Jim Lynch as coach.

5 High School Crews

Other crews rowing at Orchard Beach this spring will be from Fordham, Iona, Manhattan, St. John's, John Jay, C. W. Post, and Stony Brook State.

High School crews will

come from Blessed Sacrament of New Rochelle, Trinity of Huntington, L. I.; Hicksville, L. I.; St. Helena's of the Bronx and Stepinac of Mamaroneck.

The New Rochelle Rowing Club, with Rick Bauer as coach, has invested in new equipment and hopes to enlist 40 young oarsmen.

Jack Sulger returns as the N.Y.R.A. regatta chairman with his headquarters in the New York Athletic Club boat house at Travers Island.

The spring schedule: March 25, Deering Cup; April 1, Westchester County championships; 8, Easter regatta; 15, Hughes Cup; 22, Glover Cup; 29, The Bronx Regatta.

May 6, Metropolitan Intercollegiate Championships; 13, Father Knickerbocker regatta; 21, Metropolitan Scholastic championships; 27, Memorial Day regatta; June 24, N.Y.A.C. open regatta.

Y, MARCH 5, 1972



Joe Diemer/U.S. Coast Guard

Cadets from the Coast Guard Academy learning the fundamentals of rowing on the Thames River in New London, Conn. The 16-oared barge they are using won't move very fast, no matter how hard they row.

TS to see



Joe Diemer/U. S. Coast Guard

Cadets bringing out a shell for a cold workout on Thames. Boat house, rear, was put up by Coach Bill Stowe and few cadets on low budget.

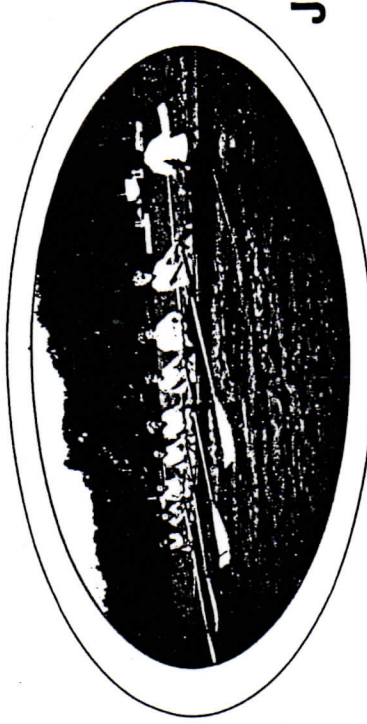
BLOOD STREET SCULLS

The Country Town Rowing Club
WHERE MOM ROWS, TOO!

Eights
Fours

Doubles
Singles

Summer
Program



Starts
June 17, 1973

For High School—Collegians—Post Grads
Men's Jr. & Sr. 135 lbs. thru heavies—Bill Stowe
Girl's Program—Fred Emerson

Lyme *Conn.*



HISTORY & QUOTES

LOREM IPSUM DOLOR SIT AMET

LOREM IPSUM DOLOR SIT AMET

SPORTS

CREW

It's been said nothing much could ever be made of a sport where you sit on your butt and go backwards, but the C.G. crew team can make a lot out of nothing.



Just before Christmas, interested cadets attended a talk about crew. A kind, generous, and loaded soul who has devoted much effort to the support of crew everywhere, Mr. Fred Emerson of Old Lyme, donated the shells, oars, and hired that Apple Pie American, Coach Bill Stowe. After leave there was a pep talk from the Coach—some line about putting blood on the oars. His enthusiasm, gathered over years of rowing experience including stroking the 1964 eight to an Olympic gold medal in Tokyo, has been a bulwark to the team . . . and bull and work has been his prescription.

The first weeks consisted of a weight training program and Saturday trips to the indoor rowing tanks at Yale or Brown Universities. The third week of January, we were introduced to the "First School North of Philadelphia" syndrome, or, lessons in icebreaking with 4 man practice shells. When the river permitted (weather never stopped the team, it was always a "what-a-great-day" day), we took our first strokes in the Thames. A couple of weeks with the four man shells, and we graduated to two prehistoric eights "requisitioned" from the Harvard boathouse above the Sub Base.

Mid February, we began working out of the Yale boathouse—also just north of the Sub Base, and phasing into the beautiful new eight man shells from Mr. Emerson. Departing the Academy in B's Bummer Boats, we plowed to the boathouse, put the shells in the water, and began working off the needed 300 miles of rowing before Florida.

Spring leave in Florida began as a 9 hour flight via C-130 for some, and for others a 22 hour portage of the varsity shell and oars. Staying at an AFB near Cocoa

Beach, we rowed double sessions each day out of the Florida Inst. of Technology boathouse. By this time, there were pretty firm varsity, junior varsity, and lightweight shells, as well as a spirited middle-weight eight made up of the Miami Four plus four. The team really became a tight, hard working group. Climaxing the previous weeks of work was the varsity victory at the Cypress Gardens Regatta, and everyone felt that, finally, it was all worthwhile.

Back in the North Country, with the same chilly and "surf's up" conditions we'd left, the team met its first scheduled competition against N.Y. Maritime and the Merchant Marine Academy, sweeping the river in all races to the satisfaction of roaring crowds (!) swarming the shore and T-boat, as well as one frozen Admiral. The following Saturday, the lightweight and J.V. shells scored against U. Mass. and Wesleyan, with the varsity losing by less than two seconds to the former N. England champs, and the midweights being nosed out, also by U. Mass. Ahead of us lies WPI, Trinity, URI, and the small college New England Championships, and, hopefully, the Dad Vail Regatta in Philadelphia.



And how can this article end? We hope there will be no end to it and that crew will become a lasting sport at C.G., a rising power.





Working toward the Dad Vail Regatta



stroke you !\$(?)\$\$!!

New London Day 6 Jan 1972



OLYMPIC CANDIDATES — Ten members of the Coast Guard Academy crew team have been invited to Cambridge, Mass., Saturday to try out for the U.S. Olympic rowing team which will compete in Munich, Germany, next summer. The crewmen who received invitations are, from left, Brad Balch, Mike Wensman, Ken Knutson, Bill Spitler, Fred Mon-

toya, Mark Noll, Larry Shirley, Pug Guttridge and Bill Plage. The Academy started crew a year ago under Coach Bill Stowe and has made great strides, defeating 47 of 53 crews met in 1971. The Cadets have been working out on the Thames River since returning from Christmas vacation.



Sports

by JACK CRUISE

Stowe(way)

Bill Stowe should have been a salesman. As such, he'd have been a good bet to sell electric fans to the eskimos. At that, he's a walking and talking ambassador for the sport of crew.

Seventeen months ago, Stowe walked into the Coast Guard Academy and sold Capt. Otto Graham and the Athletic Board on the program of crew. He made some rather startling predictions at the time as to how soon the Cadets would be ruling the waves.

But the man's actions backed his words. Within a five-month period, the Cadets had finished fourth in the Dad Vail Regatta in Philadelphia, one of the nation's top crew events, and had beaten the Yale varsity in a practice run on the Thames River.

If anybody thought for a moment the Cadets were just having what is generally referred to as "beginner's luck," they were rudely jolted out of such a feeling by the events of the past month.

First the Cadets went to Cypress Gardens for a training period and won the rowing championship there in competition against six schools. And then last Saturday on the Housatonic River, the Cadets beat a couple of major powers—Yale and Boston University.

No Previous Experience

And Stowe has done all this in a year's time with a crew that doesn't contain one man with previous rowing experience.

Before coming to the academy, Stowe had a rich background in rowing. He was a member of some of Cornell's best crews as an undergraduate and stroked the Vesper crew to the Olympic championship in 1964. He was head coach at Columbia University until he resigned in 1970, a little disenchanted at the way things were going at that university.

At Columbia, Stowe had recruited talent; at the academy he has had to take raw material and build it from scratch. Still he thinks it has been a lot of fun and perhaps beneficial.

"Here we've had to teach everybody together. There has been no superstar and consequently no boy who has felt he has been held back while the others have had to learn," Stowe says.

There are those who believe Stowe must use some kind of magic, but he pooh poohs this. "We merely try to make it fun for the boys and let them act a bit human. After all, they're under enough pressure in the classroom," the coach says matter of factly.

But it's obvious as he talks that Stowe likes the idea of developing his own crew. He's tired of listening to the fellows in the past who, having been brought up under another coach, kept referring to the way their old coach did things. And Stowe with his Olympic background has the credentials to say "do it my way" and make it stick.

Although he is thrilled with the progress the Cadets have made in the short history of the sport, he's a bit worried, too. He thinks it's a case of the Cadets coming too far, too fast.

Scheduling May Be Tough

For one thing, he envisions schedule difficulties ahead. "A lot of the schools may not be too anxious to say come to our regatta and I can't honestly blame them," Stowe says. "After all, the big schools gain nothing from beating us, but lose a lot of prestige when we beat them."

Stowe is doing the job with a budget that is about two per cent of the money spent by many of the schools the Cadets have been licking. And until this spring, Stowe has been a one-man coaching staff. Lt. (j.g.) Bill Longa, a former Columbia star who rowed for Stowe in 1969 and 1970, joined his former coach at the outset of the 1972 season. He is stationed at the Sub Base and Stowe says, "He's been a big help and we hope to keep him with us for a spell."

Coast Guard's only home appearance on the Thames River takes place this Saturday, starting at noon. The competition will include LaSalle of Philadelphia, Ithaca College (6th in the Dad Vail Regatta) and Wesleyan University (8th in the same regatta). It ought to be a pretty good day of racing and a chance for the crew fans of the area to see the Cadets in action.

Years ago, a Coast Guard admiral had a rather simple philosophy on athletics. It was to the effect that the men who went down to the sea in ships ought to be able to row 'em.

He should have been around today.

CREW PREVIEW

by Bill Stowe

When the Coast Guard Academy crews put their shells in the water on St. Valentine's Day, it marked the 25th month of rowing for the Cadets. In that short history of the sport, a great deal has been accomplished, including the winning of the small college national championships. The crews are on the brink of breaking into the big time and winning on a larger scale.

The 1973 schedule for both lightweight and heavyweight crews is perhaps the most ambitious that any newly emerging crew has ever undertaken. The heavyweights start their season with a trip to Florida to compete in the Miami Invitational Regatta on Biscayne Bay, 14 April. This will be the Nation's only international intercollegiate race, with the stiffest opposition coming from the winner of England's famed Oxford-Cambridge race. Also making the trip to Miami are crews from Argentina, West Germany, Holland, and Guatemala. Stateside competition will come from various southern schools, the toughest being last year's runner-up at the Dad Vail Regatta, Rollins College.

The Cadets will then return north for "the big one"—a three way race with Yale and Navy. It will be held at Derby, Conn. on 21 April. They want to take Navy so bad they can taste it.

The only home heavyweight contest will be on 28 April against Georgetown University. The boats will row a 2000 meter north to south course on the Thames, ending at Jacobs Rock. It will be run at slack tide around noon. A duel race with Brown at Providence, RI, will follow on 5 May. Then on to the Dad Vail Regatta, 11-13 May, in Philadelphia, where the cadets will be defending champions. The 31 May-2 June IRA Regatta in Syracuse will hopefully close the season.



A scene we'd like to repeat—1972 Dad Vail champs dunking their coxswain.

The lightweight crews have an equally difficult schedule, opening with the Merchant Marine Academy on the Thames 31 March. Following that come races in April with Yale, Harvard, Columbia, Marist College, and Georgetown. While warming up to defend the Dad Vail Lightweight championship in May, the crews will split up, the Varsity racing in Worcester's Rusty Callow Memorial Regatta, the Junior Varsity and Freshmen traveling to Hanover to race Dartmouth and Cornell.

Assisting Bill Stowe with the coaching will be two new men, Hunter Townsend and Dr. Bob Miller. Townsend gained rowing experience at the South Kent School and has been helping since the fall. He is the Chaplain's yeoman at the Academy. Dr. Bob Miller joined the Engineering staff at the Academy in January. He has a rich background in crew from his undergraduate days at University of Pennsylvania. These men will permit splitting coaching responsibility and provide good direction for the six racing boats.

Mr. Fred Emerson, continuing his generous support of Cadet Rowing, donated another sectional Schoenbrod shell. The cadets have re-varnished the older boats, worked over the oars, and gotten themselves in top physical condition. They are ready to race and win!

Returnees from last year's Championship crews include Stroke Brad Balch, Captain and coxswain Freddy Montoya, Mike Wensmen and Larry Shirley for the starboard side and Ken Knutson on the port. Captain Gary Anderson of the lightweights is working on rebuilding the lightweight shell that was so successful in the Head of the Charles Regatta. Returning 150-pound veterans include Rusty Sprouse, Joe Ahern, Jim Woepple, and Jim VanSice. The Fourth Class oarsmen have spent the winter on the machines and have made weekend trips to the Yale and Brown tanks to gain experience. Standouts include Strokes Paul Langlois and Leroy Troxler, port men Bob Weinholt, Dick Ingles, and John Acton and starboard men Mike Shevock, Branch Isbell, and Kevin Grady.



Dartmouth College HANOVER · NEW HAMPSHIRE · 03755

Dartmouth College Athletic Council · TEL. (603) 646-2465

May 4, 1972

Dear Mark:

I am sorry to have to inform you that you will not be invited to the selection trials at Lake Waramug in May. Because of the over 100 applicants for the National Camp, from this area alone, it has been necessary to make a major reduction in the numbers to be considered further.

I have reluctantly made a decision on rather tentative evidence but the numbers involved and the limited time available have made it impossible to do otherwise.

Criteria used were: 1. Ergometer scores; 2. Coaches evaluation; 3. past experience; 4. personal observation of rowing technique where possible; and finally, 5. current rowing success.

For those of you (many I hope) who feel I have made a mistake you can prove me wrong in the small boat trials this summer. I can think of at least two champion oarsmen who rowed on their respective college JV's and yet went on to win medals in the Olympics.

Sincerely,

Peter Gardner

Peter Gardner
Area Selector

lpd

The History of Rowing



Rowing has been around for centuries, and will stay among the best of competitive sports around the world.

The technique of affixing the oar to the side of the boat was discovered by the Greeks approximately two thousand years ago. They discovered that working a single oar against a fulcrum was much more useful and effective than a paddle. Rowing was primarily used to transport goods, but when there was more than one boat in the water, human nature took over and racing started.

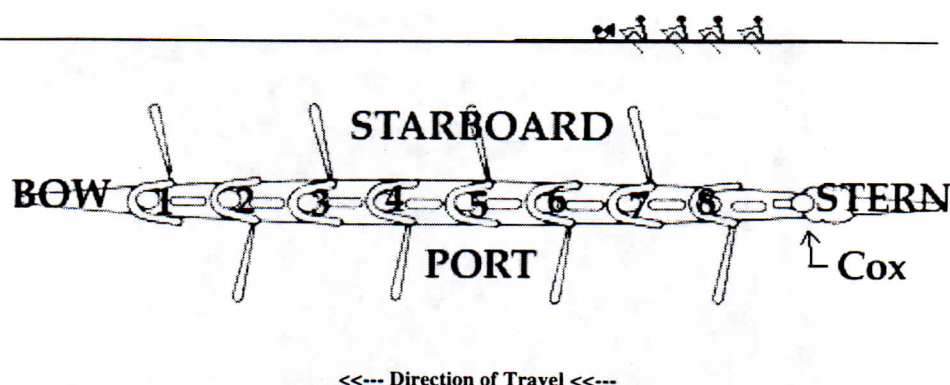
Professional racers made a decent living in the late 1800's, but gambling on races led to the popular sport's demise. But in America and England, amateur rowers developed popularity in inter-collegiate competitions. The first Oxford/Cambridge race was held in 1829. The first Harvard/Yale race was held in 1852, and is the oldest inter-collegiate event in America.

Many scientific advancements were then made in the sport; a better boat was a faster boat. For example, the ancient Greeks, when rowing, sat on seats that slid to allow them to use their legs to drive the boat. Harvard rowers found a way to grease their pants so that they slid on their immobile seats. This allowed them to dominate Yale because they were still using only the fixed seats. This led to the popular use of sliding seats in today's shells.

Boat clubs started in America in the 1800's. Philadelphia's Schuylkill Navy, begun in 1858, was the first rowing association and the first amateur sports organization. Collegiate and amateur oarsmen started the National Association for Amateur Oarsmen (NAAO) in 1872. Women were left out in these clubs, even though they rowed in amateur and collegiate races also. In the early 1960's the National Women's Rowing Association was formed. Finally, in 1982, the NAAO and the National Women's Rowing Association joined together to become the co-ed United States Rowing Association.

[Back to Main Page](#)

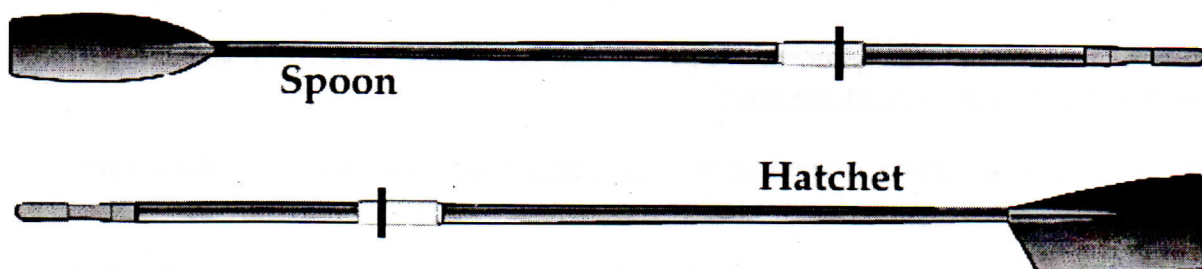
A Glossary of Rowing



ALIGNER - The person at the starting dock who aligns the boats evenly for a fair start.

BEDLAM - What happens when thousands of people try to park in one small lot at a regatta.

BLADE (HATCHET OR SPOON) - The face of the oar that pushes against the water.



BODY ANGLE - Leaning to the left or to the right in the boat. Ideally, a rower should sit upright for the entire stroke except a slight lean into the rigger at the catch. Improper body angle can result in bad keel.

BOW - End of the boat closest to the direction of travel. See diagram. Also can be used to refer to one-seat, or in conjunction with either four or pair. Bow-four refers to seats four through one. Bow-pair refers to seats two and one.

BUMP - A very crazy race they do only in England. It is what happens when your race course isn't wide enough for more than one lane.

CATCH - The part of the stroke where the oar enters the water. See How To Take a Stroke.

CHECK - Bad technique that slows the boat down. Essentially, the momentum of the rowers sends the boat in the opposite direction.

"CHECK IT DOWN!" - Coxswain call that makes all the rowers drag their oarblades through the water perpendicularly, effectively stopping the boat.

COURSE - A straight race course for rowers that has 4-6 lanes. In high school, the length is 1500 meters, while in college/olympic events, the length is 2000 meters.

How To Take a Stroke

The Catch

This is the point of the stroke where the blade enters the water. The rower is at full compression up the slide, and tries to reach as far as possible to obtain a long stroke. When the rower is at the catch, the boat is at its most unsteady point. At this time, steadiness, and *balance* is key, while entering the water and *changing direction quickly* is of utmost importance.

The Drive

After the catch, the blade is in the water and the rower drives with his/her legs against the foot stretchers to pull the blade(s) through the water and move the boat. For the first half of the drive, the rower remains upright. With the beginning of the second half (after the knees come down) the rower leans back and pulls the oar(s) in with his/her arms. The most crucial part of the drive is keeping the oar blade(s) just below the surface of the water and making the oar(s) *accelerate* through the water, i.e. finish faster than it began.

The Finish

At the finish, the rower is leaning back and pushing down on the oar handle(s) to make it come out of the water. In order to make this easier, the rower feathers the blades. When an oar blade is feathered, it is parallel to the surface of the water.

The Recovery

In the first part of the recovery, the rower sits up from the release, and moves **slowly** back up the slide towards the catch. Key word being slowly. If a rower zooms back up the slide, the momentum of the rower puts check on the boat; it sends the boat in the other direction. That's bad. As the rower then approaches the catch, he/she feathers the oar blade back so that the blade is perpendicular to the surface of the water.

COX BOX - A small electronic device which aids the coxswain by amplifying his voice, and giving him a readout of various information. See What the Heck is a Coxswain?



A cox box

COXSWAIN - A small (usually) unathletic person that gets to boss around and yell at big athletic people. See What the Heck is a Coxswain?

CRAB - Bad technique that has the effect of "checking it down" when the rower doesn't get his oar out in time.

CRUNCH - The sound made when a trailer full of shells overturns on Interstate 95. See TJ Crew.

DRIVE - Part of the stroke where the rower pulls the blade through the water to propel the boat. See How To Take A Stroke.

ERG (ERGO/ERGOMETER/ERG MACHINE) - Rowing machine that most closely simulates rowing in a boat. See What the Heck is an Erg?

FEATHERING - Rotating the oar in the oarlock so that the blade is parallel to the surface of the water. See How To Take a Stroke.

FINISH - Part of the stroke after the drive where the blades come out of the water. See How To Take a Stroke.

FOOT STRETCHER - Part of the boat where the shoes are attached and where the rower pushes his legs against on the drive.

HEAVYWEIGHT - Heaviest of the three major weight categories in competitive rowing.

"HOLD WATER!" - Coxswain call. Another way of saying "check it down".

KEEL - The steadiness of the boat. If the boat alternates leaning from side to side, it is a sign of bad technique.

LAYBACK - Term for how much you lean back at the finish. Too much is bad, too little is, well, bad also.

"LET IT RUN!" - Coxswain call for all rowers to stop rowing and to pause at the finish, letting the boat glide through the water and coast to a stop. Used as a drill to build balance.

LEG DRIVE - Term used for driving the legs against the foot stretchers on the drive.

LIGHTWEIGHT - Lightest of the three major weight classes in competitive rowing. In high school, the average boat weight needs to be no more than 140 lbs., and each rower needs to weigh below 145 lbs.

MIDWEIGHT - Basically those rowers that are too heavy for lightweight, and too light to be a heavyweight.

MISSING WATER - Bad technique where you aren't moving the blade through the water as much as you could. Usually caused by not getting the blade in the water soon enough at the catch. Therefore, missed water equals less movement of the boat.

NAPOLEAN COMPLEX - A psychological complex that most coxswains have. Because they are small and in a powerful position, they act like dictators. Sort of the opposite of an inferiority complex.

OARLOCK - Square latch to hold the oar and provide a fulcrum for the stroke against the rigger.

OARSMAN or OARSWOMAN - Another term for a rower.

OFFICIAL - An official regatta race administrator that follows behind the current race in a motorboat. The official makes sure all boats stay in their designated lanes.

PORT - Side of the boat to the coxswain's left and to the rowers' right. See diagram.

"POWER 10 (or 20 or 30 etc.)" - Coxswain call to take a certain number of power strokes. A power stroke is a stroke that musters all the strength you can give.

PUDDLES - A measure of your power (and of run). If your blade leaves behind little dinky ripples, then you're not pulling hard enough. If you leave tidal waves after you pull your blade out of the water, then you're pulling just right.

PYRAMID - Strength/endurance building drill where the coxswain calls an increasing series of power strokes, then a decreasing series of power strokes. e.g. Power 10 - 10 normal strokes - Power 20 - 10 normal strokes - Power 10.

RACE PACE - A stroke rating that you can hold for the entire race. Our race pace this year was a 34.

RECOVERY - Part of the stroke where the rower comes back up the slide slowly towards the catch. See How To Take a Stroke.

REGATTA - An organized crew race.

RELEASE - Another term for finish.

REPECHAGE - A race after the heats for those who didn't qualify. Basically, a second chance to make it to finals.

RIGGER - An apparatus on the side of the boat to provide a fulcrum for the lever (oar).

RIGGING - The settings for the riggers to create the perfect stroke. (i.e. pitch, inboard, outboard)

RUDDER - A little fin on the bottom of the boat that the coxswain can control to steer the boat.

RUN - The distance the boat moves after a stroke. Long run is very good. Run can be visually measured by the distance between the last puddle made by two-seat and where eight-seat's blade enters the water.

RUSHING THE SLIDE - Bad technique that causes check. Comes from coming towards the catch from the recovery too fast.

SCULLING - Opposite of sweep. Sculling is rowing with two oars (an oar on each side of the boat).

SCULLER - A rower who sculls.

SHELL - Another term for a boat. Specifically, a boat used in racing.

SKYING - Bad technique where the blade is too high off of the surface of the water at the catch.

SLIDE - The tracks in which the rolling seat rolls .

SPLIT TIME - Projected amount of time it would take to row 500 meters at this specific power at this specific pace. Calculated by erg monitors and cox boxes.

SPRINT - The last 500 meters of the race. This is the point where everyone is exhausted, and whoever has the guts to go even faster wins.

STARBOARD - Side of the boat to the coxswain's right and to the rowers' left. See diagram.

START (and STARTING CALL) - When all the boats are aligned, the starter says "We have alignment." Sometimes they do the starting call in French. "Etes-vous pret? Partez!" In English, the call (most of the time) is "Are you ready? Row!" Sometimes there are subtle variations on that.

START SEQUENCE - A sequence of very quick (sometimes short) strokes at the very beginning of the race to shoot out into the lead. Our sequence this year was to start out taking five short strokes, then a power 20, and then a 10 to settle down to race pace.

STARTING DOCK - Dock at the strating line where all the boats are aligned.

STERN -End of the boat farthest fromthe direction of travel. See diagram. Also can be used in conjunction with either four or pair. Stern-four refers to seats eight through five. Stern-pair refers to

seats eight and seven.

STROKE - One full motion to move a boat. Consists of the catch, drive, finish, and recovery. See How To Take a Stroke. Can also be used to refer to eight-seat.

STROKE RATE - How fast a stroke is being taken. In terms of strokes per minute.

SWEEP - Opposite of scull. Rowing with one oar on one side of the boat.

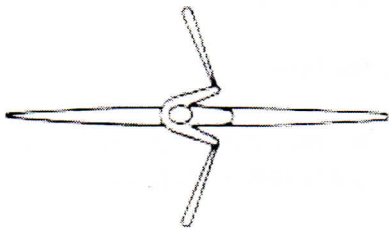
WAKE - Waves that motorboats leave behind. "Getting waked" in a race means you're behind a boat, either another shell or an official. Getting waked by an official is very bad. It means you've either got a bad official or you're really far behind in a race.

WASHING OUT - Similar to missing water except it means taking the blade out of the water too soon at the finish.

"WEIGH-ENOUGH!" - Coxswain call to have all rowers stop rowing. Call actually sounds like "way-nuff".

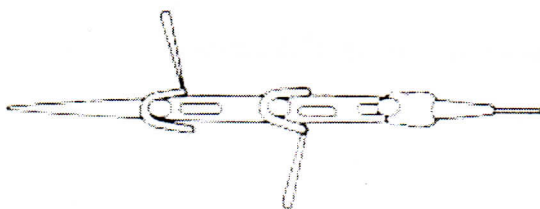
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Different Strokes...

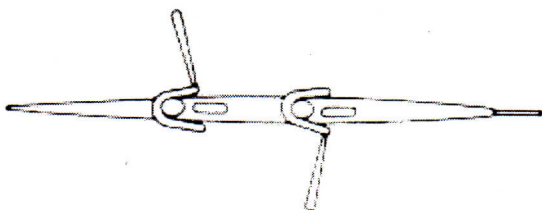


abbreviation is **1X**.

This is a single. One rower, (usually) no coxswain. Its

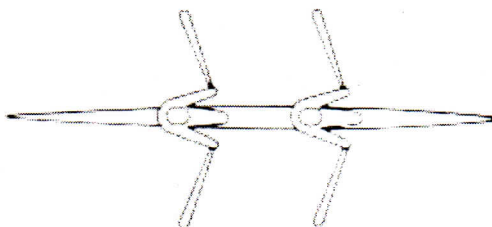


This is a pair with. Two rowers with one oar each, and a coxswain. The abbreviation for a pair with is **2+**.

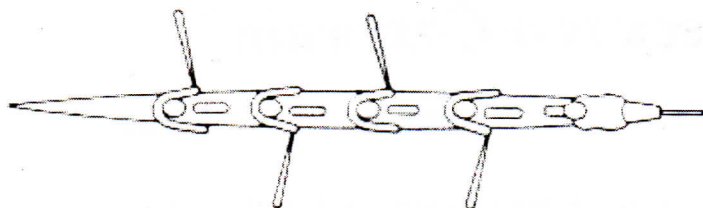


The abbreviation for a straight pair is **2-**.

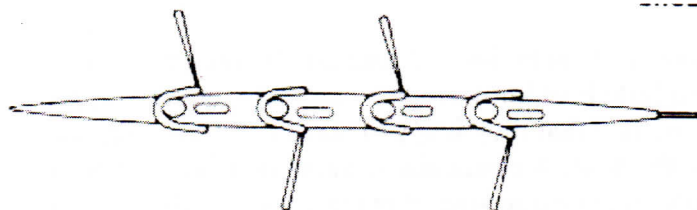
A pair without a coxswain is called a straight pair.



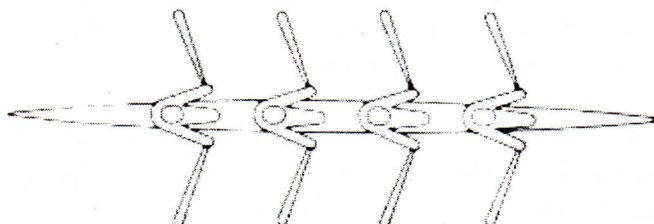
This is a straight double. Two rowers with two oars each, no coxswain. The abbreviation for a straight double is **2X-**. A double with a coxswain is called a double with. The abbreviation for a double with is **2X+**.



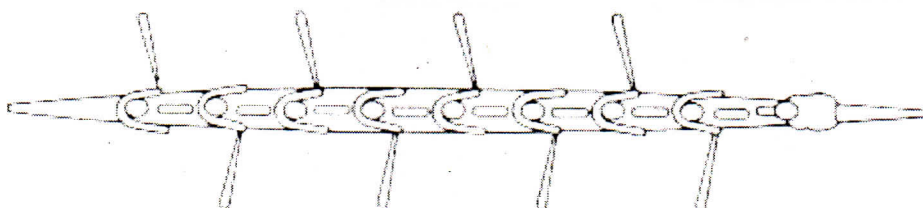
This is a four with. Four rowers with one oar each, and a coxswain. The abbreviation for a four with is **4+**.



This is a straight four. Four rowers with one oar each, and no coxswain. The abbreviation for a straight four is **4-**.



This is a straight quad. Four rowers with two oars each, and no coxswain. A quad with a coxswain is called a quad with. The abbreviation for a straight quad is **4X-**, while the abbreviation for a quad with is **4X+**.



This is an eight. Eight rowers with one oar each, and a coxswain. This boat is too big not to have a coxswain. The abbreviation for an eight is either **8** or **8+**. You can use both.

Do you sense a pattern here? An easy way to break down the abbreviations is this:

Number - how many rowers/seats in the boat.

X - If there is an X, that means they scull. Otherwise, they sweep.

+/- - Whether or not a coxswain is on board.

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What the Heck is a Coxswain?



A coxswain is an obnoxious, sadistic twerp with Napolean complex that sits in the stern of the boat.

But besides that, a coxswain is an essential part of the boat, perhaps just as essential as the rowers themselves.

A coxswain needs to be small. A coxswain needs to be loud. Those are the only two real requirements for being a coxswain. Sure a little boat knowledge would help, but really, that's all there is to being a coxswain. Because of the fact that they just yell and steer, coxswains need to be light because they are just dead weight in the boat. A coxswain needs to motivate a crew. In the last 500 meters of the race, when all of the rowers are exhausted, it is the coxswain that the rowers depend upon for the motivation and the determination to win. The coxswain makes them add that little extra bit a of strength that they find deep down inside of themselves.

Coxswains' primary job is to keep the boat moving straight. If a boat can't stay in the lane, it gets disqualified. Coxswains steer the boat by making minor corrections in the direction of the rudder. If a boat is leaving its lane, the official behind it will wave a flag at the coxswain.

During the race, besides steering, coxswains need to keep their wits about themselves and control the pace of the boat. They do this by using their cox box, which tells them the current stroke rate. If it is off of race pace, then they will tell the stroke to control the rate and bring it back to race pace.

After a victory, it has always been tradition for the rowers to throw the coxswain into the river, even though this is not always to the coxswain's liking.

For more information about coxing, go to The Coxswain's Locker.

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From The Coxswain's Seat
By Dan Lichtenberg

My chest tightens. A familiar sweat glazes my palms. I can feel the rhythmic pounding of my heart echoing in my brain. I know all those around me are experiencing similar symptoms. Around me, I size up the competition, knowing that they, fearful, are doing the same to my crew and me. A smug smile and a knowing look will ensure my psychological advantage as we head to the line.

Still waiting my turn to race, I silently root for my teammates, already halfway down the course in the previous event, while keeping a powerful look of pride and confidence on my face. This expression will be the key to my victory. My stern jaw expresses the determination that will bring me through the ordeal. Deep penetrating eyes reflect the depths of the swift dark waters. My commanding voice, although restrained to a hoarse whisper, invokes both fear in those who oppose me, and confidence in my own crew, who, hearing the familiar excitement in my voice, eagerly prepare themselves for my every order. On the horizon, I can see the finish line, its weathered golden signs a reminder that the subsequent skirmish will be nothing more than a flurry of splashing water, of high winds, high hopes, and a single victor. I must remain focused, and line up my course without even a single degree of error. A coxwain's role, however, does not end here.

When I have pointed a true course, taking into consideration the wind that will try to pull me astray, I return my hand to my side. I am now ready for the race to begin. I signal for my eager crew to sit ready. *One!*- they glide to three quarter slide- *Two!*- in one motion all eight blades are squared in the water, and we wait, like a loaded gun, ready to explode. The next seconds are the longest and most memorable of the race. Our plan has succeeded; we have already triumphed over the minds of our opponents as they gape discouraged by my almost militant crew.

"Attention, GO!"

The sudden acceleration of the hull jolts my body, the sixteen powerful thighs lugging the heavy craft from its deep seat in the water. As we fly down the 1500-meter course, my mind is clearer than it will ever be. The other crews have already lost the psychological battle, and now I must employ the next strategy. We must take advantage of our familiarity of the Schuylkill River, our home course. We know that lane 4, our lane, has the fastest water, but often the most violent winds. Thus, I plan to get a quick lead in order to buy time for the technical rowing which is required through the chop at the end of the course. At the 1000-meter mark, we have overcome two thirds of the dark course. We have muscled into first place, and we are thoroughly drenched by the angry chop sent out from the depths of the mighty river to impede

our progress.

I warn my rowers of the massive Vespoli shell on the port side threatening to walk on our fast golden Empacher vessel. I call a power ten to take open water on the Vespoli. The fearless crew responds, building the rate and increasing the speed through the water as we cut through the water, towards the looming finish line bridge, and away from all crews who had hoped to get there before us. Just like the great Roman warships, we are the model of efficiency and strength. Now crossing the 750-meter mark, I must keep my rowers calm, as their muscles begin to burn with lactic acid buildup and oxygen deprivation. I see the five other crews struggling with this, their once commendable form collapsing into desperate uncoordinated strokes; they rush each recovery, they weaken with each drive, and with each undisciplined stroke, they guarantee my victory.

For my crew, the next 250 meters will be the easiest in the race. With the competition wasting their own energy, I call for my rowers to row as effectively as possible, to flow up the freshly lubricated slide, to provide explosions of acceleration on the drive, and to use the oar as a slingshot to catapult us easily toward the finish line. This is our favorite part of the race as we all share the same mind and work synchronously, as if bonded by some special force. This force is real. It is called teamwork, and it is my job to provide it. As we come to the 500-meter mark, I issue the command for the sprint, and at once, the boat lifts out of the water, hovering on a thin film of air. The other boats are left in the distance, out of our minds, as my crew soars to the finish line. We know our parents friends and coaches are cheering madly for us, we cannot hear anything but the *futt...chuff...futt...chuff* of our own motions. The excitement and pride builds in the boat as we approach the last 20 strokes of the race, a full boat length ahead of the competition. I continue to encourage my rowers to shed their bodies, and fly straight through the finish line. The race reaches its climax as we flow straight through Columbia Bridge as champions.

"Let it run!" I call to signal the end of the race. I congratulate the oarsmen on a fantastic race, and everybody has a wide grin, very different from the frightened blankness I observed before the race. I signal for the paddle slap, and all eight blades slap the water simultaneously releasing a gratifying smack.

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Virtual Library



Sport



Rowing

A Collection of Rowing Quotes

9 Oct 1994 04:38:35 GMT Columbia University

Newsgroups:

rec.sport.rowing

Since everyone seems to be so excited about the recent display of rowing quotes, I have taken this opportunity to post a list of quotes a friend sent me last year. If you know of any other rowing quotes or interesting rowing related words of wisdom (even if they are your own!), please forward them to me and I will compile an updated list for a repost. Please include the author of the quotes when you can.

- Dan Richman
dnr9@columbia.edu

A Collection of Rowing Quotes

Weightless in water, swift as the wind,
Subtle of purpose - a feather blown -
I go with my oarsmen where they will,
My beautiful body and theirs all one.
- Mark Van Doren

To follow the drops
sliding from a lifting oar,
Head up, while the rower
breathes, and the small
boat drifts
quietly shoreward...
- Theodore Roethke (The Shape of the Fire)

"Pull thy oar, all hands, pull thy oar,
till thou be stiff and red and sore..."
- Dr. Sydney Danggell

"You linger to see his back, and the back of his neck and shoulder-side...
The Bending forward and backward of the rowers..."
- Walt Whitman "I Sing the Body Electric"

I met a solid rowing friend and asked about the Race. "How fared it with the wind," I said, "When stroke increased the pace? You swung it forward mightily, you heaved it greatly back. "Your muscles rose in knotted lumps, I almost heard the crack. "And while we roared and rattled too, your eyes were fixed like glue. "What thoughtwent flying through your mind, how fared it, Five, with you?" But Five made answer solemnly, "I heard them fire a gun, "No other mortal thing I heard until the Race was done." -R.C. Lehman

Faintly as tolls the evening chime,

Our voices keep tune and our oars keep time. -Thomas Moore

Rowing: a competitive sport of boats that are narrow.
(Great Soviet Encyclopaedia)

And all the way, to guide their chime,
With falling oars they kept their time. -Andrew Marvell

So we beat on, boats against the current,
borne back ceaselessly into the past. -F. Scott Fitzgerald (The Great Gatsby)

"Internally, you experience rowing as a graphic microcosm of life - solitude, learning, work, rest, nourishment, sharing and ultimately challenge." -Allen Rosenberg

"Rowing is more than a fast boat on race day. It's a complementary experience to a young man's intellectual development..
Rowing, like success, is a journey, not a destination. I tell my oarsmen to have fun, learn and, most of all, grow as individuals. The wins the losses will take care of themselves."
-Rick Clothier, Rowing Coach USNA

"Rowing is not like baseball, where you can arrive late, grab your glove and run onto the field. For me, it was the discipline of having to be at a given place at a given time, sometimes seven days week. As time went on, that very discipline influenced other dimensions of my life." -Frank Shields, Penn. '63

"On race day, there's tremendous anxiety. Leading up to the stake boat, I distinctly remember saying to myself, 'I can't wait 'till this is over'." -Frank Shields

"In rowing as in life, there are competitors and there are racers. The competitor works hard and rows to his limit. The racer does not think of limits, only the race." -Jim Dietz, Rowing Coach, USCGA

"The most significant message I can convey to the rowing athlete is: Just row the race. Think, about the process. Don't dwell on the result until it's history." -Larry Gluckman, Varsity Heavyweight Coach, Princeton University

"Rowing is a sport for dreamers. As long as you put in the work, you can own the dream. When the work stops, the dream disappears."
-Jim Dietz, Rowing Coach, USCGA

"As a coxswain, I concentrated most on knowing the people in my boat - why they were rowing, why they came down to the boathouse, what made them tick. You have to know whether someone's rowing because they love their mother and hate their father. They're not sure they are proud of themselves; they want to be proud. Determine some of that and you can tap the strongest parts of those individuals. Being able to inspire someone, unexpected and in a way new and fresh to them, is what made coxswaining special for me."
-Devin Mahoney, Coxswain, Varsity Heavyweight Eight, Harvard '86

Not everybody wins, and certainly not everybody wins all the time. But once you get into your boat and push off, tie into your shoes and bootstretchers, then "lean on the oars," you have indeed won far more than those who have never tried. (Unknown)

Flatter me, and I may not believe you
Criticize me, and I may not like you
Ignore me, and I may not forgive you

Encourage me, and I may not forget you. -William Arthur Ward

"When one rows it is not the rowing which moves the ship:
rowing is only a magical ceremony by means of which one
compels a demon to move the ship." -Nietzsche

"When we gather for the happiest week in all the year, it is the brotherhood of rowing, the comradeship of the oar that we recall, when eight men who have trained until they have become a single drive, a single thrust of forward-flashing wrists, face suddenly the crisis towards which that selfless toil has led them, and know that every link in all that pulsing chain of flesh and blood rings true. For us, there are no centuries or duck's eggs, no goals or gallery kicks, no individual distinctions where the crew are all in all. The rattle of the riggers of the finish, the music of the tide beneath her body as she shot between the strokes, the grim yet heartening sound of splendid and unbroken strength when all eight blades crashed in together - these are the things that no one who has heard and felt them will ever forget. Some delirium. Some tremens. Some kaleidoscope." -Sir Theodore Cook

Part of the WWW Virtual Library rowing information archive.



CREW RACES



This Saturday, April 3rd, the Cadet crews will have their first home race on the Thames River at 1500. The Regatta will include eight oared shells from Adm. Engles Merchant Marine Academy at Kings Point and the New York Maritime College. The first race at 1500 will be between lightweight boats, 1530 will be Heavyweight second eights, and the 1600 final will be the Varsity Heavyweight shells.

The races will cover the Olympic Distance of 2000 meters, finish line being at the Yale University Boathouse at Gales Ferry. The course runs north on the East side of the Thames. Should the wind make rowing impossible, the races will be delayed an hour, awaiting the change of tide.

The oarsmen of the Coast Guard Academy invite you to witness these races and discover what this insane sport is all about. Transportation for spectators will be arranged. Cadets should see Ken Coffland in 362 for information. A "T" boat will depart the academy for the race course at 1430. There is ample parking at the finish line for those with cars. Drive past the sub base and turn left in about a mile for Gales Ferry.

We hope that you will lend your support to our winning efforts!!!

See you on Saturday

JOBS TO BE DONE - AND BY WHOM
(IN CHARGE)

1. REPAIR DOCKS & RAMP
2. DE-RUST & PAINT RIGGERS - Tom meyer
- WIP
3. PAINT BOAT HOUSE TRIM - ALBERT
4. PAINT BOAT HOUSE FLOOR - MILNER
5. ORGANIZE ALL ROGERS LAKE MEALS - POLL
6. REPAIR MICKEY LAUNCH - SPIT & PUG
7. SECURE 10-12' ALUM BOAT FOR SYR. - FLYNN
8. CLEAN BOAT HOUSE WINDOWS - BRACE
9. REPAIR VIDEO TAPE - Bruce Good
10. TAKE DOCKS OUT - SCRAPE CLEAN - MOM
11. CLEAN ALL OARS - WEENSMAN
12. CLEAN ALL BOATS - FLYNN
13. PAINT BARGE BOTTOM - ORR

14. INVENTORY ALL SHIRTS - Fred

15. CLEAN WORK-BENCH: MAKE
LIST OF DESIRED TOOLS - Chief

~~16. PICK UP YORK BARBELLS~~
Clean

17. GAS FOR MICKEY - LARRY

18. FINISH WALL RACKS - Balch

19. TAKE TRASH AWAY = PUG

PLAN OF ATTACK FOR THE CALLOW CUP REGATTA -second sweep in a row

Wednesday- Varsity H-wt.-Pug, Chief, Mom, Larry; get TJ to cox you in the four at 1515; I'll be down and we will attempt 6 two minute pieces at a 30. Done by 1630 then Spit, Brad, Spud and Mark take the boat w/ fred second Varsity and Lightweights - On the water at 1615 - 6 x 500 meters. Lights will have to use antiater shell as Helmut is still working.

FROSH - Since Zero went to a meeting in NYC, your practice will be at 1600 instead of 1330. Please get the word around.

Thursday and Friday = Practices to be determined day to day
Pack boats, equipment, and broom Friday night!!!!

Saturday:

Regular rising

Heavyweight training meal 0730 leave for Worcester 0800

All others 0930 Leave right after DRESSED TO ROW - NO LOCKERS

Race Schedule: Varsity heat Lane 1 - Holy Cross

2 - Marist

3 - CGA

Time of heat 1120

4 - Williams

5 Assumption

6 - Wesleyan

FROSH

1 HOLY CROSS

2 AMHERST

3 MARIST

4 WESLEYAN

5 CGA

6 TRINITY

7 WPI

Other times;

1400 - Varsity Consolation

1420 - Fours

1440 - Lightweight (3) Williams, (2) Wesleyan, (1) Trinity, (4) Marist, (5) WPI

(6) Coast Guard, and (7) U. of Mass.

1500 - Freshman (~~Wes, Trinity, Marist, WPI, CGA, U. of Mass.~~)

1520 - JV (Assumption, (2) Trinity, (1) Holy Cross, (5) Amherst, (4) WPI, (3) CGA)

1540 - Varsity Final

Lanes will be drawn on Saturday morning for the afternoon races.

The second lightweight crew can accompany the others to Worcester and you are excused. You are expected to eat the training meal at 0930...

Driving directions to Worcester and Lake Quinsigamond....
Take route 52 north until it runs out, whereupon you get on route 12 north. Get on to Interstate # 290 thru Worcester, Past State Mutual on left. Exit Plantation Street. After 300 yards, take left fork on to Lake Avenue. Follow for 2000 meters to finish line on left (Regatta Point)

I have done nothing about the evening meal for you except have gotten box lunches. Be sure and pick them up!!!!

Dan Ryan is the manager in charge, with Dusty handling the equipment.....

We have not had much luck against TRINITY in the past and our JV has never beaten them. We have never raced their Frosh and the Varsity stands at 2-3 against them.

WAS
JCL

CREW

ITEMS TO DISCUSS AT TODAY'S MEETING AND IN THIS PAPER ARE AS FOLLOWS:

1. Goals
2. Crew status within the Academy
3. Winter Workouts
 - a. Ergometer
 - b. Weightlifting
 - c. Running
4. Spring Schedule as it stands
5. Spring Leave rowing
6. Training rules
7. Methods of Selection - Cuts
8. Work in the boathouse
9. Assistant coaches
10. Fund raising

Before we get into the details I would personally like to comment that our fall rowing was more successful than I had hoped. In the heavyweights we found great depth, and a quality in the lightweights that I did not expect. In addition the Class of '76 has learned to row well enough to think of an undefeated spring season. But we cannot take anything for granted and it will take a real hard winter effort!!!

1. At a meeting of all the Academy coaches and the athletic board several weeks ago I was asked what the goals of crew here are. I answered for you that we strive and expect to be the best in the country and perhaps the world. I stick with that, and the thought of settling for anything less repulsed me. These are realistic goals for rowing that will take hard work, but can and will be attained.

2. At this time, crew is a year round sport at the academy, with "Athletic Association" credit only given in the spring. In other words letters and awards will only be given for spring participation. I highly recommend that oarsmen turn out for I-C sports in the winter as I think it does a great deal to help the proper body balance. Any activity will help you in the spring.

3. We should do the following to be at our best when we get on the water again: Two workout weekly on the ergometer, two with weights, and two running. Last year the heavyweights saw the value of a good winter program when we raced Wis. They were fit when they hit the water in April. The work that we must do is as follows:

a. Ergometer twice a week for 20 minute workout. One of the two sessions will be a recorded test of strength. This will give you something to work towards and the team to for your assistance, not the rest of the crew. Tests will be by sign-up and will be given Tuesday and Thursday evenings. We will start this week with three minute rows at 20 and build up each week to ten minute rows. Again, we will start with lightweights at 4 lb drag and Heavyweights at 5 pounds. The second should be on your own and I suggest that you row minutes on and minutes off. We are still learning about the machines and it is a good idea to know. The only thing that will not be done is that those who are in the winning boat in the spring will be working on the ergometer for a week.

Weightlifting should take place twice weekly to assist in building up strength. We have a lot of work to do here, esp. in the lightweight boat. I recommend the same program as last year and I will again list the workout:

- A five minute warm-up to avoid injury
- 5 x 5 Snatch - about 2/3 body weight to start
- 5 x 5 Cleans - about 3/4 body weight " "
- 5 x 25 leg press in the Universal - full body wt.

Other items for weightlifting. If you do not know the form, get someone that does know to show you. Wear healed shoes if possible when lifting. Use your legs both in lifting and in setting the weights to the ground. Do not sit down or take a break from the time you start until the time you finish the lifting routine. Jump rope or just stand between lifts. Lift and run through the routine with one to three other oarsmen. It will be good and you will push yourself more that way. The warm-up is very important to keep you from preventing a sprain. Break a sweat. I will be available to assist anyone that needs to learn. Don't be afraid of making a fool of yourself when starting out. We all did. Make sure that you breathe during your lifts. It is easy to forget and hold your breath - causing you to pass out.

c. Running - I would like to have everyone run from two to four miles twice weekly until Feb. At that time we will start with the sprints and running for wind. A medium jog will be fine from now until the first of Feb. The running can be done on the same days (but after) the weightlifting or ergometer work, but the weights and ergo should not be the same - or back to back days.

4. SPRING RACING SCHEDULE

This is not complete at this time, but I will give it as best I can. We are still flexible and hope to better this.

<u>Lightweights</u>	<u>Date</u>	<u>Heavyweights</u>	<u>Rogers Lk.</u>
Kale and Kent - Away	7 April	1000 meter pieces w/ Wesleya	
Harvard & Columbia - Charles (4)		Miami Regatta (winner Oxford Cambridge, plus Argentina, W. Germany, and a crew from Holland)	
Josiah's race with Princeton on Sunday there	21	BELT NAVY AND MALE at New Haven	
George Town & home	28	Georgetown & home	
Run by follow Regatta in New Haven, Mass	MAY	Brown University & away	
and then Regatta	6 & 8 May	and Yale Regatta	

for

7 Methods of Selection - It will be difficult to be fair in making up boats in the spring, but I want to win and will do whatever necessary to have the fastest boats at the starting line. It must be put above feelings. Due to the early spring leave, I have to put a lot of attention on the winter workouts and in finding who cares the most. By March first, I hope to decide on the squad for the trip. It will be six racing eights and eight spares (4 frosh and four varsity). I am afraid that it will not be an easy task to make up the spring boatings, but they will be different from the fall..... Cuts will only be made in regards to the spring trip and those will be welcome back after.... and we will race everyone in the spring.

9. We are lucky to get Hunter Townsend, a former oarsman from South Kent School, to assist us this winter and spring, in the coaching of the large squad. I coached four summers at South Kent School and they have a similar style and ideas of rowing as we do. Over the winter I will work with Hunter and by the time we hit the water I am sure that he will be telling me how to coach. Please go out of your way to introduce yourselves and to assist him whenever possible. For the winter he will be assisting take the ergo tests.

10. If need be, we will soon enter into several fund raising plans to get the program (or rather the beach) out of lock. Your fulltime assistance is necessary to raise the \$4,500 now in the hole. I am getting the word of several suburban voters that we will be done.

will depend on the spring and is determined by the job
of the spring. I hope that we can find a way to have less-agg-
ressive spring. I am not sure if I am doing a good job of
this. The spring is in the way as it is. It is
hard to find the way to have a good spring. Let me know
if you have any ideas. I am not sure if I am doing a good
job of this. I am not sure if I am doing a good job of this.

COAST GUARD ACADEMY ROWING SQUAD RACING SCHEDULE - SPRING 1971

April 3 - Merchant Marine Academy & New York Maritime
Thames River - Freshman or Lightweights 3 pm
Second Varsity 3:30 PM
Varsity Heavyweights 4:00 PM

April 10 - Wesleyan University & U. of Mass.
Connecticut River at Middletown
Three races - Mid afternoon

April 17 - Trinity College - Worcester Polytechnic Institute
Connecticut River at Hartford
Lightweight Varsity 3:00 PM
Second Varsity 3:30 PM
Heavy Varsity 4:00 PM

April 24 - University of Rhode Island
Race at Kingston, R.I.
Time and Schedule to be determined

May 1 - RUSTY CALLOW CUP REGATTA
Worcester, Mass.

Three boats - Lightweights race Marist College
First and Second Varsity race following schools

Williams College	Clark
Amherst College	Assumption
Marist College	Trinity
American International	Wesleyan
Holy Cross	Univ. of Mass.
W. P. I.	

Morning heats necessary to determine finalists

In addition we will expect to race the following schools during a training trip south over spring leave;

Florida Southern, Univ. of Minn, Florida Institute of Tech., Rollins, and the Citadel.

We have been invited to race in the Dad Vail Championship Regatta in Phila., on the 7 and 8th of May, but at this time have not accepted.

We have been invited to race the University of Wisconsin in Madison on the 22nd or 29th of May. Also invited in this race will be Notre Dame, Purdue, and Mich. State. Acceptance depends upon the Cadet schedule and outside funding of such a trip.

For additional information contact: Coach William A. Stowe
Athletic Office
Coast Guard Academy
New London, Conn. 06320

FLY TO FLORIDA- CREW (26)

Anderson, Gary
Bellfuss, Rick
Boyles, Doug
Braceland, Bill
Collins, Woody
Dolan, Pete
Eger, Marty
Flynn, Bob
Gutierrez, Gomer
Josephson, Bo
Kelley, Greg
Meslin, Eric
Niesen, Brad
Plage, Bill
Shirley, Larry
Tebeau, Peter
Thompson, Ed
Wensman, Mike
Wissman, Miss
Spitler, Bill
Woepfel, Jim
Blaney, N.E.
Montoya, Freddy
Reed, Jim
Ryan, Dan
Gutridge, Pug

DRIVE TO FLA. (10)

Stowe, Bill
Balch, Brad
Barger, Paul
Knutson, Ken
Krystkiewicz, Mike
Meyers, Tom
Murphey, Ed
Rosemans, Mike
Shade, Penn
Coffland, Ken

VARSITY CREW SQUADS ITINERARY - FLORIDA TRAINING, 1971 (party of 36)

THURSDAY, 18 March 1971

- 1600 - Regular practice, full squad - Load boat and oars, pack to leave.
- 1830 - Academy van, with boat and oars - Two private vehicles - total of nine cadets and one coach, leave for Florida. Request 20 box lunches for trip.

Friday, 19 March 1971

- 0730 - Load CGA bus at Roland Hall - box lunches for flight
- 0800 - Depart for Trumbull Airport
- 0900 - Depart via military aircraft for Patrick Air Force Base
On arrival, check into the BOQ. Await boats. Request base transportation for ride to BOQ.
- 1800 - Dinner Patrick Air Force Base
- 2000 - Work party of 10 to unload and rig the boat

Saturday, 20 March 1971

- Daily routine to be worked out around the schedule at Patrick and the availability of equipment at the F.I.T. boathouse
- 1500 - Watch the races between Jacksonville Univ., FIT, Maretta, and Rollins

Sunday

Monday Practice schedule to be worked out

Tuesday

Wednesday

Thursday, 25 March 1971

- 0800 - Depart for Lakeland
- 1130 - Arrive Lakeland - Meet at Florida Southern Boathouse
- 1200 - Pre race lunch, FSC Dining room (Blazers)
- 1500 - Race on Lake Hollingsworth - Varsity and one other boat only
Possible race against the National team from Guatemala.
- 1730 - Dinner at the FSC Dining room
- 1830 - Depart for Melbourne
- 2200 - Arrive Patrick AFB

Friday, 26 March 1971

- 0900 - Light practice
- 1500 - Races against the Varsity, JV and Lightweights from FIT and the Univ. of Minn.

Saturday, 27 March 1971

Possible practice with the crews from Rollins College.

Sunday 28 March 1971

Early workout, pack boat and oars on van.
Flight back to Trumbull Airport in Groton, depart for Conn. with van and two private vehicles, request 20 box lunches, 26 for flight

Monday 29 March 1971

Arrive back with van and boats.
1600 Light workout and rigging at the Gales Ferry Boathouse

With carman van, row twice daily, with some sprint running to improve condition. We will take some time off, perhaps as early as two days, but as better details emerge we know more about the area.

Use all stages of rowing so that one boat will workout before breakfast, and the other after breakfast, and in the early afternoon, and in the evening. This way we can work closely with the schedule.

PLANS FOR VICTORY OVER WESLEYAN, UNIV. OF MASS., & M.I.T.

Thursday - Load boats on trailer after four 500's. Secure and load the oars tightly. Place J.V. boat in the middle. Varsity and Lights need only take off one side of riggers. Seats must be tied in tightly.

Friday - I will leave the academy at 1500 with the trailer and boats, and would like as much help as possible, without cancelling classes. We will rig them as soon as we get to Middletown. Everyone else leave at 1545, dressed and ready to row. Let's not leave anyone at home. We will row at 1630 on the Conn. River. Lights and Mid-weight eights to share boat. Directions to the Boathouse: Take I-95 over the Conn river, then take rt. 9 to Middletown. I understand that you can see the boathouse from the highway, but must drive past. Ask directions in Middletown if you get lost. It is near the YMCA. in a poor section of town
Dinner at 1930

Lights out by 2200, if possible

Saturday - Eat a light breakfast.... Training lunch at 1000. We will leave for the races as soon as we are finished. Friday we will ask about locker facilities. Keep warm and quiet before the races.

Dedication of the new Wesleyan Boathouse is at 1300. (In honor of Fred Emerson who donated it. Comment on how nice it is and perhaps we can get our own next year)

Schedule of Races:	1400	Lightweight
	1430	JV
	1500	Varsity
	1530	Mid weight

Load boats before leaving - get ready for a victory party!

Managers check off list:

All oars, riggers, boats
Slings
Trainers kit
Towels (if necessary)
Lemon oil
Tools
Box lunches (sat)
Paint
Coxswains mega.

Oarsmen remember:

Sweats
Rain gear (if necessary)
Betting shirt

Coach remember:

Victory poster
18 year old ego booster

LET'S KEEP IT GOING ---- BEAT WESLEYAN

CREW ROSTER AS OF 1 MARCH 1972 - TO BE REVISED ON 15 March

Heavyweight Varsity

Albert, W. Bill	74	P
Balch, Brad	73	P
Braceland, W. Bill	74	S
Craig, Glen	74	P
Flynn, R. Bob	74	P
Good, Bruce	73	S
Gutridge, R. Pug	73	P
Knutson, Ken "Mom"	73	P
Meyer, Tom	73	S
Milner, Pete	73	P
Noll, Mark	72	P
Orr, Al	73	P
Plage W. Bill "chief"	73	S
Shirley, Larry	73	S
Spitler, W. Bill	73	S
Wensman, Mike "Spud"	73	S
Woepfel, Jim	73	S

Lightweight Varsity

Ahern, Joe	74	P
Anderson, Eric	74	S
Anderson, Gary	73	S
- Blaylock, S.	74	
Broder, G.	74	P
Burson, J.	74	S
Dolan, Pate	72	P
Cutierrez, A	73	P
- Hathaway, Tom	73	P
Hereth, Larry	73	P
Kelley, Gary	73	S
Niesen, Brad	72	P
- Shafovaloff, J	74	P
Shearer, Bob	74	P
- Sheep, M	73	S
Tyler, R	74	
Van Sice, Jim	74	S

Heavyweight Freshman

Anderson, Mark	P
Dibrell, Jack	S
Henderson, J ^W	S
Herrick, Ben	S
Hatchenson, DS	P
Latas, R Bob	S
Milner, John	P
Sladek, John	S
Stromstead, R Bob	P
Warbatten, Mark	P

Lightweight Freshmen

— Albertine, John	75	F
Berry, Craig	75	F
Cubben, A	75	S
— Dobravec, M	75	S
— Funk, Eric	75	S
Gray, M	75	S
— Gusman, Wayne	75	F
Schnappinger	75	S
Tilghman, P	75	F

Conservation

Montoya, Fred
 ...
 ... are
 ... John ...
 ... Rusty
 ...
 At
 Wittmeyer, Bill

Marjorie Elliott,

Billings, Dan	74
Billings, Al	75
Billings, Joe	75
Billings, Rick	75
Billings, Jim	75
Billings, Dan	75
Gaas, K	75

DEPARTMENT OF TRANSPORTATION
UNITED STATES COAST GUARD ACADEMY, NEW LONDON, CONNECTICUT
EXTRA-CURRICULAR ACTIVITIES ROSTER

By: William DeKore
(Coaches Signature)

Date 9 MAY 72

To: Director of Athletics/Head Professional Studies

Subj: Athletic Contest; information and requests concerning

1. SPORT CREW

2. CONTEST: HOME (AWAY) (Circle One)

3. OPPONENT'S INFORMATION:

Name of School UNIVERSITY OF WISCONSIN

City & State MADISON, WISC

Time, Day & Date of Arrival _____

Time, Day & Date of Departure _____

4. CGA INFORMATION:

HOME EVENTS:

Time, Day & Date of Event _____

Time, Day & Date of Excuse OTO - Fri - 19 MAY 1972

Legend R

AWAY EVENTS:

Time, Day & Date of Departure 0800 19 MAY

Time, Day & Date of Arrival _____

Time, Day & Date of Return 2000 21 MAY

5. MEALS: Time of Pre-game Training Meal _____

Number _____

6. TRANSPORTATION: Academy Bus, Van, Station Wagon, Other VAN TO AIRPORT (Circle One)

7. SPECIAL REQUESTS:

Uniform of the Day, (unless otherwise specified) FLARE SLACKS

PLANE TO MADISON

Special Liberty Requested for (Names of Cadets) _____

8. TEAM ROSTER, i.e., Cadets & Coaches (Last Name & Initials are required):

1st Class
NOLL, M.

2nd Class

- BALCH, B.
+ GOOD, B.
- GUTRIDGE, R.
- KNUTSON, K.
+ MEYER, T.
+ MILNER, P.
+ ORR, A.
- FLAGE, W.
- SHIRLEY, L.
- SPITLER, W.
- WENSMAN, M.
+ WOEPPEL, J.
+ MONTOYA, F.
+ SPROUSE, R.
- STRATTON, H. (mgr.)

3rd Class

+ ALBERT, W.
+ BRACELAND, W.
+ FLYNN, R.
~~ALBERT, W.~~
+ VAN SICE, J.

4th Class

+ ANDERSON, M.
+ HENDERSON, H.
+ HERRICK, B.
+ MILNER, J.
+ SLADEK, J.
+ STROMSTEAD, R.
+ WARBURTON, M.
+ ALBERTINE, J.
+ BERRY, C.
+ WEBB, A.

Coaches WA STORNE

WC LONG

Managers _____

Approved/Disapproved:

Comments: must also have approval of
Cpls Hager & Cassidy. Concurs
Cpl B. B. B. 2/1/72

Date 10 May 1972

Otto Graham
OTTO GRAHAM, CAPTAIN, USCG
(Signature of Athletic Director)

PRACTICE FOR THE IRA'S --- GOAL: BEAT NAVY AND WIN THE WHOLE
THING!!!

The following schedule is flexible and could change with the weather conditions or the condition of the crew. It is designed to give you some idea of the work necessary to win....

Monday 22 May- am Long mixed row on the Thames in eights. Rig boats and short meeting of future.
P.M. - Row fours at Rogers Lake 1700
Tuesday - A.M. Thames River.... Regular eights, 600 hard strokes
P.M. Rogers lake. fours in different combinations
other small boat introduction.
Wednesday - A.M. Long and low in the eights on the Thames
P.M. Fours at Rogers Lake
Thursday - A.M. 450 Hard strokes on thames - Pack boats to Rogers
P.M. Rogers Lake 3 x 500 meters in eights, then small boats for paddle
Friday - A.M. 5 x 500, 1 x 1000 , Rogers Lake in Eights
P. M. OFF
Sat. A. M. Off
P. M. ? Lights at 1100 at Academy
Sunday - 5 x 500-0800
1400 - 300 h.s.
1900 - Fours and pairs race with Yale
Monday - Rogers Lake 1 1200 meter piece at 0900
3 x 500

p.m. - 400 hard strokes , pack shells,
Tuesday- 0700 depart for Syracuse
p.m. practice on Lake Onondaga, Syracuse 300 h.s.

Wednesday - 2x500 in A.M. + 200 h.s.
p.m. Paddle and starts

Thursday A.M. - Clean shell and paddle to relax
P.M. - KICK ASS - this is it!!!!

Mail should be addressed to you as follows:

% U.S. COAST GUARD CREW
Brewster Hall
401 Van Buren Street
Syracuse, New York 13200

Telephone number
315-476-5541 ext. 3069

GOAL: To win PRICE: High REWARD: To be the best

What Needed

House Phones - Girls ←

Schedules - 'Til June 3

Tuesday - Here 1015

1600

Wednesday - Rogers lake

1600

Take dinner

Thursday - Rogers lake

0800

1600

PLAN OF ATTACK FOR VICTORY OVER ST. JOE'S AND U OF MASS.

Regular rising on Saturday morning.

Training maal at 0630 - Quickly change into racing gear under sweats and leave in the vans at 0700. It is a two hour drive and it is important that you get their several hours before your scheduled race. That allows us time for error.

Race times are as follows:

- 1030 - Second lightweights vs. U. of Mass 2nd Frosh Heavies
(no weigh in)
- 1050 - Freshmen win over University of Mass.
- 1110 - Second Varsity Heavies show their rudder to St. Joe's and U of Mass.
- 1130 = A four race, no USCGA entry
- 1150 - Varsity Heavies hopefully continue winning ways

The course is 50 meters short of 2000 and should be good dead water.

The Lake is " Lake Wickaboag " and it is in West Brookfield Center

Driving Directions:

Take route 32 North thru Palmer Mass. At Ware, turn right onto Rt. # 9 (East) After 4-5 miles you will come to a blinking light at West Brookfield Center. Take a sharp left and go for about $\frac{1}{2}$ mile. You will then see the beach and the West Brookfield Center (or Lake Wickaboag) Boat Club. That is it!!!

Other items of Note:

Don't expect anything other than a great race course. Managers, let's bring some toilet paper.... Bring enough warm clothes to stay comfortable no matter what.

Let's not bother to take any betting shirts so that we will be forced to win.....

Clean sweep Saturday

Good Luck to the Lightweights in Cambridge against Harvard, MIT, and Dartmouth.....

We will be staying at the Air Force Transient Barracks Patrick AFB, Melbourne, Fla. - (Patrick is actually in Cocoa Beach). Any mail should clearly be marked " C. G. Academy Rowing Team "

Should someone wish to reach you in an emergency, they could contact our host coach, Bill Jergens, in order to get a message to you. His numbers are 904-723-4730 (home) or 904-727-8470 (office). FTS routing is 88-904-791-2011

Each cadet must bring the following for the trip:

Blazer/Slacks uniform	Betting shirts
Running shoes	Rowing trunks
Full set of sweats	
Rain gear	
Civilian clothes for wear in the BOQ	

Also suggested:

Sunglasses	Suntan lotion
bathing suit	Surf boards

Managers check list:

3 Schoenbrod sectional eights
each persons oar - two spares
2 sets of slings (maybe three)
Trainers kit
Extra towels
Racing shirts
Extra betting shirts
Tools (have marked)
Extra rigger and seat
Rowing trunks
Clean set of whites
Top star (10 cases if available)
Extra food

Small outboard engine
Outboard oil
Megaphones (coach and coxswain)
Stroke watches
Video tape machine
Grease for oars
Paint for oars
3 in 1 oil
Extra Pocock equipment
Ice chest
Soap
Aax for car handles
Picnic lunches for entire group
Large cool ade jug

Rough schedule as follows:

Thursday 23 March 1972

1535 - Regular practice- load boat and oars
1830 - Vans and cars depart for Fla. - Take lunches.

Friday 24 March 1972

0700 - Depart for Trumbull airport
0800 - Take off for Fla. Approx 26 oarsmen
1630 - Vans and cars arrive approx same time as aircraft.
1700 - Dinner at Patrick
1800 - Go to FIT to unpack shells - rig

Saturday 25 March to Saturday 1 April

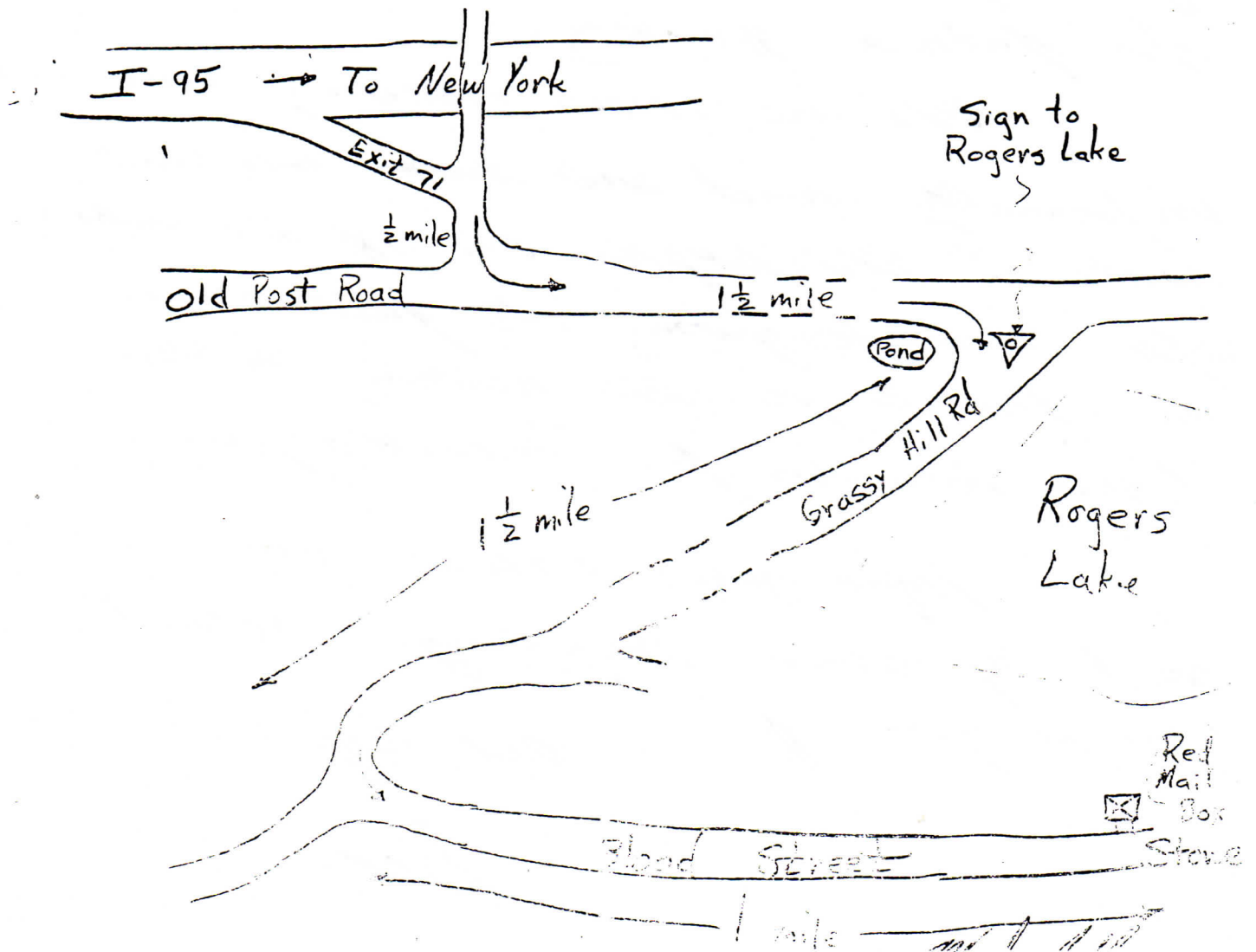
Regular two a day workouts, beginning at 0530 and ending with sundown. We will stagger them as much as possible, so we can get the maximum amount of coaching in. We will do some running as we did last year. We may arrange some practice races with FIT and Rollins, but in general will work towards the Cypress Gardens Regatta on 1 April.

The vans will depart for Connecticut immediately following the Regatta in Cypress Gardens and the Aircraft will leave Sunday around noon, planning on getting back to the Academy by 2300 2 April.

We will practice at 1600 3 April on the Thames River

End of Season Crew Picnic

The CGA crew team will finish up its season with a picnic on June 5 from 1200-1530 at Rogers Lake. The picnic is open to all members of the the '72 crew team... Bring girl friends, family, or fiancées, but please limit your guests to just that and don't ~~bring~~ bring a lot of cadet friends. There will be food, beer, cold drinks, swimming, and frisbees, and etc.



1 Nov.

Dear Mark -

I guess you will get this somewhere in South America, but here it is anyway. I was happy with the head - even though the Versity Fats didn't do as well as hoped. Perhaps it will jolt them into more work now. The fine T.V. showing & a great pro squad gives me hope for future quality.

We are now rowing somewhat informally and will enter several boats in Philadelphia on 18 November after Thanks giving it's full time on the Ergos. In heading to the Virgin Islands for Thanks giving.

Hope your cruise goes well and "operation Deepfreeze" doesn't freeze you up. Let keep in touch.

Bill

To date 7

today 0

Wednesday

23 february

Docks are iced in - no row in eights
lightweights went out in large, very cold.
New London coldest spot in nation this morning

Diary of Practice Schedule
by
Bill "Chief" Plage

today 6

Thursday

24 February

put five eights on the water, water was good but we had problems with timing etc. Longa is in the sub-base hospital with a broken leg so Coach Stowe is taking the full burden. this too is a problem.

coxswains seem more available now:

- ① montoya
- ② rusch
- ③ O'hara
- ④ Sprouse
- ⑤ watanabe
- ⑥ wittenmeyer
- ⑦ webb

dock situation seems to be working better now
workout not too long as it was hard to keep boats
together, but we did fours with 10's and 20's.
had electricity (lights today), need fresh water.

to date 21

today 8

Friday

25 February

five eights on water, fantastic water. we did mostly exercises just to get swinging then some 20's and 30's bow and stern fours against each other many miles needed. two workouts planned for tomorrow. it's still taking too long to get all the boats on the water. we've got to get Everybody down on time

g: 14

Saturday

26 February

AM: two eights and one four (2 men absent)

PM: 1 eight and 1 four

→ lead attendance

Monday

28 February

today: 15

five eights on water: balancing exercises, 20's and 30's with
fours, 10's, and $\frac{3}{4}$ pressure back to boathouse.
one minute pieces (5) done.

bad attendance on JV and Fresh lightweight
had to scratch one eight

today: 11

Tuesday

29 February

Great water!! Seights, exercises all the way up to
 Yak and two minute pieces all the way back.
 good practice. it looks bad for six eights this season,
 might have to can either freshman or JV lightweights
 because of attendance problems.

Varsity

Plage

Gutridge

Spitler

Noll

Shirley

Knudson

Wensman

Balch

Montoya

JV

Wocppel

Craig

Good

Albertine

Meyer

Flynn

Blaceland

Albert

Rusty

Dibrell } rifle
 Orr }

Herrick } swimming
 Milner, P. }

Milner, J. } wrestling

Sladek } resigning

Niesen } skiing

today: 70

today: 9

Wednesday 1 March

19 rowing days before florida

32 rowing days before Derby, Ct.

3 minute pieces back from Yale

very close between JV's and lightweights

to date: '79

today: 7

Thursday

2 March

Bad water, very choppy Bad fog
coming back. Not too good a workout

Friday

3 March

today 8

Only 3 boats went out - Varsity Hunt,
JV Hunt and Var Hunt.

Rained fairly, then 3 5 min pieces.
Cold and rainy, but water not too bad

to date: 79

to date: 87

today: 0

Saturday

4 March

No Practice

Monday 6 March

Today: 9

5 eights, 500 hard strokes, very cold; high wind
vs. Current: bad water

today: 96

today: 0

Tuesday

7 March

no row, wind directly from south → no good water.

run: 15 min. jog

5, 15 sec sprints

5, 30 sec sprints

2, 1 min sprints

5 min. jog

Today: 9

Wednesday 8 March

good day, 2 & 3 minute pieces

eliminated fresh lightweights

elected captains. HW: Mark Noll

LW: Brad Nielsen

today: 9

Thursday

9 March

2 minute pieces and exercises up towards gate
full power all the way back to boat house

V: 1st

JV: 2nd

LW: 3rd

Frash: 4th

<u>V</u>	<u>JV</u>	<u>LW</u>
Plage	Wocppel	Sheep
Gutridge	Craig	Aherne
Shirley	Meyer	Anderson, F.
Noll	Milner, P.	Hereth
Spitler	Braceland	VanSice
Knutson	Flynn	Dolan
Wensman	Good	Anderson, G.
Batch	Albert, W.	Niesen
Freddy	Rusty	Wit

to date : 123

today: 9

Friday

10 March

cold and windy, varsity minus Spiller in fours

today: 6

Saturday 11 March

cold and windy, Varsity minus Balch and Spiller
who are sick, in four

Monday

13 March

today: 8

Varsity no row minus Knutson, Bick, Spitzer who are ill

to date: 151

today: 0

Tuesday 14 March

no row, snow, sleet, choppy and windy

to date: 171

today: 4

Wednesday 15 March

sloppy water, useless workout
6 eights

today: 12

Thursday 16 March

600 hard strokes

5 eights

good water

not enough strength in varsity boat
coach's launch broke down by Dow Chemical

Friday

17 March

today: 9

6 2-minute pieces, good conditions
lightweights beating JVS

today: 10

Saturday

18 March

fresh heavies row at 1215

JV, LW, JVLW row at 1330

— 500 hard strokes

Varsity at Roger's Lake 1600

— 6 500 meter pieces w/o starts

1:32.0

1:35.2

1:34.2

1:36.4

1:37.2

1:35.3

138.3

stroking about 30
or 32

— tried some starts

Sunday 19 March

Varsity at Roger's Lake 1000

— 5 500 meter pieces w/starts

stroking about 35 w/wind, 32 against
best 129.3 w/wind

best 135.2 against

1430

— 5 5-minute pieces at 30

10 miles today for Varsity

today: 181

today: 9

Monday 20 March

long row, low stroke (28)

today: 10

Tuesday

21 March

600 hard strokes around 32

to date: 191

today: 0

Wednesday 22 March

no row

today: 6

Thursday

23 March

350 hard strokes

Saturday 25 March

to date: 201
today: 10

AM

6 1000 m pieces at low stroke

PM

300 hard strokes

ay. 12

Sunday 26 March

AM

5 1000 m. pieces

PM

practices starts

to date: 231

today: 12

Monday 27 March

AM

5 - 500m pieces

PM

practice starts

LTWT

VHW

JVHW

1:30.9

1:25.5

1:29.5

1:32.5

1:25.4

1:31.5

1:35.5

1:28.5

1:34.0

1:33.5

1:31.5

1:33.5

1:35.2

1:32.0

1:35.0

av. 1:33.4

1:28.5

1:33.2

250

19

Tuesday 28 March

AM

low and long 2 - 1.5 minute pieces

PM

250 hard strokes practice starts

to date: 264

today: 14

Wednesday

29 March

AM

6 - 500 meter pieces

HW: 1:25.5	LW 1:37.2	JV 1:31.5
1:28.5	1:32.8	1:35.4
1:30.8	1:33.2	1:35.0
1:30.8	1:36.5	1:37.8
1:29.7	1:34.7	1:37.9
1:30.6	1:36.9	1:36.2

6:172.836 | 6:176.31:20.8 av.PM

400 hard strokes

JVHW: 1:42.5	FWHW: 1:38.5
1:42.5	1:36.5
1:45.2	1:42.2
(1:55.9) - 1:46.8	(1:48.9) - 1:42.5
1:48.1	1:45.1
<u>1:50.6</u>	<u>1:45.6</u>
av 1:46.8	av 1:42.4

24: 14

Thursday 30 March

AM

500 hard strokes

PM

3-500 m pieces

av. about 1.28 per VHW

to date: 287

today: 9

Friday 31 March

AM

200 hard strokes

PM

4 - 250 m. pieces

Saturday 1 April

Cypress Gardens Regatta rough water
won Lightweights & Varsity HW
3rd in JV heavies
Freshmen disqualified (broken rudder)
but came back to beat FIT Frosh
in a rerace

Order in VHW

CG by $\frac{3}{4}$ length

Rollins

FIT

Morris Harvey

Marist

FSC

JVHW

FIT

JU

CG back 3 lengths

FSC

Rollins

Worcester

Citidal

VLW

CG

Worcester

St. Thomas

note: beat FIT

in rerace by 2 lengths

JVLW beaten by FIT

very sloppy in varsity boat, bad start

to date: 302

today: 10

Monday 3 April

300 hard strokes up to yale boathouse.

2 5-minute pieces at low stroke back

very tired looking in varsity

today: 8

Tuesday

4 April

5 - 500m pieces (approx.)
very weak and sloppy

tried new boating in JVHW

bow	Bruce Good
2	Bob Flynn
3	Tom Meyer
4	Pete Milner
5	Bill Bracekind
6	Bill Albert
7	Woeppe
stroke	Al Orr

to date: 320

today: 10

Wednesday

5 April

very bad water, workout shortened from
500 hard strokes
high winds

possibly we are hurting because of
virus going around academy

to date: 328

to

today: 8

Thursday

6 April

AM

3 500 m pieces for VLW and VHW
looking better

PM

3 500 m pieces for all boats

Schoenbrod here to help and advise us on
boats

first dead practice this week

(to date: 331

today: 3

Friday 7 April

Derby: practice at Yale to get feel of course

looks good Beat Yale & B.U

to to doks 334

to today: 3

Saturday 8 April

Results of Yale & B.U. & Kent races

VHW:

Coast Guard

B.U.

Yale

JVHW:

B.U.

→ Yale

→ Coast Guard

Fresh Heavies:

B.U.

Yale

Coast Guard (6 man lost his oar after a couple hundred meters and 5 man quit rowing on coxswains command)

VLW:

Yale

Coast Guard

Kent (disqualified)

:stroking too low

JVLW:

Coast Guard

Yale (Fresh LW)

Varsity race open water on Yale, won race over B.U. by about a deck

A Big Victory

today: 345

today: 11

Monday

10 April

low and long 22-24

full pressure from oil docks to lighthouse past yale
back from yale to scrapyard. Worked stroke up for
last 40 or so strokes

to to to date: 355

to to today: 10

Tuesday 11 April

600 hard strokes, practice starts
VW & TV tick strong
VHW tired and sloppy looking

new set up in JVHW

Row Woepel

2 Bob Flynn

3 Bruce Good

4 P. Milner

5 Bill Braceland

6 Bill Albert

7 Tom Meyer

stroke Al Orr

cox rusty

to date: 364

today: 9

Wednesday 12 April

2 1000m pieces

4 500m pieces

looks very bad in VHW, sloppy and no power
good in VHW

5 JV broke sky again and had to take in

to to date: 371

to to today: 7

Thursday 13 April

JVHW morning row - 200 hard strokes
practice starts

PM JVHW no row

300 hard strokes, practice starts
first minute and last minute of boat race
Chief on emergency leave so Bill Braceland
rowed bow, went better than earlier
in week, Bill very good on finish but
snaps roll up

Fresh Heavies are minus Sladek (emer. leave
Latas rowing in his seat, not too bad, but was
Bob Shearer had appendix out (JVLW) today
don't know what will happen there yet

Brad: short and weak on finish

Speed: rowing out of water on finish

But: squeeze finish

Spit: hangs and skies, light on finish

Mert: bad finish, skies

Larry: bad finish, rushes recovery

Pug: skies and light on finish, slow on roll up

Chief: skies, bad finish, rushes recovery when tired

Bill Braceland: snaps roll up

to date: 376

today: 5

Friday

14 April

100 hard strokes

practice starts — first minute & last minute of boat race.

no pshyce for race tomorrow

boat is very sluggish

Chief back from leave

Ithaca & LaSalle here today and look very up for this race.

starts leave alot to be desired JVHW beat VHW on starts

Saturday 15 April

Home Regatta

Heavies: Ithaca & Wesleyan & LaSalle

Lights: New York Maritime and URI

Wesleyan, LaSalle

Regatta results

VHW

CG (1.2 sec.)

LaSalle

Ithaca

Wesleyan

JVHW

LaSalle

CG (half length)

Frosh

Ithaca

~~CG~~ (half length)

Wesleyan

VWV

LaSalle

CG (open water)

Wesleyan

URI

NY Maritime

JVLW

CG (2:29)

NY Maritime

poorly run regatta, mostly because of managers screwing it up! too many launches racing up and down course and starters were in too much of hurry to get races off without letting wakes die. Some of our boats hurt by having lane 1 which had no current as opposed to outside lanes which had strong currents with them. many crabs in varsity race. JVHW were wiped out by wakes and bowman caught an over the head crab after boat started moving. Varsity had to come from several lengths behind to win race.

Sladek just back from leave and put in test

today: 381

today: 2

Monday 17 April

Sunday: Roger's Lake, 3 500's

125.5 w/wind

139.2 against

130.5 w/wind

Bow: Braceland

2 Gutridge

3 Shirley

4 Noll

5 Spitler

6 Knutson

7 Page

Stroke Balch

Cox Montoya

tried Bill Albert at 2, goes deep
but strong, bad workout, bad water
wind picked up

Monday no workout water very bad wind v. current, tidal
conditions

Fresh and JVLW worked out

day: 10

Tuesday

18 April

AM

VHW, ULW, JVHW

2 5 minute pieces at 30

1 8 minute piece at 30

bad spacing in VHW, very weak and sloppy
no concentration

Balch: washing out badly

Wensman: hanging & deep on catch

Knutson: squeeze finish, stronger catch

Spitler: hangs on catch, light on finish

Noll: squeeze finish, skis at higher strokes

Shirley: Skis slide especially when tired

skis at higher stroke, light on finish

Gutridge: skis at higher stroke, hangs on catch

sometimes, light on finish

Plage: goes in early when tired, bad catch too weak,
finish has to be strongerPM200 hard strokes to get stroke back up
looking better, shortened workout because
water not too good

Frosh & JVWLW regular workout

today: 399

today: 8

Wednesday 19 ~~20~~ April

AM 6 500 m pieces JVHW, VHW, ~~V~~KLW
all three boats looking strong
sprint leave alot to be desired in VHW, tend to take
stroke up too much on slide rather than power

PM Fresh, JVLW

5 500 m pieces
1 1000 m piece

to: today: 407

to: today: 8

Thursday 20 April

AM

JVHW, VLW, VHW

450 hard strokes

a little sloppy, weather rainy

Some problems hanging on catch in VHW

PM

Frosh & JVLW

Beat
St Joe's !!

&
U Mass !!

to date: 412

today: 5

Friday 21 April

AM

JVHW, VHW, Fr. HW, VLW

3 - 10 minute pieces

last and first minute of boat race

PM

load boats

JVLW

today: 3

Saturday 22 April

UMass and St Joe's at Amherst

VLW against Harvard, Dartmouth, & MIT
in Cambridge

Clean sweep against UMASS and St. Joe's

JVLW

CG (just nipped them)
UMASS (2nd frosh)

Frosh

CG (two lengths)
UMASS

JVHW

CG (by 2 deck) 6:31.9
St Joe's
UMASS

VHW

CG 6:15.5
St Joe's 6:26.4
UMASS 6:26.9

VLW (at Cambridge)

Harvard 6:38.0
Dartmouth 6:54.0
MIT 6:54.1
CG 6:54.2 (jobbed)

to date: 428

today: 13

Monday 24 April

Exercises

5 min. piece at 26

4 min. piece at 28

3 min. piece at 30

2 min. piece at 32

3 min. piece at 30

4 min. piece at 28

2 min. piece at 26

last 1000 m. at 24 working stroke up last 20
good water and no wind, good row for all boats

Knutsen: bucking at finish

Wernsman: hanging at catch, skying

Spitler: squeeze finish, hanging at catch

Noll: short at finish, skying

Shirley: short at finish, hanging at catch, skying, shoots slide

Batch: washes out sometimes

Gulridge: stronger on finish, skies

Plagg: weak on finish

t to Co date: 438

to today: 10

Tuesday 25 April

500 hard strokes

water a little choppy

boat very tired and timing poor

to date: 546

today: 8

Wednesday 26 April

6-500 m pieces

Slight wind and a little choppy

t 6 to date: 552

to today: 6

Thursday 27 April

4 500m pieces
last two, Braceland & Shirley switched seats
did not go well
windy, and a little rough

to date: 555

today: 3

Friday 28 April

row in Washington on Potomac

just got feel of course, did first minute and last minute
had problems within boat but everything straightened out

Best Georgetown!!

course very tricky with currents and steering

to today: 4

Saturday 29 April

Clean sweep over Georgetown

Beat Trinity !!

lacked a sprint, need a lot of work on
controlling and feeling the stroke

VHW	5:55.2	j	19.5 sec. split
JVHW	6:23.6	j	18.0 sec. split
6:49.5	JVLW	j	1.8 sec. split
6:21.5	Frosh HW	j	3 1/2 lengths
6:11.4	VLW	j	3/4 lengths

to date: 559

today: 0

Sunday 30 April

VHW no row :

studying

JVHW no row

VLW in furs at Roger's lake

date: 571

day: 12

Monday 1 May

Good long row, water good and winds slight
did exercises using fours and sixes to work on
more violent catch and explosive pull through
rowed back at a 26-30 letting JVHW start
1 minute before varsity. it took 15 and a half
minutes to catch the JV working the stroke
up in the end to about a 36. did last
thirty strokes into boat house and got it up to 40
VLW in fours

to date: 581

today: 10

Tuesday 2 May

JVLW decided to call it a season since they
can't get a race at the Callow Cup.

they finished undefeated with a 4-0 record
beat:

Yale (fresh LW)

NY Maritime (LW)

UMass (second fresh HW)

Georgetown (JVLW)

500 hard strokes

and practice starts

highs at a 37, low at a 35

Water not too bad, rough around Yale and sub-base
a little windy - downriver

to date: 590

to today: 9

Wednesday

3 May

final exams began today

VHW in four ; other four no row

Bow Drape

2 Knutson

3 Wensman

stroke Gutridge

cox TJ

6 x 2 min. pieces at 30

water very bad and

intermittent cloudbursts

made it miserable

windy

to date: 601

today: 11

Thursday 4 May

windy and rough, fog

3x 500 meters

1x 2.5 minute piece working stroke up to

39 at the end

very weak and tired, kind of rough probably because of yesterday's workout.

to date: 606

today: 5

Friday 5 May

Wind vs. Current \Rightarrow Water very bad
Strong winds
3 x 1 minute pieces
last 40 strokes

Beat Trinity !!

Saturday 6 May

to date: 611
today: 5

Rusty Callow Regatta

<u>VLW</u>	<u>VHW</u>	<u>JVHW</u>	<u>Fresh</u>
USCG 7:15	USCG 7:07	USCG 7:16	Marist 7:13
Marist 7:31	Trinity 7:24	Trinity 7:17	USCG 7:17.5
WPI 7:33	WPI 7:30.5	HC 7:29	Trinity 7:28.3
Wesleyan 7:41	Amherst 7:49.3	Amherst 8:04	HC 7:30.7
UMass 7:51	Wesleyan 7:44.5	WPI 8:23.5	Amherst 7:30.8
Williams 7:51.5	HC 7:54.3	Assumption 8:31.5	Wesleyan 7:36.8
	Marist		WPI 7:46.8
	Williams		
	AIC		
	Assumption		
	Clark		

Winds very high in afternoon
20MPH headwinds by time of VHW race

to 4 - today: 0

Sunday 7 May

now - vacation

today: 623

today: 12

Monday 8 May

Sixes and fours all the way to Dow chemical
30 on, 30 off all the way back: (10 x 30 at 38)
good row, smooth water got rougher towards end of
practice around shipyard

to date: 625

today: 2

Tuesday 9 May

CBS cameramen here
extremely high winds
only VHW rowed for picture purposes

bedate: 631

today: 6

Wednesday

10 May

AM All boats 4x500

PM VHW no row Wensman & Montoya very ill

found out Temple beat St. Joe's by 13 seconds.

all other boats 3x500

Win the Vail !!

to date: 636

today: 5

Thursday

11 May

leave for Philadelphia and Dad Veil

familiarized ourselves with the course, it was very rough and unusually windy
200 hard strokes

practiced a few starts

we face

Marist

in first heat

URI

Washington College

Georgetown

ECU

tomorrow.

to date: 639.

today: 3

Friday

12 May

All boat won their first heat

Fresh won their semi-final and advance to the finals

We were able to row low and handle the competition easily. conditions for morning and afternoon: variable winds but mostly headwind

date: 6/4/5

day: 6

Saturday 13 May

JVHW, VLW, VHW all advance to finals

JVHW second to UMass in semi's, other boats won easily

2:45 first thousand for VHW, impressive — we will win this afternoon

Finals:

<u>Frosh</u>	<u>JVHW</u>	<u>VLW</u>	<u>VHW</u>	
Marist	Marietta	USCG 6:53.4	USCG	6:16
UMass	LISCG	Marietta	Rollins	
LISCG	UMass	FIT	Marietta	
	HC		Temple	
	Trinity		Virginia	
	St. Joe's		UMass	

Strong headwinds and rough conditions for all races. Frosh and VHW given lane 1 a very slow lane; thus explaining the splits.

won point trophy win 23 points
Marietta second

CBS newsmen filming

today: 6:45

Sunday 14 May

today: 0

E. Sprint results

Frosh Final

Harvard 6:26

Navy 6:33.1

Northeastern 6:33.8

Cornell 6:36

* Wisconsin 6:37.5

Penn 6:43.3

JV HW Final

Harvard 6:32

Navy 6:35.4

* Wisconsin 6:36.7

Brown 6:38

Cornell 6:40.3

Northeastern 6:41.7

V HW Final

Northeastern 6:11.5

Brown 6:15.8

Harvard 6:16.1

Cornell 6:18.2

Penn 6:21

* Wisconsin 6:23.8

today: 645

today: 0

Monday 15 May

no row

to date: 667

today: 12 AM
10 PM

Tuesday 16 May

AM

exercises up to down chemical

pairs, sixes, and fours against each other

2 x 2 mile pieces at 24 working stroke up to
racing beat 3 times in each piece (36-38) back
to boat house winding it up to 40 x 20
good water; winds only slight

PM

300 hard strokes at 38-39 in 10's and 20's
hard to keep stroke as water very rough

today: 680

today: 7 AM
6 PM

Wednesday 17 May

AM 260 hard stroke: 2x10, 3x20, 3x30, 2x40
sharp in beginning but got bad in end as
more tired, stroking 38 in high 36 in low

PM 6x500 at Roger's Lake

1:24

1:29

1:26

1:34

1:31

1:36

1:30 av.

good water, bad rowing
stroking at about 38 but very
sloppy and tired, no spacing
possibly conditioning, probably
paying the toll for tiredness

total: 692

AM 6
today: PM 6

Thursday 18 May

AM at Rogers Lake
3 x 500 meters

1:23

1:28 26.6

1:29

worked on finishes which are now hurting
us badly: did work with no feather

PM worked again on finishes with no feather
at various pressures
practiced starts

to date: 697

today: 5

Friday

19 May

leave for Wisconsin 0700
planes leave Bradley field 0900

went over course, lots of traffic on lake made
it very lumpy

JV went very well

V not too good

Brad Balch strained his back on a bad crab

to date: 700

today: 3

Saturday 20 May

lost all races to Wisconsin
V lost by about a deck length
JV by almost three lengths
Fresh by three lengths.

won the party

6 to date: 710

6 today: AM 4 PM 6

Monday 22 May

AM scrubbed row, Balch with bad ankle
had mixed boats with bow four and stern four mixed
water very rough and hard to handle

PM fours and pairs at Roger's Lake
4 thousand meter pieces at 24-26-28-30
10 times on hill
440 relay against frosh

today: 728

today: AM 12
PM 6

Tuesday 23 May

AM on Thames, long and low. exercises to dow chemical
2 x 5 minute pieces at 26
1 x 10 minute piece at 26 winding it up at end
mixed boats with Back and Orr Stroking
good row

PM Roger's Lake in fours and pairs
3 x 1000 meters at 30 → 32
6 x on hill

to date: 743

today: AM 9
PM 6

Wednesday 24 May

AM on Thames; exercises to Yale two minutes on
two minutes off back to boathouse with
Guttridge and Balch stroking mixed boats
bow fours together & stern fours together

PM Roger's Lake; fours and pairs
Bracefield with strained back, so had to use
Albertine, scratch 1000m pieces and did 300 hard
strokes

to date: 756

today: AM 6
PM 7

Thursday 25 May

AM on Thames 350 hard strokes at racing beat
in regular racing eights 36-38
practice starts

very rough water w/crosswinds

Bracecland with strained back unable to complete workout

PM Roger's Lake

2 x 500 m pieces very windy so did not finish 500's
times meaningless

230 hard strokes and work on finish with no feather
finishes are very weak

to date: 764

to today: 8

Friday 26 May

AM Roger's Lake

5x500 m pieces

1:24

1:31

1:26

1:36

1:32

1:29.8

very poor on finish

3x 4min. pieces at 26 → 28 → 30 working it up on
last 20 strokes

PM no row

1st heat Varsity
U of Washington
Penn
MIT
Long Beach State
Princeton
Coast Guard

to date: 764

Saturday 27 May

today: 0

no row

to date: 775

today: AM 7
PM 4

Sunday 28 May

AM 2x 500 meters in eights

1:22

1:26

3x 500 in four and pairs against Yale

PM 1200 practice new start with 5 stroke
200 hard strokes

1830 4x 500 meter

1:30 average in JV

1:28 average in V

to date: 783

today: 8

Monday 29 May

300 hard strokes

practice starts and sprint

to date: 790

to date: 7

Tuesday 30 May

depart for Syracuse

on Lake Onondaga

water very rough on course, stayed in canal
300 hard strokes, practice starts

to date: 798

today: 8

Wednesday 31 May

AM Went over course
first 500 and last 500

PM paddled working on style
paddled over course

1 to date: 803

4 to date today: 5

Thursday 1 June

Heats finishing order

VHW

Penn

Washington

MIT

Long Beach

Coast Guard

Princeton

JVHW

Northeastern

Brown

Navy

Coast Guard

Frosh swamped in heat won by Syracuse.

bad row for VHW, bagged

to date: 808

today: 5

Friday 2 June

Repechage

VHW

Washington
Coast Guard > 4.4 sec.
Rutgers
Dartmouth

JVHW

Brown
Coast Guard
Rutgers
Princeton

Frash

Navy
Coast Guard
~~Brown~~ ~~Brown~~ Rutgers
~~Rutgers~~ Princeton

1 to date: 812

to today: 4

Saturday 3 June

Petite Finals

VHW

Navy

MIT

Coast Guard

Rutgers

Syracuse

Long Beach

JVHW

Navy

2 lengths

to dok:

Sunday 4 June

today:

end of Season



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3 December 1996

Dear Larry,

(NOBLE CURRENT OF COACH
THE CREW)

May of 1997 marks the 25th anniversary of the Coast Guard Academy winning their first Dad Vail Regatta. I have been asked by the organizing committee to attempt a reunion and special award ceremony for the eight that won.

It can be a special day for the alumni and a good day for the Coast Guard. Of course, it would be more meaningful if the Academy was still racing in the true small college national championships.

Would you be kind enough to call me with a current address for the Captain of that boat, Mark Noll '72. I would also appreciate the addresses of the entire group so that I can write them. The boat is listed on the plaque in the boathouse and the alumni office can provide you with current addresses. Call Bob Tuneski for the updates.

(NOT GOOD)
I can be reached today at 518-~~851-0000~~, or I suppose that you could mail me the information.

Hope all is going well. I enjoyed visiting with the class of 1976 this fall.

Yours truly,

William A. Stowe

Dear Freddy,

Hope that all is well with you and your family. I am still in hiding up here in the Adirondack Mountains where no one has heard of rowing, and Olympic people are a dime a dozen. Lots of snow on the ground and great cross country skiing right from our front door.

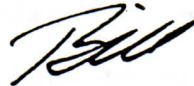
The enclosed note to the current CGA rowing coach explains a bit of what we are asked to do. The Dad Vail Regatta Organizing Committee, of which I am a director, has asked me to assemble the '72 crew for a 25th anniversary award on the Saturday of the Dad Vail this coming year. The date is the 10th of May, 1997. They would have us assemble and row down the course, getting anniversary medals at the finish line. We would have the rest of the day and evening to party. Sounds good to me, since I will be there anyway. Getting the guys from Washington State may be a chore but it would be fun. And it is not too early to start training for the row!!!

I am asking Captain Mark Noel¹⁷⁰⁰ to organize it further. It would be great to get all 9 of you guys. I am attempting to get the CGA back to the Vail, but that is another story. But it still is a huge regatta and we could have a good time.

I lieu of Christmas cards, allow me to wish you a Merry Christmas with this note. We are guaranteed a white Christmas here!!! I am still looking for the perfect job here in the Adirondacks, but enjoying the wonderful area. Son Will, at 12, is playing too much ice hockey, with games every weekend until April. Keeps me busy. I am healthy after a heart scare last summer, and have lost 40 pounds with only ten left to go. I can row as a port spare if necessary on May 10th, but would feel more comfortable on the shore.

Best to you and yours, and see you in 1997.

Keep smiling,



William A. Stowe
Ex-great

6 Riverside Drive
Lake Placid, NY 12946

518-523-3961
518-523-7313 (fax)

e mail = wstowe@northnet.org

1 January 1997

Mark Noll
PO Box 160
Puyallup, WA 98371-0016
phone: 206-770-4871
fax: 206-841-7703
email: MarkDN@AOL.com

Happy New Year!

It has been a long time and I look forward to seeing you again, soon. You may have already guessed that I am writing to you about the 25th anniversary of our victory at the Dad Vail Regatta in Philadelphia in 1972. Bill Stowe is the Director of the Dad Vail Regatta Organizing Committee and he is hoping to reunite the championship team for an anniversary race. I will be there for this race and I hope you can make it too.

Coach has asked me to take the lead to help organize the reunion further. I understand that he may have already talked to you and that you may have already indicated your intention to be there. To help me though, I need to hear from you whether or not you plan to attend the reunion. The race is scheduled for May 10, 1997 (Saturday). Depending on who and when the crew can arrive in Philly, we should be able to get one or two "practice" rows in just to warm up and to get the rhythm back. The basics of "rowing" is permanently imprinted in my mind... every time I sit down at a rowing machine, the ability to slide aft, rotate the blade, dip, catch the water with the arms, thrust with the legs, pull to the chest for the finish, lift, feather, push the arms aft, and slide aft again just seems to come back naturally. Working with a team again is another thing that a couple of trial rows could pull together quite nicely... following the stroke oar, listening to the coxswain, 32 strokes per minute, bring it up to 40 or 45 for the sprint... can we really do it again?... maybe... maybe not... but it will be terrific fun and nostalgic to give it a go.

So first... Please let me know if you can be there. You can reach me by phone, fax, mail or email. Then we can make arrangements, if and where necessary, for group rates at a hotel, rental cars, and plans for a party or two before and after the big race. One plan would be to travel on Thursday, row on Friday, then row the big one on Saturday. Let me know what you think.

Hope to hear from you soon and I strongly encourage you to attend if you haven't already made up your mind. See you there!.

Subj: Pairs Race at Dad Vail
Date: 97-04-30 21:48:41 EDT
From: Mark D N
To: wstowe@northnet.org, growwww@erols.com
To: william.e.plage@snet.net
To: 74134.3566@compuserve.com, Mark D N
To: wensman@ix.netcom.com, BRAD73, BradB73
To: FMontoya@lantd5.uscg.mil
To: LShirley@infoparadigm.com, Tebeau@mindport.net

Team,

I have another reason to be especially excited and emotional about our reunion. Read on:

Ever since I started rowing at USCGA (1970), my father, Mark D. Noll, was very enthusiastic about the sport of rowing. At the time he lived in Orlando, FL and he made friends with the crew coach, Dennis Kamrad, at the University of Central Florida (UCF). My father graduated from UCF in 1976 with a BS in computer sciences. He became a supporter of the crew team at UCF and Coach Kamrad became a great friend to my father and mother. Sadly, my father died in 1984. I was deployed on the POLAR SEA in Antarctica when he passed away and I was unable to attend his funeral. About a year after he died, as a memorial to my father and for his support of the team, UCF christened a new pairs boat as the "Mark Noll". Again, I was unable to attend the christening and I have never seen nor sat in this shell. The Mark Noll's racing career has apparently been very good. Most recently, the pairs team placed 1st in the State of Florida championships and 2nd in the SIRA (Southern Invitational Rowing Association Competitions).

I have recently talked to Coach Kamrad and he confirmed that UCF will be competing this year at the Dad Vails and the Mark Noll will be there to race in the pairs competition. I plan to be cheering the UCF pairs team on to victory...may be a tough choice if CG has a pairs team entered in the same race...however, I'll handle it! Anyway, I asked Coach Kamrad if it would be possible for me to row in the Mark Noll. He said that it should not be a problem. Of course, I will not be racing in the shell but I will certainly feel the thrill of rowing in a boat named after my father.

I will probably row with one of the two oarsmen, Jeff or Matt, who are an excellent pairs team. And I plan to row after the team has finished competing to avoid messing up any settings in the boat (outriggers, oarlocks, foot stretcher, etc.) If not Jeff or Matt, I have already asked Coach Stowe to row with me. If he is not available at the time, then I may ask one of you to row with me. I don't know when or where yet, but I'll let you know more about the plans in Philly.

I am very pleased that everyone from our team is planning to be at the reunion and I am especially pleased that the Coast Guard Academy crew team will be competing (I believe this is a big plus for the whole weekend). I sincerely appreciate the effort of Coach Stowe, Chief, Tebeau and whoever else in placing the arm twisting technique at the right places to get the CG crew to the Dad Vails. I always remember Coach as one who had the knack and the skill to pull off deals that, at times, I thought would be totally impossible. I don't know exactly what happened but I'm glad it did. It takes knowing the right people to talk to and the right thing to say. To all involved I say, "Good show and thank you!"

Look forward to seeing everyone next week.

Mark

Subj: Re: Dad Vail Reunion + why?
Date: 97-02-16 19:18:31 EST
From: william.e.plage@snet.net (William E. Plage)
To: MarkDN@aol.com
CC: BRAD73@aol.com, growwww@erols.com, FMontoya@lantd5.uscg.mil, 74134.3566@compuserve.com, wensman@ix.netcom.com (Wensman, Mike, '73)

MarkDN@aol.com wrote:

>
> Chief,
> GREAT JOB!!! The new boat sounds the best.
>
> Could you update me on the Dad Vail. I've lost track...why doesn't CGA go
> to the Dad Vail? Was there a problem in the past? Or is the admin just
> clamping down on oad trips? Or what ?
>
> Thanks,
> Mark

Mark,

I too was quite surprised that CGA Crews were not attending the Vail when I first started organizing the alumni last year. As I understand it from Larry Noble, the current crew coach, the Vails got too big. Somewhat like the Boston Marathon is to running, but unlike the marathon there was no qualifying criteria. If a school had the entry fee, it got a place in the pack. If you haven't been to the Head of the Charles Regatta lately, that race is the same way. The first boats go off at 7AM, the last at dusk. Remember our third place finish. We could hardly see crossing the finish line and there were many boats finishing after us! Consequently, in 1993 a new race committee formed the Championship regatta. This race is by invitation only and was meant to be the true small college national championship. There are only 18 crews in each class and because it is supposedly the top 18 (remember by invitation) the competition is theoretically tougher. The regatta also moves around from year to year. Last year it was in Wooster, Mass where we rowed and won the New England Championships. CGA's heavy 8 did not qualify to row. The novice lights were great finishing second on a cold rainy day a second or two behind Trinity. Yes, Trinity is back with some decent crews and they've become CGA's big rival.

Now, that is the story on the Championship Regatta and why it's there. Coast Guard started going in 1993 but has never won a hwt V-8 class. There is, however a couple other races held around the country at the same time that tend to dilute the prestige of this race and the Vails as being the true small college national championships. Things have gotten complicated since we rowed. I will only mention the advent of women's rowing and how it has affected CGA and other schools and where the women fit into all this. If you recall our years at the Vails, there were a few women's teams. Now every school has them, so multiply the number of boats and oarspersons by 2. The future of CGA Rowing over the next couple years lies with the women. Larry has to rebuild the men's teams. There will be no men's lightweight crews this year. I will tell you the story behind this some other time. But, the women can have a national championship

team, if not this year, within the next few years. These kids are good!

So the decision has come down to where to take the crews where the competition is toughest and what, exactly, will be recognized as the small college national championships. Don't forget, CGA still has to qualify for the Champions Regatta this year. Unfortunately, both the Vails and the Champions are held the same day, so the coaching staff can only be at one.

As an organizer of the crew alumni, I strongly feel that we should stay out of the decision making process as to who the crews should or shouldn't row and what regattas they attend. This should be a coaching decision. I would love to see Coast Guard Crews at the Vails with us (and some might be). However, it's Larry's decision. He has asked us what we think and is willing to take his crews to the Vails if we thought it was important, but we have and will remain neutral on this point.

Mark, one other point. As you know we are trying to organize the crew alumni a little more formally. We need people in regional areas around the country to help spearhead things like keeping a regional mailing list up to date, helping Larry recruit kids for CGA crew, sending in alumni news for the newsletter, helping with fundraising, etc. Would you, Mike Wensman or Jim Woepple be interested? I don't think it would take up much time and it would really help out the cause.

Wish you and the guys out there could make the Return to the River Banquet on March 1. It has become a great tradition and a lot of fun. Send me whatever thoughts you have. We appreciate all help and comments. Let me know if there's anything else I can help with for our reunion.

Chief

P.S. Anyone have Larry's or Ma's e-mail address. If they have one and you know it, I'd appreciate you passing it on. Thanks.

----- Headers -----

From william.e.plage@snet.net Sun Feb 16 19:18:20 1997
Return-Path: william.e.plage@snet.net
Received: from daisy.snet.net (daisy.snet.net [204.60.7.85]) by emin07.mail.aol.com (8.6.12/8.6.12) with ESMTP id TAA09316; Sun, 16 Feb 1997 19:18:12 -0500
Received: from LOCALNAME (dprv00-sh2-port99.snet.net [204.60.35.99]) by daisy.snet.net (8.7.5/8.7.3/SNET-1.2) with SMTP id TAA02253; Sun, 16 Feb 1997 19:18:03 -0500 (EST)
Message-ID: <3307DB5F.255C@snet.net>
Date: Sun, 16 Feb 1997 20:15:27 -0800
From: "William E. Plage" <william.e.plage@snet.net>
X-Mailer: Mozilla 2.02E-SNET2 (Win16; U)
MIME-Version: 1.0
To: MarkDN@aol.com
CC: BRAD73@aol.com, growwww@erols.com, FMontoya@lantd5.uscg.mil, 74134.3566@compuserve.com, "Wensman, Mike, '73" <wensman@ix.netcom.com>
Subject: Re: Dad Vail Reunion + why?
References: <970216120121_1448798176@emout11.mail.aol.com>

Subj: hotel inPhilly
Date: 97-04-15 16:01:14 EDT
From: wstowe@northnet.org (stowe)
To: markdn@aol.com
CC: natrowing@aol.com (hart perry), william.e.plage@snet.net, tebeau@mindport.net, wensman@ix.netcom.com (mike wensman), growwww@erols.com, markdn@aol.com, wstowe@northnet.org

Dear Mark and gang,

I just spoke with the person doing the hotel for the Dad Vail and she said that the Adam's Mark special thru her is still \$79, with something more on Saturday, but she was going to try to beat that down for us. Please call Joy Kelly at 609-525-0800, ext 2020 to work out. I believe that she has an 800 number as well and that would work and is the one I gave you yesterday. This hotel is a good one, nearest to the course without being in center city and all should work out. Try it. I am arranging cash dinner at Bookbinders in the center of town for Sat night. Friday night they are having a cook out at the course in the new beer tent, and that will be worthwhile. I will be at the course all day Friday.... Hopefully the CGA crew will be racing at the Vail!!!

More later, Bill

----- Headers -----

From wstowe@northnet.org Tue Apr 15 12:27:58 1997
Return-Path: <wstowe@northnet.org>
Received: from aldus.northnet.org (aldus.northnet.org [198.175.11.2])
by emin40.mail.aol.com (8.8.5/8.8.5/AOL-2.0.0)
with SMTP id MAA19683 for <markdn@aol.com>;
Tue, 15 Apr 1997 12:27:57 -0400 (EDT)
Received: (qmail-queue invoked by uid 0); 15 Apr 1997 16:28:48 -0000
Received: from ppp-12.saranac.northnet.org (HELO default) (204.255.184.13)
by aldus.northnet.org with SMTP; 15 Apr 1997 16:28:45 -0000
Message-ID: <3354AAB4.152E@northnet.org>
Date: Wed, 16 Apr 1997 12:32:20 +0200
From: stowe <wstowe@northnet.org>
X-Mailer: Mozilla 2.0 (Win95; I)
MIME-Version: 1.0
To: markdn@aol.com
CC: hart perry <natrowing@aol.com>, william.e.plage@snet.net,
tebeau@mindport.net, mike wensman <wensman@ix.netcom.com>,
growwww@erols.com, markdn@aol.com, wstowe@northnet.org
Subject: hotel inPhilly
Content-Type: text/plain; charset=us-ascii
Content-Transfer-Encoding: 7bit

D V R O C PARKING



THIS PASS MUST REMAIN IN THE PARKED VEHICLE, CLEARLY VISIBLE IN
THE WINDSHIELD, OR IT IS SUBJECT TO BEING TOWED!

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Rose Flynn

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Kate Godwin

James H. Hill, Jr.

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Parthenia Izzard

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Tom Moore

Dale Morden

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Bob Negaard

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Sue Morro Talbot

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Mike McAndrews

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Joe McNeill

Dan McEvily

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Mike Cippolone

Mike DiLoreto

Dan Eck

Bob Galli

John Gaughan

Dan Lutz

Tom McLaughlin

Mary Pat Muller

Jim O'Brien

Greg O'Meara

Tom Owston

Jim Sonzogni

Greg Stefan

Finish Line Video/Timing

Mike Harkins

Results

Isabelle Bohn

Debbie Cornatzer

Trish Grayauskie

Joanne Juggler

Mickey McGrath

Honi Piree

Alumni Tents

Regina Loschiavo

Theresa Mary Price

Communications

Ed Clark

Frank Keegan

Provisions

Henry Backe

Kevin Backe

Bill Braxton

Curt Browder

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Press Relations

Mary Stinger

Andrew Stinger

Greg Doyle

Kim Gusovius

Canoe Club

Jim Wagner

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Sharon Lee

Mary McDonnell

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Kathy & Phil Lanz

Dottie Maketa

Kathy McCloskey

Debran Nemirovsky

Eileen Romanzo

Laura Schriver

Victoria Schriver

The Dad Vail Regatta, Then and Now

by Jennifer Rauch, Makin' Waves Correspondent

Dad Vail, the largest small-program regatta in the world, is the biggest weekend of the rowing year for more than 100 North American colleges and universities. More than 400 boats and 3,500 rowers will show their stuff in 127 events on the Schuylkill River this year.

It's a far cry from that very first Dad Vail Regatta, at which Manhattan College, Marietta College, Rutgers University and the University of Pennsylvania. (The Vails, of course, were founded in 1934 by "Rusty" Callow, then coach of the Penn crew team. He named the Regatta after friend, Harry "Dad" Vail, who was a well-respected coach at the University of Wisconsin.) Although the first Regatta was held on the Schuylkill, it moved about for a number of years until 1953, when it returned to Philadelphia to stay.

"In the 1950s, LaSalle University had a string of wins, so it was appropriate at the time that the Regatta found its permanent home here," says Joseph Sweeney, Sr., who rowed for LaSalle in that era.

One thing that hasn't changed over the years: the LaSalle connection to the Regatta is still strong: Dad Vail committee chair Jack Galloway was Sweeney's coach, and committee secretary was a member of LaSalle's winning varsity heavyweight eight in 1956, '57 and '58.

The rowing community at large also thought it was appropriate that the Vails be here in Philadelphia. "This is the only place that has this concentration of boatclubs right next to each other," says Sweeney. "In a way, Philadelphia is really the fountainhead of rowing in America."

Other areas of the U.S. have maintained their long-standing traditions. "Boston has a strong rowing scene, built around Harvard and the Cambridge schools," says Sweeney. "New York's rowing community has practically disappeared; for a while they had one boatclub for the whole city. Philadelphia's always kept the rowing tradition alive."

And the Dad Vail Regatta is a big part of that tradition. "The Vails have more than doubled since I rowed in it," says Sweeney. "Besides the fact that twice as many people are involved - there are almost 4000 rowers now every year - you also have a mathematical progression of adding categories and subcategories. There are almost 150 events now, and there were only 6 back in the '50s"

The single biggest change, of course, is that women have enthusiastically joined the sport in the 1990s. Participation by women has nearly doubled the number of events in the Regatta, as well as the volume of equipment that moves to and from, up and down the Schuylkill River each May.

All the clubs on Boathouse Row have facilities for women now, says Sweeney. He mentions that his club, Penn A.C., just finished building its women's locker last year. But equal opportunity rowing hasn't been achieved just yet on the Schuylkill River. Says Sweeney, "The Philadelphia Girl's Rowing Club doesn't have any lockers for men."

Sweeney says, "You almost have to have duplicate sets of equipment. The boat must be made for the people rowing it, and very few women can row a 210-pound men's boat."

And fitting a whole crew with today's high-tech, lightweight rowing equipment is an expensive proposition (as the Georgia Tech team that flipped its trailer on the way to last year's Vails can tell you).

"The average cost of an eight was \$4000 when I rowed," says Sweeney. "Now, it's more than three times that, something like \$14,000-15,000 for a top-flight resolute eight."

Equipment costs may go up, there's still one thing that the Vails rely heavily on for success each year that doesn't cost a dime. "Voluntarism is a big factor in the Regatta, and it's been that way as long as I've been involved," Sweeney says.

"I think the most important part of Dad Vail, and of rowing in the U.S. in general, has always been the volunteer athletes, coaches, committees, and everyone else who comes out to a Regatta just because they love rowing."

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Twenty Five Years Ago... 1972

The United States Coast Guard Academy

Men's Varsity Heavyweight Eight Crew could best be described as a "rag tag outfit" - a group of renegade ex-football players who wanted something different and found it in rowing. Crew was nonexistent at the New London, Connecticut, Coast Guard Academy when Mr. Fred Emerson talked Bill Stowe into starting a program with his support. With no apparent expenses, the legendary Otto Graham, Academy Athletic Director, agreed to try the sport.

It took several years before the Academy funded the crews and they survived on peanut butter sandwiches, borrowed transportation, and free military accommodations. "The experience made them tougher and hungry for the victory for which they had sacrificed" said the coach. "When the Academy began to fully support the crew, they got slower and slower", he added.

Stowe ventured onto the icy Thames River in January of 1971 with two leaky eights borrowed from Harvard University and about 40 enthusiastic unsuspecting cadets. The first spring saw some instant success, winning the Cypress Gardens Regatta in Florida over Rollins, F.I.T., and Florida Southern. After four months of rowing that first boat finished fourth in the Vail.

In the spring of 1972 the Academy eight never had to look over their shoulders to see the opposition. They defeated Yale, Brown, Northeastern, won the New England Championships before coming to Philadelphia to run away with the Dad Vail.

In the final they drew the lane closest to Peters Island (was lane one in those days and is now labeled lane six). "I was worried about the slowness of the lane in the final five hundred meters

and told the crew to gain all they could in the first 1,500 meters of the course" said Bill Stowe. The crew followed their orders and had two lengths of open water by the bridge, and built the lead to five lengths going into the final sixty strokes. They took this, the first of seven Dad Vail titles, by over two



lengths, and were followed down the course by the Peter Jennings ABC-TV news which reported the regatta on the evening news the following week.

While the crew was new to Philadelphia, Stowe was no stranger to the Schuylkill River Course. Bill Stowe an Olympic Gold Medal winner, Rowed with the Vesper Boat Club Olympic Champions of 1964. "Had we not known to go for as much as possible we might have sat on a narrow lead and lost it in the last 500 meters," remembered bowman Bill Plage. He added, "Winning the Vail was a special thrill and I am looking forward to rowing over the course for a reunion row in 1997."

The crew consisted of seven former varsity foot-

ball players who abandoned the gridiron for the river. Three had been on the starting 11 in 1971. "The football coach was not as enthusiastic about the advent of crew at the Academies as we were, and I was not a popular person around the phys ed staff," commented Stowe, "but we had fun and all

the cadets graduated and served as distinguished Coast Guard Officers."

Coxswain Fred Montoya, now a Captain serving in Washington with the Coast Guard, was one of the two non-former footballers. The only senior in the 1972 boat served as Crew Captain and "he was a defector from soccer" adds team raider Stowe. Two of the crew, Pug Gutridge and Bill Spitzer went on to fly helicopters for the Guard, while the rest went to sea. Mike Wensman obtained his law degree while serving in the Coast Guard and currently is a state legislator in the state of Washington. Stroke Brad Belch is living in Massachusetts and Knutson resides in Maryland. Three man

Larry Shirley rounds out the group revisiting the river after 25 years.

"This boat was an unbelievable group of fighters and it will be great to get together after so long," mentioned Dad Vail supporter Bill Stowe. An additional bonus for Stowe and the Anniversary crew will be cheering on the US Coast Guard boats. After a brief absence from the Philadelphia scene, Coast Guard will be resuming a great tradition of excellence in Philadelphia once again.

Stroke Brad Belch of the boat finalized, "We may not always win the race, but you can count on us to win the party." Watch for them along the banks today, seeking yet another victory!

A flood of rowing resources available online

by MB Kurilko, Makin' Waves Correspondent

Sifting through the millions of sites on the Internet's World Wide Web network of computers can sometimes be more trouble than it's worth. The search for information online need not be a daunting task though, provided you learn a few time-saving search techniques that will help return the most useful sites.

The best place to begin is with one of the web's "search engines", such as Lycos, Web Crawler or Yahoo, as well as others that seem to appear daily. In the case of rowing, a keyword search using Yahoo (www.yahoo.com) with simply the word "rowing" yields 16 category matches - each of which offer hundreds of additional links - as well as 204 site matches that link to individual web pages with rowing-

related information. This is an ideal place to begin your search for rowing resources on the 'net; this Yahoo index offers everything from details on Olympic rowing to college crews to local rowing clubs. There is even a lesbian, gay and bisexual recreation and sports category featuring rowing sites.

Virtually all of the best rowing sites are catalogued in this index; one of the better ones that's linked here is the World Wide Web Virtual Library's rowing home page. (www.comlab.ox.ac.uk/archive/other/rowing.html) This site originates in the United Kingdom but offers links to boating organizations around the world as well as regatta results, general information and newsgroups for

discussion. This is an excellent resource with hundreds of links which in turn often contain hundreds of additional links to more rowing information than you ever thought you'd find.

Novice rowers can use the Internet to learn the jargon of the rowing world. On the Rice University Crew web site, (<http://chico.rice.edu/~hofer/Rowing/gfaq.html#boats>) you'll find a comprehensive FAQ section - short for frequently asked questions - that covers the types of boats that are used and the correct terms for the equipment. Also included at this site is a glossary of rowing and rowing cycle definitions along with descriptions of race formats and starting procedures

for those interested in the more technical side of official competitions.

A site with some local appeal is the Philadelphia Inquirer's special feature on Boathouse Row (www.phillynews.com/packages/boat/index.htm). This page contains links to area rowing clubs, college crews, Olympic history and even a live chat room where rowing fans can meet and swap stories.

There are hundreds, if not thousands, of additional sites on rowing to be found on the web. Try out different search engines as they have different criteria for returning results and different engines will yield different sites to explore.

COACH'S CORNER

The Dad Vail is proud to honor Coach Dennis Kamrad of the University of Central Florida. Coach Kamrad introduced crew to the University of Central Florida in 1972. Kamrad began his rowing career in 1958 when he was attending school at Rollins College. An eye injury prompted him to find a sport which did not rely heavily on great vision. He turned to crew. He was coached by U.T. Bradley, the founder of rowing in the South, and one of the founders of the Dad Vail Regatta.

Kamrad wanted to give U.T. Bradley a first place at the Dad Vail Regatta. During the summers of his junior and senior college years, he would work in Trenton, New Jersey, during the day and then drive to Philadelphia to row for Penn Athletic Club every afternoon. This way he could "learn and memorize" the Schuylkill River, home of the Dad Vail. Kamrad never achieved that goal of winning the Vail for Bradley as an oarsman, but as Coach, he has achieved that goal many times.

After graduating from Rollins College in 1962, Kamrad began teaching at Orlando's Edgewater High School. There he established and became the coach of the first competitive high school crew program in the state of Florida. They borrowed boats from Rollins and competed in the collegiate junior varsity events.

Dennis coached there until 1969 when he was offered a position as Athletic Director and Director of the Student Union at the University of Alabama Huntsville. He was also the volunteer head crew coach there. Enroute to their last race of the season in 1970, Kamrad and UAH team were in a bus accident that left Kamrad in a body cast for almost a year. With the help and dedication of some wonderful students, Kamrad continued to manage his responsibilities from the hospital and home. It was this experience that prompted him to say, "There's so much good in each person and depending on the circumstances can come out in many ways.



Dennis Kamrad

In 1971, while still in physical therapy from the accident, Kamrad took a year sabbatical and returned to Orlando where he began work on his master's degree at Rollins. At that time several of his previous athletes from Edgewater High School were now attending the University of Central Florida (then Florida Technical University). These students were attempting to establish crew at the school and turned to Kamrad for guidance. They bought some used equipment from Alabama and were allowed to row out of the Rollins boathouse.

After earning his advanced degree in 1971, Kamrad was offered a position at UCF. He accept-

ed and also became the head coach of the crew program, again on a volunteer basis. He then turned to the community for help and eventually built a boat house. "We have such great friends. We couldn't have succeeded without the community help, both the rowing community and the local community", says Kamrad.

When asked how many of his crews have won at the Dad Vail, he's not sure, but total number is somewhere around 15. The most recent was in the Women's Lightweight Eight in 1995. In winning the race the team also won the Dennis Kamrad Trophy that had just be introduced that very year. "Those races were very important at that time and they will always be special and important to those who raced them, but I'm already concentrating and getting energized for next year. And the people that didn't win are just as much a part of me as the people that did," explains Kamrad. He attributes his continued success to being fortunate enough to row with and coach people that are "absolutely terrific."

Kamrad has also been part of helping to start many of central Florida's high school crew programs, the Florida Athletic Club and the Orlando Rowing Club. Some of these teams have gone to win in such prestigious events as the Head of the Charles, the Canadian Henley, FISA Veterans and Masters Nationals.

He also continues to row at the Master level.

"I like to try to reacquaint myself with rowing." This helps him to better understand what his athletes are experiencing...the pain, the frustration, and the glory.

Dennis was awarded the Rollins College Sport Hall of Fame Athletic Achievement Award in 1991. He was also appointed to the US Rowing Association Board of Directors as the Southeast Regional Representative from 1991-96.

Dennis Kamrad has been contributing to the sport of rowing for over 30 years. It's an honor for the Dad Vail to have such a dedicated coach and gentleman bring his hard-working crews year after year to this Regatta.

Home Care Company Supports Dad Vail... Purpose and Values

Home Care continues to be the fastest growing segment of the health care industry. Home Care meets patients' needs effectively and efficiently. Home Care with high quality service has a substantially lower cost than prolonged stays in hospitals, skilled care facilities or rehabilitation centers, making it clearly the preferred health care option for case managers.

Iama is one of the fastest growing companies serving the home care industry in the Tri-State area. We have assembled an experienced and dedicated home care management team with talented clinical resources that focus on managed care. Our line of services and clinical specialty programs match evolving requirements in the new marketplace and enables Iama to fulfill its mission of promoting community health and providing quality care. Iama's vision is to be the community's health leader and preferred care provider.

Our organization is defined by our culture and is identified by the humanistic ideal and our shared and practiced values. The values are derived from the ongoing purpose of the organization and those attributes essential to the fulfillment of this purpose.

The purpose of Iama Home Health Service is to:

- Provide continuous quality care to patients of all ages in their place of residence.
- Ensure the community that the range of health care needs are met in a safe, cost effective and appropriate manner.

As a society we all must be committed to the people we serve.

We value the trust and the needs of people: our patients, their families, and their friends. Iama as a whole is committed to our mission and each patient to provide support, encouragement, nurturing and excellent health care. We believe knowledge, dedication and working together as a team will serve you best, always!

The core values are patient focus, team and quality.

Focus means that Iama's primary and main purpose is to serve patients. Assessing patient needs with competence, respect and compassion, all of our actions are directed toward this purpose.

Team means working together toward a common goal with continuous communication, cooperation and contribution. Communication is openly informing and inquiring. Cooperation is freely giving and asking for help. Contribution is consistently doing your job and sometimes more.

Quality means setting high standards, putting forth one's best efforts and continually striving to become better at what we do individually and collectively.

As we enter the 21st century, Iama is positioned to meet the increasing demands to provide cost-effective home health care, today! Our foundation of commitment, compassion, mutual respect and trust will carry us there and beyond.

DAD VAIL REGATTA

1997 SCHEDULE OF EVENTS

Friday May 9, 1997

HEAT	TIME	EVENT
1-6	7:15 AM	Men V 4
7-12	8:03 AM	Women's V 4
13-16	8:51 AM	Men's V HVWT 8
17-21	9:23 AM	Women's V HVWT 8
22-23	10:03 AM	Women's V LTWT 8
24-25	10:19 AM	Men's LTWT 8
26-34	10:35 AM	Men's F/N 4
35-43	11:14 AM	Women's F/N 4
44-48	1:30 PM	Men's LTWT 4
49-52	2:10 PM	Women's LTWT 4
53-54	2:42 PM	Men's V HVWT 8 Rep.
55-56	2:58 PM	Women's V HVWT 8 Rep.
57-62	3:14 PM	Men's HVWT F/N 8
63-71	4:02 PM	Women's HVWT F/N 8
72-75	5:14 PM	Men's Pair W/O
76-77	5:46 PM	Men's F/N LTWT 8

FINALS

HEAT	TIME	EVENT
114	1:30 PM	Women's F/N 4
115	1:45 PM	Men's F/N 4
116	2:00 PM	W's F/N LTWT 8
117	2:15 PM	M's F/N LTW 8
118	2:30 PM	Women's F/N 8
119	2:45 PM	Men's F/N 8
120	3:00 PM	W's Pair W/O
121	3:15 PM	Men's Pair W/O
122	3:30 PM	Women's JV 8
123	3:45 PM	Men's JV 8
124	4:00 PM	Women LTWT 4
125	4:15 PM	Men's LTWT 4
126	4:30 PM	Women's V 4
127	4:45 PM	Men's V 4
128	5:00 PM	Women's LTWT 8
129	5:15 PM	Men's LTWT 8
130	5:30 PM	Women's V 8
131	5:45 PM	Men's V 8

Saturday May 10, 1997

HEAT	TIME	EVENT
78-80	7:30 AM	Women's Pair W/O
81-83	7:54 AM	Women's F/N 4
84-86	8:18 AM	Men's F/N 4
87-89	8:42 AM	Women's F/N 8
90-92	9:06 AM	Men's F/N 8
93-94	9:30 AM	Men's Pair W/O
95-96	9:46 AM	Women's JV 8
97-98	10:02 AM	Women's LTWT 4
99-101	10:18 AM	Men's LTWT 4
102-104	10:42 AM	Women's V 4
105-107	11:06 AM	Men's V 4
108-110	11:30 AM	Women's V 8
111-112	11:54 AM	Men's V 8
113	12:15 PM	Collegiate Disabled Rowing

12:45 PM

John A. Seitz Award - Robert H. Morro

Dad Vail Coach Award - Dennis Kamrad

Central Florida University



Temple Junior Varsity Men's 8 Winners



Michigan Womens Junior Varsity 8 winners

CENTER CITY PHILADELPHIA

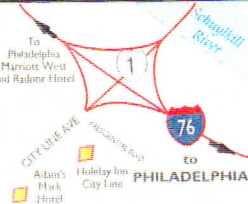
Philadelphia Convention & Visitors Bureau

Philadelphia Visitors Center

16th Street & JFK Boulevard

(215) 636-1666 or (800) 537-7676 or TDD (215) 636-3403

CITY LINE AVENUE



Hotel

Building

Park

Parking Facility

Visitors Center

SEPTA Transit

PHILASH Visitor Bus

Bus/Trolley Routes

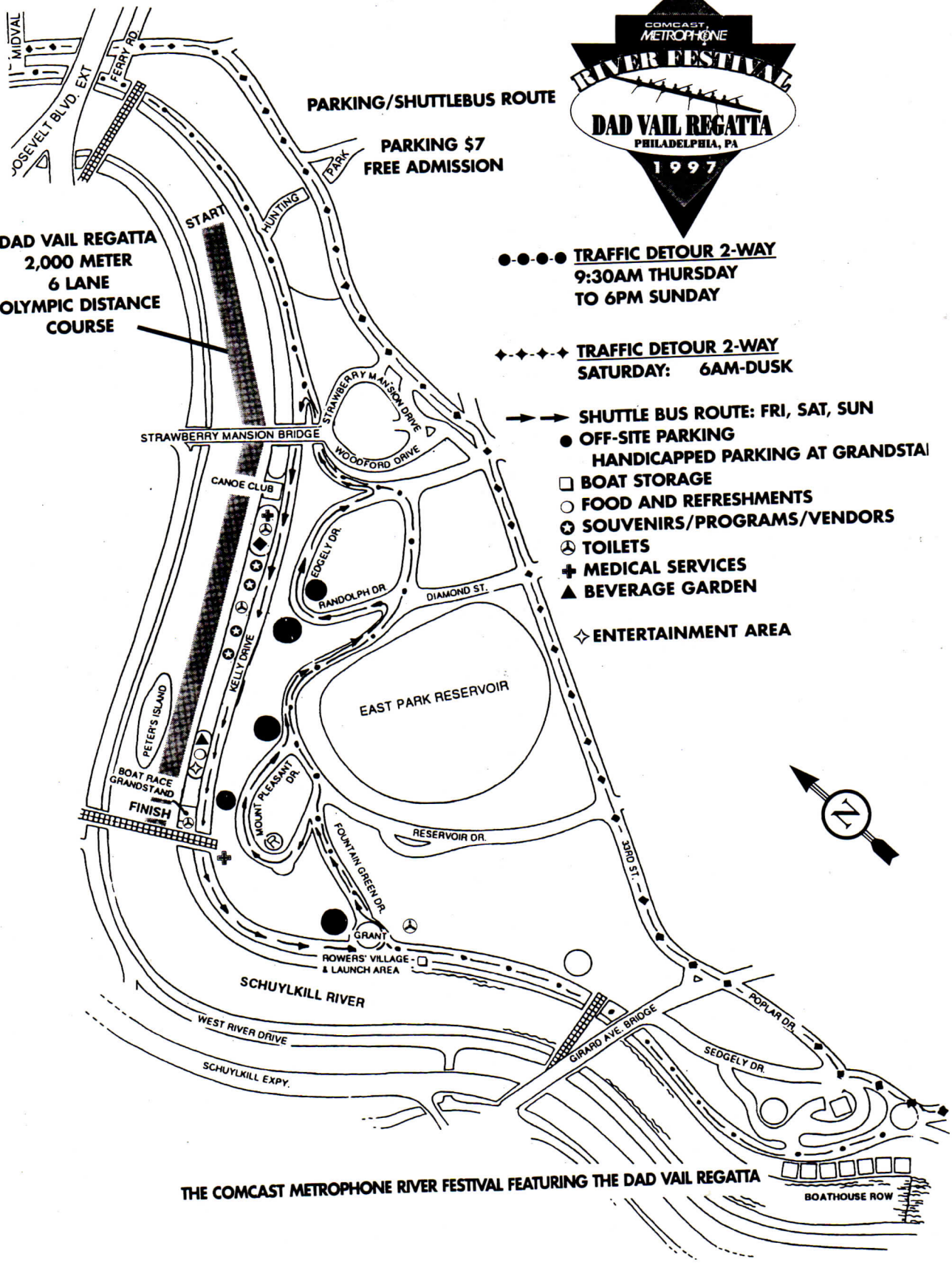
Welcome Line Historic Trolley

PATCO

Airport Train

Subway/Surface

0 1,000 ft.



MAKIN' WAVES

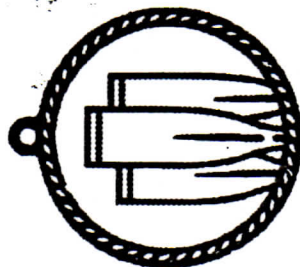
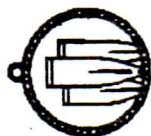
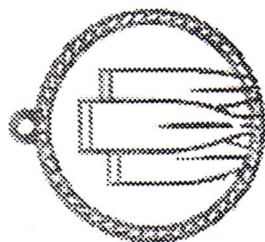
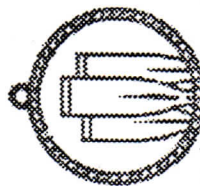
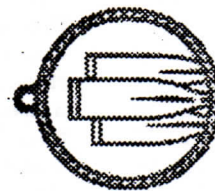
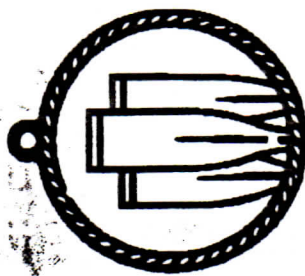
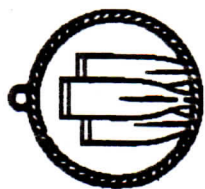
COMCAST
METROPHONE

RIVER FESTIVAL

DAD VAIL REGATTA

PHILADELPHIA, PA

1997



MAY 9, 10 on THE SCHUYLKILL RIVER

SPORTS CAMPUS

DAD VAIL REGATTA ORGANIZING COMMITTEE
1997 SCHEDULE OF EVENTS
Saturday, May 10th

EVENT NO.	TIME	EVENT	FINALS
78-79-80	7:30 to 7:46	Women's Pair W/O	2 Advance to Final (each Heat)
81-82-83	7:54 to 8:10	Women F/N 4	2 Advance to Final (each Heat)
84-85-86	8:18 to 8:34	Men F/N 4	2 Advance to Final (each Heat)
87-88-89	8:42 to 8:58	Women F/N 8	2 Advance to Final (each Heat)
90-91-92	9:06 to 9:22	Men F/N 8	2 advance to Final (each Heat)
93-94	9:30 to 9:38	Men P/WO	3 advance to Final (each Heat)
95-96	9:46 to 9:54	Women's JV 8	3 advance to Final (each Heat)
97-98	10:02 to 10:10	Women LTWT 4	3 advance to Final (each Heat)
99-100-101	10:18 to 10:34	Men LTWT 4	2 advance to Final (each Heat)
102-103-104	10:42 to 10:58	Women Var 4	2 advance to Final (each Heat)
105-106-107	11:06 to 11:22	Men Var 4	2 advance to Final (each Heat)
108-109-110	11:30 to 11:46	Women Var. 8	2 advance to Final (each Heat)
111-112	11:54 to 12:02	Men Var. 8	3 advance to Final (each Heat)

113 12:15 Collegiate Disabled Rowing

LUNCH

FINALS

114	1:30	Women F/N 4
115	1:45	Men F/N 4
116	2:00	Women's F/N LTWT 8
117	2:15	Men F/N LTWT 8
118	2:30	Women F/N 8
119	2:45	Men F/N 8
120	3:00	Women Pair W/O
121	3:15	Men Pair W/O
122	3:30	Women JV 8
123	3:45	Men JV 8
124	4:00	Women LTWT 4
125	4:15	Men LTWT 4
126	4:30	Women Var 4
127	4:45	Men Var 4
128	5:00	Women LTWT 8
129	5:15	Men LTWT 8
130	5:30	Women Var 8
131	5:45	Men Var 8

SPORTS CAMPUS

DAD VAIL INVADES PHILLY

PHILA., PA -The 59th Dad Vail Regatta, the "Big Daddy" of college rowing, starts this weekend.

Thousands of rowers have been congregating this week in Philadelphia for the two days (May 9 and 10) of college championship rowing which began Friday morning at 7:30a.m.

Organizers expect some 3,500 men and women rowers from almost 100 colleges to compete in what has become the largest college competition in the world for developing crew programs.

Expected to line the banks of the Schuylkill over the two days are some 65,000 spectators taking in the spectacle of college racing at its finest over the 2,000 meter, Olympic length course.

Defending champion Temple, perennial winners of the Dad Vail Trophy in twelve of the last thirteen years, will defend its Men's Varsity Eight 1996 gold medal finish against the likes of Michigan, Pitt, Purdue, Florida, St. Joe's and Drexel, Army and NC State.

Temple's women, after a competitive 1997 spring season in which they improved with each outing, will defend their Women's Varsity Eight gold medal finish against such challengers as Delaware, St. Joe's, and Marietta.

Two other defending champions, Villanova and Minnesota, have special challenges cut out for them: repeating as winners of 3 gold medals. Villanova won the Women's Lightweight 8, the Women's Frosh Novice 8, and the Men's Frosh Novice Lightweight 8 events. Minnesota defends the Women's Frosh Novice 4, the Men's Frosh Novice 4, and the Men's Varsity 4.

Over the two days, races will be held in nineteen categories pitting pairs, fours and eights against each other in the six-lane course that has become famous in rowing circles.

Friday's Qualifying Heats should end by the start of rush hour at 5 p. m. Saturday morning will see the start of the Semi-Finals at about 7:30 followed by the Finals beginning at 1 p.m. and ending about 5:30 p.m.

PERTINENT FACTS

ADMISSION to the Dad Vail Regatta is free.

PARKING costs \$7.00 in remote parking areas overlooking the river. A free shuttle bus runs between the parking areas and Kelly Drive.

PROGRAMS

Printed in tabloid newspaper format, each program lists the names of college entries, coaches, rowers, schedules of events, and other features stories about the Dad Vail. The program is Free.

FOOD COURT

Located just north of the the grandstand, the Dad Vail food court will be able to satisfy any palate with standard American festivity fare at moderate prices.

ALUMNI AREAS

A number of college alumni/ae groups gather together to watch their favorite

crews in the final 500

meters of each race. Located north of the Food Court, the colleges alumni groups this year are:

SUNY-Maritime (Del Va Chapter), Duke University Crew, Susquehanna, St.. Joe's, Sarah Lawrence College,, Jacksonville, Delaware, Fordham, Pittsburgh, Franklin & Marshall, Drexel, Lafayette Crew, Marist, Washington (Md.), Johns Hopkins, LaSalle, William & Mary, Iona, Villanova, Marietta.

"ROWERS VILLAGE"

This is where the thousands of rowers hang out with coaches and equipment. So, if you have a relative who rows for one of the entrants, this is where they will mostly be located. Rower's Village is located south of the Grandstand across from Grant's Statue and beneath the Three Angles statues.

DIRECTION TO THE DAD VAIL REGATTA

From South Jersey, Schuylkill Expressway (76) to Exit 32 (Kelly Drive & Wissahicken Drive). Look for the Kelly Drive Sign immediately after exiting and follow to police barricades and remote parking areas.

From western suburbs. Schuylkill Expressway (76) to exit 32 (a left lane exit). Look for the Kelly Drive sign immediately and follow Kelly Drive to police barricades and parking.

From the northeast. Roosevelt Blvd and Hunting Park Avenue to Kelly Drive. Go left at the Drive to police barricades and remote parking sites.

From Center City Ben Franklin Parkway, bearing right at the Art Museum to Kelly Drive. Follow the drive past Boathouse Row to the police barricades at Grant's Statue and parking in the remote area.

Shuttle Buses. Shuttle buses circulate every 20 minutes southward along Kelly Drive between the Strawberry Mansion Bridge and Grant's Statue and northward through remote parking areas. The shuttle bus is free.

Getting Around. Walking about the course area takes good walking shoes. Or... since over a mile and a half may be required between the start line and Rower's Village," a bike isn't a bad idea at all.

St. Joe's men, 'Nova women triumph

By Gary Miles
INQUIRER STAFF WRITER

New was definitely better in two of the varsity lightweight finals yesterday at the 59th Dad Vail Regatta on the Schuylkill River.

In swift-moving water on a cool and windy day, the St. Joseph's men's varsity lightweight eight nipped Temple in one of the closest races of the day, and the Villanova varsity women's lightweight eight beat rival LaSalle on the 2,000-meter course.

The St. Joseph's team was the first from the school to compete in the

varsity lightweight division in several years, and the Villanova women were competing on the varsity level for the first time after spending 18 years as a club team.

In the featured races of the afternoon — the varsity heavyweight eight finals — Temple, as usual, won the men's race in 5 minutes, 59.05 seconds. It was the 14th victory in the last 15 years for the Owls, who beat second-place Florida Tech, which had no seniors in the boat, and third-place Grand Valley.

After the victory, Temple's Steve

Panzick jumped out of the boat at the awards dock and presented the gold medal to his mother. Temple's program is so deep that coach Gavin White easily was able to replace four rowers and a coxswain who had graduated from last year's championship team.

Western Ontario tripped a disappointed Temple team in the women's varsity heavyweight eight finals. The Canadians won the race in 6:45.90. Purdue was third. The Temple women, who finished in 6:51.86, had won two of the previous three Dad Vail finals.

Most of the excitement, though, came in the lightweight races. St. Joe's, in the fourth year of a five-year rebuilding program, edged another disappointed Temple boat by four one-hundredths of a second. St. Joe's won in 6:04.61. Temple came in at 6:04.65. Villanova was third.

"This is the best victory we've ever had," St. Joe's coach Walt Young said. "It's definitely the most impressive lightweight victory we've ever had. Temple is always strong in the lightweight category. It all breaks down to whose day it is, and today was our day."

Young, who has been with St. Joe's for three years, took over the lightweight program just this year. His team was undefeated all season as a lightweight crew. They even rowed a few times as a heavyweight crew and finished third to Navy and Georgetown in one race.

"We put all these guys in the one boat this year, and they just seemed to click," Young said.

Before this season, the Villanova

women's rowing team had been a club sport. This year, they cleaned up. The Wildcats also won the women's novice lightweight eight race and the women's novice eight.

"Actually, I'm a little surprised at our success this year," coach Jack St. Clair said. "Not one of our rowers is a recruited athlete. Not one is a scholarship athlete, and only 10 have academic scholarships."

St. Clair filled his team by raiding other sports. He stole this year's team from the basketball, track and field, and swimming teams.

"I figured if I can get a good athlete, I can teach them to row," he said. "We teach them discipline and a good work ethic. The university is committed to the athletes, making them feel like any other varsity athlete. They're as valued by some as the basketball players."

In a twist that isn't so rare in the rowing community, the toughest competition for St. Clair's team came from LaSalle, which is coached by former Wildcat rower Matt Kelly. The LaSalle women wanted to prove that they were the fastest women's varsity lightweight eight boat in the country. They returned seven of nine members from last year's team, and Kelly's stated goal before yesterday's race was "to win, nothing less."

LaSalle had a rough time at last year's Dad Vail. One of their rowers injured a rib in the qualifying heats, and the regatta had to be held up so that the Explorers could find a replacement for the finals.

A substitute was found, but Kelly's team finished fourth.



The Philadelphia Inquirer / RON CORTES

Villanova coach Jack St. Clair congratulates his women's freshman-novice lightweight eight after its victory in the Dad Vail Regatta.

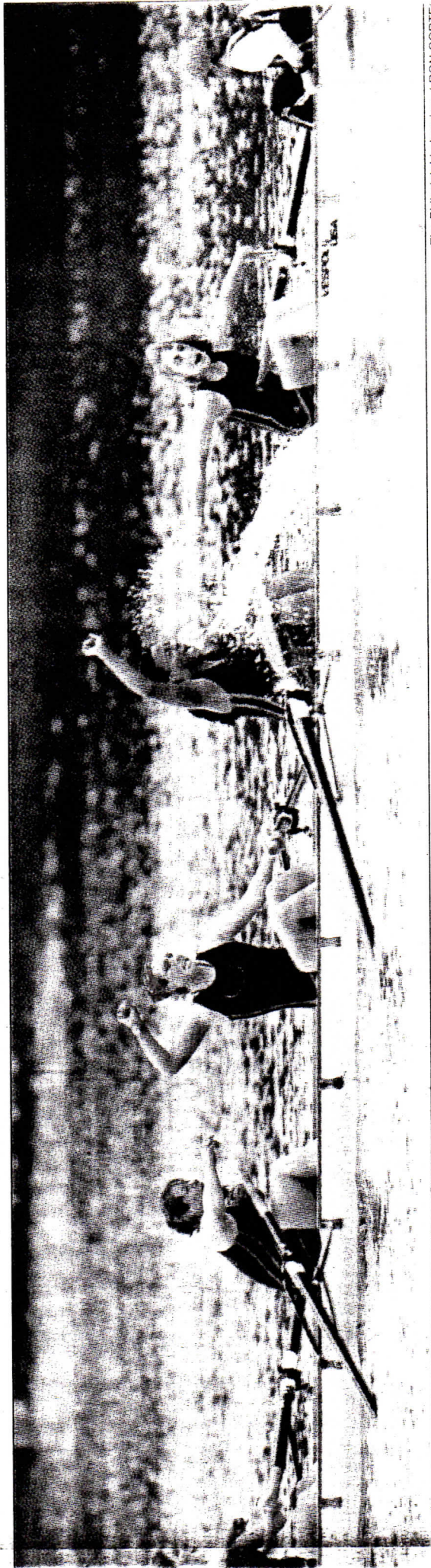
"We only have 11 members on the varsity team, but last year's disappointment made them work all that much harder this year," Kelly said.

The Drexel and Minnesota men also had a good day. Drexel won the novice eight and the junior-varsity eight and was second in the lightweight freshman eight.

Philadelphia Online

■ For online information on rowing in Philadelphia, visit Boathouse Row, <http://www.phillynews.com/packages/boat/>

Results: C12.



The Philadelphia Inquirer / RON CORTE

Temple's women's junior-varsity eight celebrates its victory in the Dad Vail Regatta. The crew won yesterday's final in 7 minutes, 8.68 seconds. Complete coverage, **C3**.

*Philadelphia Inquirer
Sunday May 11, 1997*

Scoreboard

Rowing

Dad Vail Regatta

On the Schuylkill

Women's pair without coxswain:

Heat 1: 1, Tennessee-Chat., 2, Trent; 3, Loyola; 4, Georgia Tech. (no times)
Heat 2: 1, Richard Stockton; 2, Vanderbilt; 3, Tulsa; 4, Central Florida; 5, Bucknell. (no times)

Heat 3: 1, American U.; 2, Carlton; 3, Alabama; 4, La Salle. (no times)

Final: 1, Richard Stockton, 8:14.43; 2, Tennessee-Chat., 8:20.54; 3, American U., 8:22.68; 4, Carlton, 8:29.14; 5, Vanderbilt, 8:33.45; 6, Trent, 8:54.55.

Women's freshman/novice four: Final: 1, Marquette, 8:13.87; 2, Jacksonville, 8:14.08; 3, Tennessee-Chat., 8:14.55; 4, Tulsa, 8:20.37; 5, Army, 8:35.44; 6, Fordham, 8:41.72.

Men's freshman/novice four: Final: 1, SUNY Maritime, 7:00.53; 2, Tennessee-Chat., 7:05.66; 3, Jacksonville, 7:08.87; 4, Minnesota, 7:14.59; 5, Worcester St., 7:29.84; 6, Union, 7:35.07.

Women's freshman/novice eight: Final: 1, Villanova, 7:10.43; 2, Northwestern, 7:15.33; 3, Purdue, 7:16.41; 4, Minnesota, 7:19.83; 5, American U., 7:27.46; 6, Temple 7:31.19.

Men's freshman/novice eight: Final: 1, Drexel, 6:09.30; 2, St. Joseph's, 6:16.14; 3, Colby, 6:21.13; 4, Marist, 6:28.68; 5, Purdue, 6:34.60; 6, Florida Tech, 6:34.71.

Men's pair without coxswain: Semifinal 1: 1, Charleston, 7:20.49; 2, Central Florida, 7:24.49; 3, Albany, 7:32.90; 4, Loyola, 7:48.01; 5, Georgia Tech, 7:48.58; 6, St. Joseph's, 8:00.57.

Semifinal 2: 1, Trent, 7:14.97; 2, Villanova, 7:23.41; 3, Minnesota, 7:33.38; 4, Richard Stockton, 7:43.67; 5, Queen's, 7:50.35; 6, Florida, 8:00.76.
Final: 1, Trent, 7:14.50; 2, Charleston, 7:20.56; 3, Villanova, 7:26.93; 4, Central Florida, 7:36.73; 5, Albany, 7:38.08; 6, Minnesota, 7:40.49.

Women's JV eight: Final: 1, Temple, 7:08.68; 2, Delaware, 7:09.18; 3, George Mason, 7:15.42; 4, Central Florida, 7:16.99; 5, Coast Guard, 7:32.16; 6, Washington College, 7:37.59.

Women's lightweight four: Semifinal 1: 1, St. Joseph's, 8:01.79; 2, Seattle Pacific, 8:06.09; 3, Minnesota, 8:06.18; 4, Lehigh, 8:17.50; 5, Vassar, 8:19.24; 6, Worcester St., 8:30.33.

Semifinal 2: 1, Georgia Tech, 8:15.41; 2, Middlebury, 8:18.27; 3, Michigan St., 8:20.44; 4, Jacksonville, 8:21.93; 5, Tulsa 8:23.90; 6, Pitt 8:23.96.

Final: 1, St. Joseph's, 7:50.30; 2, Georgia Tech, 7:52.56; 3, Seattle Pacific, 7:57.92; 4, Middlebury, 8:03.79; 5, Minnesota, 8:04.12; 6, Michigan State 8:05.13.

Men's lightweight four: Semifinal 1: 1, Johns Hopkins, 6:58.83; 2, Rhode Island, 7:03.77; 3, Florida, 7:04.38; 4, Marist, 7:13.36; 5, Trinity, 7:24.84.

Semifinal 2: 1, Minnesota, 6:49.61; 2, Dowling, 6:51.39; 3, Buffalo, 7:11.31; 4, Seattle Pacific, 7:13.63; 5, Bucknell, 7:23.97.

Semifinal 3: 1, Northwestern, 6:52.16; 2, Fordham, 6:54.95; 3, Middlebury, 6:55.44; 4, Worcester, 7:00.85; 5, Villanova, 7:08.38.

Final: 1, Minnesota, 6:45.61; 2, Northwestern, 6:48.24; 3, Johns Hopkins, 6:49.51; 4, Dowling, 6:51.46; 5, Fordham, 6:55.60; 6, Rhode Island, 6:59.95.

7:52.80; 4, Villanova, 7:53.34; 5, Drexel, 7:57.39; 6, Bucknell, 8:02.10.

Men's varsity four: Semifinal 1: 1, Western Ontario, 6:52.98; 2, Jacksonville, 6:56.97; 3, Temple, 6:59.60; 4, Fordham, 7:08.87; 5, UNC, 7:18.82; 6, Duke, 7:19.04.

Semifinal 2: 1, Minnesota, 6:46.99; 2, Georgetown, 6:52.80; 3, Mercyhurst, 6:53.72; 4, Rhode Island, 6:57.50; 5, Middlebury, 7:10.44; 6, US Merchant Marine, 7:25.01.

Semifinal 3: 1, Marquette 6:54.69 2, Bucknell 6:58.77 3, Vermont 7:01.08 4, Dayton 7:02.01 5, Penn State 7:15.95 6, Union 7:31.34

Final: 1 - Minnesota 6:40.12 2 - Jacksonville 6:50.28 3 - Western Ontario 6:51.56 4 Marquette 7:00.78 5 Bucknell 7:02.32 6 Georgetown 7:02.74

Women's Varsity Eight: Semifinal 1: 1 Temple 6:50.33 2 Marietta 6:57.78 3 Mercyhurst 6:58.85 4 Coast Guard 7:03.35 5 Rhode Island 7:11.31 6 Washington College 7:12.27

Semifinal 2: 1 Western Ontario 6:52.95 2 Villanova 6:59.05 3 Central Florida 7:07.53 4 Mt. Holyoke 7:15.65 5 Vermont 7:19.94 6 NC State 7:23.94

Semifinal 3: 1 Purdue 6:49.22 2 George Mason 6:59.54 3 Delaware 7:05.60 4 Marist 7:08.93 5 Northwestern 7:12.43 6 Duke 7:13.63

Final: 1 - Western Ontario 6:45.90 2 - Temple 6:51.86 3 - Purdue 6:52.12 4 Villanova 6:52.70 5 George Mason 7:04.21 6 Marietta 7:11.54

Men's Varsity Eight: Semifinal 1: 1 Temple 6:00.77 2 Drexel 6:09.56 3 Wichita State 6:11.98 4 George Mason 6:12.19 5 Binghamton 6:20.96 6 Coast Guard 6:27.71

Semifinal 2: 1 Grand Valley 5:59.88 2 Florida Tech 6:03.28 3 St. Joseph's 6:05.91 4 Purdue 6:05.94 5 Lafayette 6:18.33 6 Army 6:20.73

Final: 1 - Temple 5:59.05 2 - Florida Tech 6:04.83 3 - Grand Valley 6:09.73 4 St. Joseph's 6:16.78 5 Wichita St 6:18.54 6 Drexel 6:20.55

Women's varsity four: Semifinal 1: 1, Fordham, 7:49.87; 2, Minnesota, 7:52.04; 3, Buffalo, 7:58.61; 4, Florida Tech, 8:04.35; 5, Lehigh, 8:19.60; 6, NYU, 8:28.96.

Semifinal 2: 1, Villanova, 7:55.58; 2, Bucknell, 7:59.53; 3, Charleston, 8:08.24; 4, Bowdoin, 8:09.09; 5, Duquesne, 8:11.50; 6, Texas, 8:14.93.

Semifinal 3: 1, Johns Hopkins, 7:55.24; 2, Drexel, 7:56.98; 3, Union, 7:58.71; 4, William and Mary, 8:02.05; 5, Towson St., 8:11.16; 6, UNC-Wilmington, 8:29.52.

Final: 1, Fordham 7:49.74; 2, Johns Hopkins, 7:50.24; 3, Minnesota,



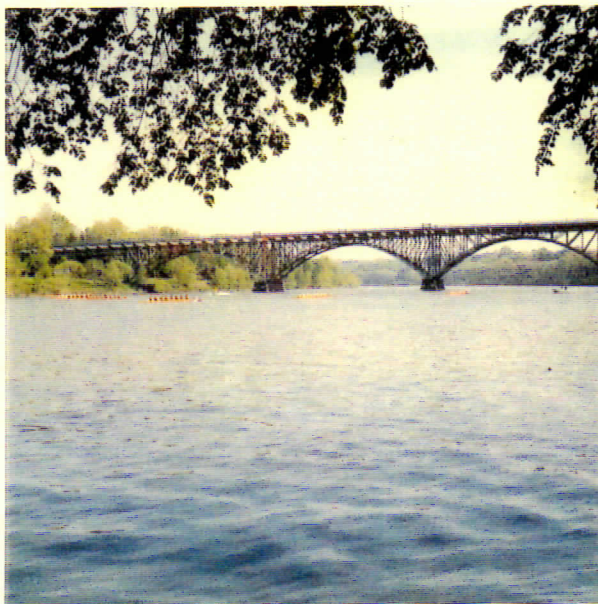




4 man shell
 Anne Nell - Coxswain
 Mark Nell - Stroke
 Mark Nell Sr - #3
 Freshman - #2
 Freshman - #1



Van to carry shells
 Parked at Anne's Home in Mystic CT





Coast Guard Academy Team To Defend Rowing Title

Sixty-five Coast Guard Academy oarsmen were at Patrick this week to train on the Indian River near Melbourne. The Cadets are on their spring leave, and the rowing team will compete tomorrow in the Cypress Gardens Regatta.

The rowing group will be using the crew facilities of the Florida Institute of Technology. The Coast Guard Station in Fort Pierce is providing a coaching boat.

The Academy crew, in its second year, will be defending champions of the Cypress Gardens Regatta. This year 11 oth-

er schools will challenge the Cadets for top honors with the toughest competition expected from the FIT varsity and the Rollins College lightweight eight.

Coast Guard Cadet Crew Captain Mark Noll, an Orlando resident, said of the Florida trip, "We have been rowing in ice, snow, wind and temperatures in the teens. Rowing in Florida will give us the opportunity to train under ideal conditions in a great change of scene.

The cadets will return to the Academy Sunday and will race against Yale University April 8.

The Day 4/3/72 CGA Crew Scores in Florida

NEW LONDON — Coast Guard Academy's rowing team was back home today with a second straight Cypress Gardens championship.

The Cadets won the event for the second year in a row Saturday, beating out a field of six in the final event.

Coach Bill Stowe was well satisfied with the 7:02.6 time posted by the Cadet heavyweight crew in beating runner-up Rollins College by 2.3 seconds or two and a half lengths. The course was 2,000 meters.

Coast Guard started cautiously in the rather rough

water, but opened up in the final 500 meters to win decisively on the Lake Eloise course.

Fred Montaya was coxwain for the heavyweights and members of the crew were Brad Balch, stroke; Mike Wensman, No. 7; Ken Knutson, No. 6; Bill Spitler, No. 5; Capt. Mark Noll, No. 4; Larry Shirley, No. 3; Pug Gutridge, No. 2 and Bill Plage, bow.

Florida Institute of Technology placed third and Morris Harvey College of Illinois and Florida Southern College tied for fourth. Marist College was sixth. ~~Cornell~~ eliminated in the

morning round were The Citadel, Worcester Tech, Jacksonville, Florida Technology Institute, St. Thomas College of Minnesota and University of Tampa.

The Cadet lightweight squad open their regular season this Saturday at Derby in a race against Yale and Boston University.

The Cadet lightweights defeated Florida Institute of Technology by a length Saturday. The Florida unit had beaten Dartmouth, Marietta and Columbia and had lost by half a length to Princeton.

it be to hear how they get all
 distributed to their friends
 somewhat regular trips to
 some of the big boats is
 a thing of the past
 April 1972

CYPRESS GARDENS REPORT ASSESSMENT 13 SEPTEMBER

Coast Guard To Defend Regatta Crown

CYPRESS GARDENS — Thirteen of the nation's top collegiate crew teams will compete today on Lake Eloise in the annual Cypress Gardens Regatta.

Action begins today at 10:30 a.m. with races in varsity, junior varsity, lightweight and freshman competition.

Defending champion Coast Guard Academy is expected to be challenged for rowing supremacy by Florida Institute of Tech-

SILVER AWARDS will be presented to the winners and runnersup in varsity and junior varsity competi-

tion along with silver awards to the winning lightweight and freshman teams. Individual silver cups will go to each member of the winning varsity team.

The Coast Guard Academy, only in its second year of crewing and numbering 50 members, has been guests of FIT for the past

week, using the FIT rowing facilities and some of their shells. Orlandoan Mark Neil is the Coast Guard captain.

FIT's 150-pound crew beat Marietta's lightweight crew two weeks ago, the first loss ever for the Marietta lightweight. Marietta's varsity edged FIT by a half-length in a driving finish after FIT led most of the way.

FIT varsity was this season have come over

Columbia, MIT, Syracuse, Rollins and Alabama. Princeton headed them the only other loss.

THREE OF the five FIT crews are manned by girl coxswains. Last year Beth Hebert led the freshmen to a successful season and this year she is coxswain of the junior varsity crew.

The climax of the year for the small college is the Fall Vell Regatta at Philadelphia May 12-13.

Weekly plan w/o's sat Ede

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SAT OPTIONAL

one weight workout
during week

mon

hang low
at 26

TUES

600 H.S.
@ 30+

WED

6 x 500 meters
@ 32-4

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one wt w/o

Coast Guard Crew Wins At Gardens

CYPRESS GARDENS — Defending champion Coast Guard Academy retained its Cypress Gardens Regatta title Saturday by rowing to a first place win in varsity competition.

However, Melbourne's Florida Institute of Technology captured two divisions—the junior varsity and freshman races—while finishing second in the lightweight race and third in the varsity.

Rollins gave the Coast Guard its most serious challenge, finishing two lengths behind with a 7:04.9 time on the 2,000 meter course on Lake Eloise. The Coast Guard's winning time was 7:02.6.

F L O R I D A S O U T H E R N and Morris-Harvey College of West Virginia tied for fourth in the varsity race. Marist College of New York finished last among the finalists in the six-team field. Seven other varsity teams were eliminated during morning qualifying heats. Rollins and Coast Guard gave an early indication of results when both won their respective heats.

Coast Guard, in its second year of competition, also rowed to the lightweight championship.

Florida Technological University, in its first season of rowing, finished second in the consolation final won by Jacksonville.

Cypress Gardens will also host the state championship on April 15. Rollins, FIT, FTU, Florida Southern, Jacksonville, and Tampa will be competing.



Vacation Victory

U.S. Coast Guard Academy received the winning cup from Cypress Gardens owner, Dick Pope after winning the recent Cypress Gardens Regatta on Lake Eloise, Fla. Twelve varsity crews participated in the event over the 2000 meter

course on Lake Eloise. The Coast Guard crew coached by Bill Stowe, former Olympic rower, won by two seconds over Rollins College of Florida.





Register Photo by Kirby Kennedy

The heavyweight varsities of Coast Guard (left) Yale, and Boston University (right) are shown at the start of their feature race on the Housatonic at Derby Saturday.

April 72

Kent Disqualified In Lightweight Race

Cadets Outrow BU, Yale

DERBY — The Coast Guard Academy's rowing stature grew tall and brawny on the national crew scene here Saturday.

In their initial confrontation with eights from major eastern rowing colleges, the Cadets' heavyweight varsity rowed smoothly and with power to defeat Boston University and Yale in that order.

As darkness fell over the chilled and tossing waters of the Housatonic, the New London sailors who are only in their second season of rowing competition finished nearly one length ahead of Boston University's seasoned eight. Yale was a good length behind BU.

Sharing an afternoon of surprises, the Kent School's fine boatload of varsity heavyweights defeated a heralded Yale 150 lb. varsity by two lengths with the Coast Guard entry far behind — only to be disqualified for cutting inside a buoy where the 2000-meter course bends for home.

Yale was awarded the victory, being timed over the finish line in 6:13.4 to Coast Guard's 6:29.0, but the official outcome didn't fool anyone.

"This is one way I don't want to win races," commented Yale coach Jim Joy afterwards.

"There's no doubt that Kent won the race. They are a very

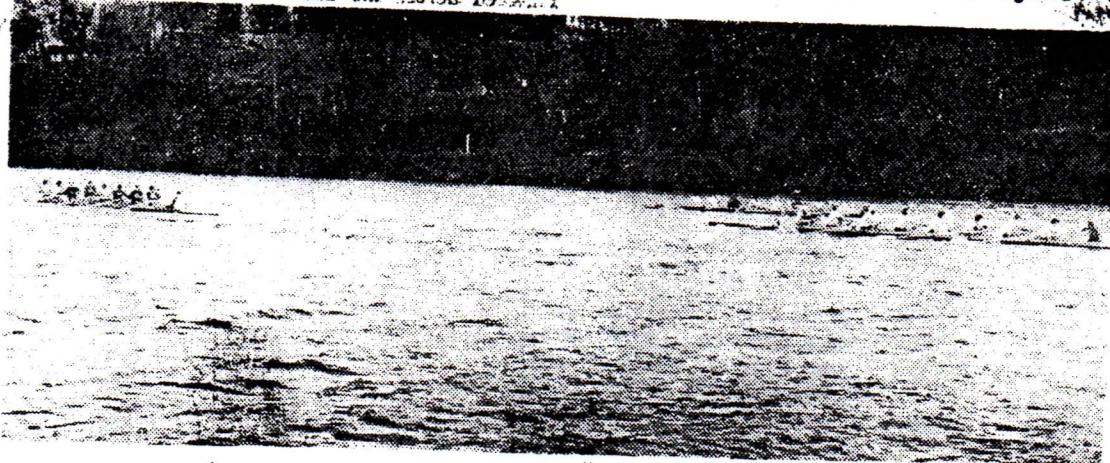
fine crew, particularly when you consider they whipped two college eights."

Joy, who has coached unbeaten lightweight's at Yale in his career, refused to give up on his varsity despite the outcome. "This eight undoubtedly is the best I've ever coached," he said. "They just haven't jelled. But they will."

Hart Perry, coach of the Kent eight, was far from downhearted as he helped load his crews' shells for the trip home.

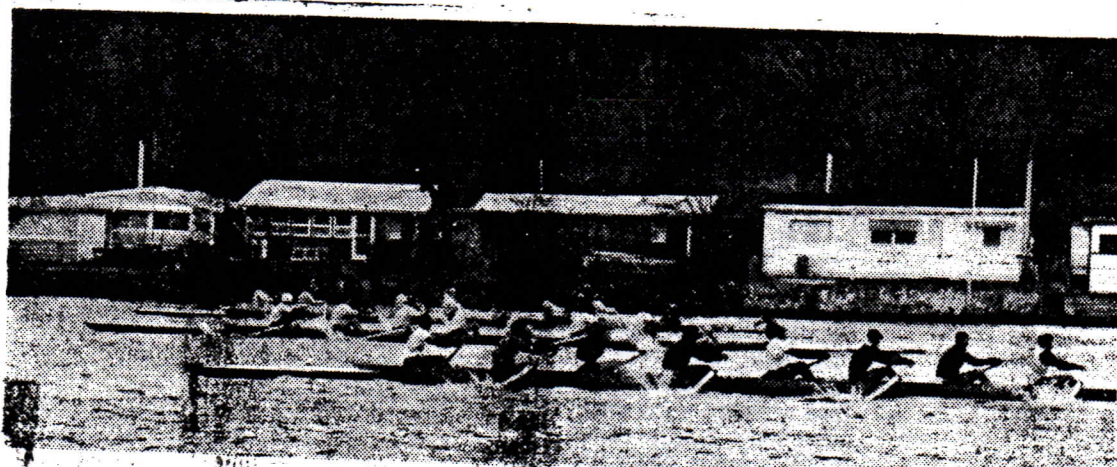
"Sure, we won the race," he grinned. "But we did cut that marker, so we deserved to have the win taken away as far as

See CADETS Page 2C



Register Photo by Kirby Kennedy

At the finish it was the Coast Guard (left) winners over BU (far right) with Yale third. The Cadets had led from start to finish over the 2000-meter course.



Register Photo by Kirby Kennedy

The heavyweight varsities of Coast Guard (left) Yale, and Boston University (right) are shown at the start of their feature race on the Housatonic at Derby Saturday.

April 12

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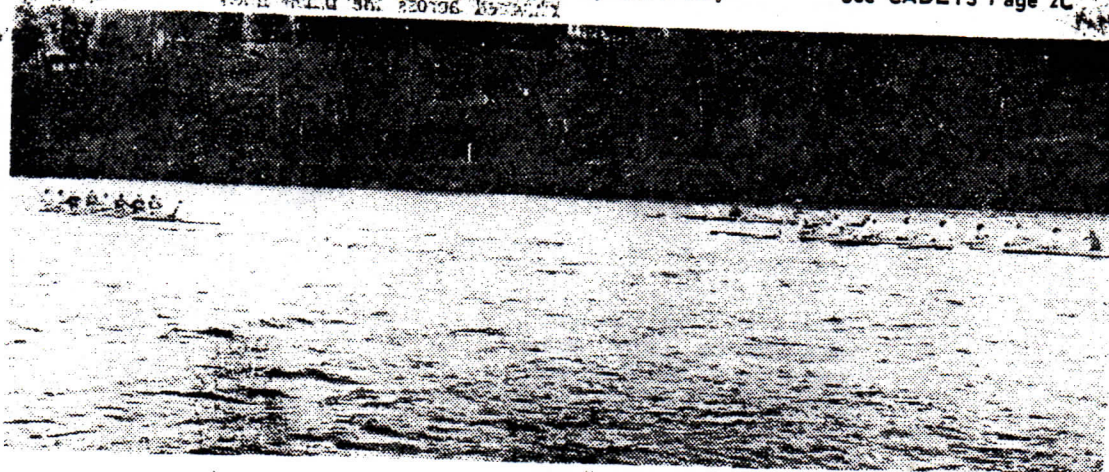
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See CADETS Page 2C



Register Photo by Kirby Kennedy

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Beats B.U., Yale

Coast Guard Registers Upset Crew Win

By ANDY KREIG

DERBY — The Coast Guard Academy crew withstood a powerful late surge of the Boston University Terriers as Yale finished third in a season opening heavyweight shell race on the choppy, bitterly cold Housatonic River Saturday afternoon.

The victory for the Cadets was their first against traditional crew powers during the regular spring season. Before the race coach Bill Stowe described it as an important test of whether the two-year old crew program at the school was ready for the "big time."

Steady Stroke Rate

The Cadets, who enjoyed nearly a length lead over B.U. through the body of the race, did not bring their stroke rate up for a sprint at the end of the race and the Terriers closed to about 20 feet back at the finish line.

The Bulldog eight, with Gary Caldwell of Glastonbury as coxswain, finished one and three-quarters lengths off the pace on the 2,000 meter course.

All three boats started the race at about 42 strokes per minute as a strong tailwind helped push the boats but kept the water choppy and made the near freezing temperature seem even colder.

After the crews settled to a stroke rate of 34 - 35, the Cadets opened a half length lead over Yale at the half way mark with B.U. slightly behind.

Familiar Fade

With 400 meters to go the Terriers pulled ahead of Bulldogs. A Yale crew fading near the end of the race was a familiar sight during the six-face program, a frustrating one for the Blues.

The Terriers, led by Captain Dan Bakinowski of Harwinton, gained on the Cadets with a closing sprint of 39 strokes per minute to the Acads 36 but did not win.

In its boat the Coast Guard had seven veterans of last year's crew which tied with Trinity College as the top small college crew in the Northeast.

"We didn't go against anyone like Yale last year," said Stowe before the race. "We're hoping to get out of the small time and into the big time," he added.

Last fall the Academy demonstrated its prowess by coming in fourth in a field of 18 in the three-mile race of the Charles regatta defeating such traditional powers as Pennsylvania and Cornell.

Saturday's victory was a particularly satisfying one for Stowe. Yale Coach Tony Johnson and Terrier Coach Hugh Foley were teammates of his in 1965 when all three rowed together in Philadelphia's Vesper Boat Club eight which toured Europe and defeated the American collegiate champion boat from Harvard.

Coast Guard Eight Triumphs Over Boston U. and

CADETS HOLD OFF TERRIERS' SURGE

Boston Takes Heavyweight
Races for Second Varsity
and Freshman Crews

Special to The New York Times
DERBY, Conn., April 8—
The Coast Guard Academy, a
newcomer to intercollegiate
rowing, beat Boston University
and Yale today on the cold
waters of the Housatonic Riv-
er in the opening regatta of the
season.

"It was our first bigtime re-
gatta," said Bill Stowe, the
coach who began the crew pro-
gram at the New London col-
lege last year. His crew, led
by Brad Balch, took the
lead in the first 500 meters
of the 2,000-meter course and
stood off a late challenge by
Boston University.

The margin at the finish was
close, a deck length or about
15 feet. The Terriers took their
strike up from 36 to 40 in the
final 500, sweeping ahead of

Yale, which finished one length
back.

The cadet boat was a sea-
soned one with eight of nine
oarsmen returning from last
season. Their response to beat-
ing Yale, which has had a row-
ing program for 120 years, was
an enthusiastic one but Stowe
balked when the cadets threat-
ened to celebrate by throwing
him in the frigid river.

A 10-knot north wind, a tail-
wind for the crews, kicked up
a chop and made for difficult
conditions.

Boston University won the
race for second varsity crews
by less than a second over the
Coast Guard with Yale last.
Among the freshman heavy-

weights the Terriers beat the
Elis by two-tenths of a second.
Coast Guard was far behind
after two oarsmen, the five and
six men, lost their oars in the
heavy going.

In the varsity lightweight
race Yale was the winner after
the Kent School crew, which
had placed first, was disquali-
fied for rowing outside its lane
at the 1,000 meter buoys.

HOW THE CREWS FINISHED
Heavyweight Varsity—1, Coast Guard 5:50.2;
2, Boston U., 5:51.4; 3, Yale, 5:55.1.
Second Varsity—1, Boston U., 6:01.5;
2, Coast Guard, 6:06.2; 3, Yale, 6:06.3.
Freshmen—1, Boston U., 6:11.4; 2, Yale,
6:11.6; 3, Coast Guard, time not known.
Lightweight Varsity—1, Yale 6:12.4; 2, Coast
Guard, 6:29.8. Kent, disqualified.
Second Varsity—1, Yale, 6:23.2; 2, Kent,
6:24.2.
Freshmen—1, Coast Guard, 6:32.8; 2, Yale,
6:34.4.

L+ S 7
Yale in Opening Regatta

CGA Crew Defeats Boston U. and Yale

DERBY — Coast Guard Academy, a small college in only its second year of intercollegiate rowing, scored an impressive victory of "big league" proportions Saturday on the Housatonic River.

Competing against two major college crews, the Academy's heavyweight varsity eight defeated Boston University and Yale in that order. The Cadets won by about a half length over BU while Yale was a length back of the Terriers at the finish of the 2,000-meter race.

Despite chill wind and rough water, the Cadets gave a fine display of smooth oarsmanship, and driving power as they led from start to finish. They were in full command as they took a lead of better than a length at the 1,000-meter mark.

Boston U. and Yale battled for second place in the second half of the race. The Terriers opened the throttle in the last 500 meters and pulled away from Yale. They stepped up their stroke from the middle to the high 30s and gained somewhat on Coast Guard, but the Cadets held them off while rowing two or three points lower as the shells swept to the finish line.

Coast Guard's coach Bill Stowe, the former Cornell oarsman who stroked the Vesper crew to the 1964 Olympic

championship, was highly pleased with the performance of his oarsmen.

"We had been pointing for this race for a long time," said Stowe. "The crew worked hard in preparation for it and the result was very gratifying."

Observers at the Housatonic regatta expressed the thought that Coast Guard has come far along the way to national prominence. In their inaugural campaign last year the Cadets attained a place among the small college leaders through their effort in the Rusty Callow

Regatta and the Dad Vail first 500 meters. They closed to strokes when Coast Guard's final drive nipped the Elis at the finish line by a tenth of a second.

The Cadets will host next Saturday's racing with Wesleyan, LaSalle, Ithaca, New York Maritime and Rhode Island on the Thames River as the Yale yearlings and went on apparent victory for Kent School as nullified by disqualification.

The Kent crew, first over the finish line by about two lengths, was disqualified for cutting on the wrong side of a marker buoy at a curve in the course near the halfway mark. The lightweight junior varsity race, the only one in which Coast Guard did not participate, was won by Yale by a wide margin over Kent School.

Coast Guard had bad luck in the heavyweight freshman contest when the No. 6 man lost his oar due to a broken oarlock while approaching the halfway mark. With the No. 6 oar missing, the Cadet coxswain instructed the No. 5 man to dis-

card his oar to avoid steering complications through lack of balance. The Cadet crew finished with six men rowing, but its time was not taken. Boston U. nipped Yale by two-tenths of a second, a margin of about three feet.

In the heavyweight junior varsity race, Coast Guard took second place behind Boston U., with Yale finishing third. BU, the winner by better than a length, led all the way and Yale held second place until the last few



CGA Crew Seeks Callow Cup

NEW LONDON — The unbeaten Coast Guard Academy varsity heavyweight crew will receive a stern test on the waters of Lake Quinsigamond in the twelfth annual Rusty Callow Cup Regatta Saturday afternoon in Worcester, Mass.

The undefeated oarsmen of Bill Stowe, winners of five straight regattas, will hopefully be one of seven crews competing for the prestigious Callow Cup, symbolic of New England small college rowing supremacy.

Eleven crews have accepted invitations to bid for the coveted Callow Cup but only seven crews will be permitted to answer the starter's call. Since the Lake Quinsigamond course

can only accommodate seven crews at one time, heats will be rowed in the morning to determine the seven entries.

Saturday's champion will come from a rowing assemblage that includes the Coast Guard, Trinity, Clark U., WPI, Amherst, Marist, Holy Cross, Wesleyan, Williams, Assumption, and AIC.

Last year the Cadets finished second to Trinity in the Callow Cup but off this year's rowing form the Cadet sweep swingers appear to be the crew to beat in Saturday's race.

On the strength of last Saturday's impressive six length victory over defending Dad Vail Champion, Georgetown, the Cadets appear to be reaching peak form. Stowe considers Saturday's race to be an excellent preparation for the May 13th Dad Vail Regatta in Philadelphia, Pa.

Admitting that the Cadets have been pointing to the Dad Vail since the beginning of the season, Stowe isn't taking Saturday's regatta too lightly. Confident that the Cadets will prevail Saturday, Stowe does anticipate Trinity to "supply some stiff opposition in defense of last year's championship."

The Coast Guard varsity lightweights, junior varsity heavyweights, junior varsity lightweights, and freshman heavyweights also will be competing in their respective divisions on Saturday.

Cadet Crewmen Aim For Final Seven

NEW LONDON — The Coast Guard Academy heavyweight crew is hoping for "eleven-come-seven" Saturday in the 12th annual Rusty Galow Cup Regatta in Worcester, Mass.

The undefeated oarsmen of Bill Stowe, winners of five straight regattas, hope to be one of seven crews competing for the Callow Cup, symbolic of New England small college rowing supremacy.

Eleven crews have accepted invitations to vie for the cup, but only seven crews will be permitted to answer the starter's call. Since the Lake Quinisigamond course can only accommodate seven crews at one time, heats will be rowed in the morning to determine the seven entrants.

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The Coast Guard varsity lightweight, junior varsity heavyweight, junior varsity lightweight, and freshman heavyweight also will be competing in their respective divisions on Saturday.

CGA Crew Wins N.E. Title

By JOHN DEGANGE

WORCESTER, MASS. — Coast Guard Academy's heavy-weight varsity crew won the New England small college championship Saturday in the Rusty Callow Regatta at Lake Quinsigamond.

The Cadets' victory gave them added momentum for their next effort on the coming weekend when they go to Philadelphia to try for the Dad Vail trophy in competition with the elite among small college crews in the Eastern states.

The Cadets, who started their intercollegiate rowing program only last year, won the New England title with one of the outstanding performances in the 12-year history of the Rusty Callow trophy race. Leading all the way, they finished about four and a quarter lengths ahead of second-place Trinity, the defending champion, in the title contest over the 2,000-meter distance. Earlier in the day the Cadets won their qualifying heat by a similar margin over Wesleyan. Trinity was the winner in the other qualifying heat.

The unbeaten Cadets have prevailed over 21 opponents in six regattas on consecutive weekends and have established a home state dominance with victories over three Connecticut rivals—Yale, Trinity and Wesleyan.

Besides the heavyweight varsity contest, at Lake Quinsigamond, the Cadets also won the heavyweight junior varsity and lightweight varsity races and finished second in the heavyweight freshman event.

In the heavyweight trophy race, Coast Guard jumped right off at the start and had open water on Trinity and

Worcester Polytech at 500 meters. The Cadets gradually increased their margin while Trinity moved out on Worcester for second place at about 1,500 meters.

With gliding power against a headwind, the Cadets rowed the body of the race at 32 and lifted the stroke to 36 at the finish.

The Cadets were clocked in 7 minutes and 7 seconds, with a margin of 17 seconds over Trinity. Worcester, Wesleyan, Amherst, and Holy Cross followed in that order.

In the most exciting race of the day, the Coast Guard heavyweight jayvees won by a margin of one second, or a quarter of a length, over Trinity.

The Cadet lightweights had an easier time as they won their event by about four lengths over second place Marist.

In the freshman race, Marist was the winner by about a length over the Coast Guard yearlings.

Coast Guard did not have an entry in the varsity fours event, which was won by Lowell Tech.

Coach Bill Stowe said the victory of this Coast Guard varsity heavies augurs well for their chances in the Dad Vail regatta Friday and Saturday on the Schuylkill River. He said the Cadet crew has applied for entry in the June 1-2-3 regatta of the Intercollegiate Rowing Association (IRA) at Syracuse, adding that success in the Dad Vail event would enhance Coast Guard's prospects for admittance to the IRA, the closest thing to a national collegiate

rowing championship test.

The Cadet crew, which has been rowing as a settled unit all season, is boated as follows: Bill Plage, bow; Pug Gutridge, Larry Shirley, Mark Noll (captain), Bill Spittler, Ken Knutson, Mike Wensman, Brad Balch, stroke; Fred Montoya, coxswain.

Stowe announced over the weekend that Coast Guard has scheduled a race May 20 with the University of Wisconsin at Lake Mendota. Purdue is a probable third entry.

Summary:

Heavyweight varsity (first heat) — 1. Coast Guard (6:36); 2. Wesleyan (6:53); 3. Holy Cross (6:45.8); 4. Marist (6:57.8); 5. Williams (7:14); 6. Assumption (7:25).

Heavyweight varsity (second heat) — 1. Trinity (7:05); 2. Worcester Tech (7:13.6); 3. Amherst (7:22); 4. Clark (7:44); 5. American International (7:55).

Heavyweight varsity (final) — 1. Coast Guard (7:07); 2. Trinity (7:24); 3. Worcester Tech (7:30.5); 4. Wesleyan (7:44.5); 5. Amherst (7:49.3); 6. Holy Cross (7:54.3).

Heavyweight varsity (consolation) — 1. Marist (7:23); 2. Williams (7:37); 3. American International (7:49); 4. Assumption (7:53); 5. Clark (8:05).

Heavyweight Junior Varsity — 1. Coast Guard (7:16); 2. Trinity (7:17); 3. Holy Cross (7:29); 4. Amherst (8:04); 5. Worcester Tech (8:23.5); 6. Assumption (8:31.5).

Heavyweight Freshman — 1. Marist (7:13); 2. Coast Guard

(7:17.5); 3. Trinity (7:28.3); 4. Holy Cross (7:30.7); 5. Amherst (7:30.8); 6. Wesleyan (7:36.8); 7. Worcester Tech (7:46.8).

Lightweight Varsity — 1. Coast Guard (7:15); 2. Marist (7:31); 3. Worcester Tech (7:33); 4. Wesleyan (7:41); 5. UMass (7:51); 6. Williams (7:51.5).

Varsity Fours — 1. Lowell Tech (8:03); 2. Marist (8:40); 3. Trinity "A" (8:47); 4. Trinity "B" (8:55); 5. Worcester State (9:10); 6. Holy Cross (9:20); 7. Amherst (9:40).

Hartford, Conn., May 7, 1972

Coast Guard Boat Cops Rusty Callow

Special to The Times

WORCESTER, Mass. — Crews representing the Coast Guard Academy ended Trinity's two year reign as team champion of the Rusty Callow Regatta yesterday as the Cadets won two of three heavyweight races plus the lightweight title on gusty Lake Quinsigamond.

Coast Guard's varsity heavyweights scored a

convincing win over the Bantams in their final heat, while the Cadet jayvees nipped Trinity by one second. A win in the varsity lightweight competition completed the Coast Guard blitz.

Other victors in the day-long competition were the Marist freshmen, who rowed to a 4.5 second win over Coast Guard in their final heat, and Lowell Tech, which captured the open fours race.

The unbeaten Coast Guard heavyweights were in command all the way, moving out to a two length lead after 500 meters and posting a time of 7:07 over the 2,000 meter course, 17 seconds better than the runner-up Trinity boat. WPI finished third, followed by Wesleyan, Amherst, and Holy Cross.

The junior varsity finals proved to be the closest race of the day as Coast Guard held off a closing sprint by the Bantams for a one second win. The Cadets' were timed in 7:16.

Marist stopped the Cadets from a heavyweight sweep as the school's freshmen outdistanced Coast Guard by 4.5 seconds with a time of 7:13.

Varsity Heavyweight

1. Coast Guard 7:07
2. Trinity 7:24
3. WPI 7:30.5
4. Wesleyan 7:44
5. Amherst 7:49
6. Holy Cross 7:54.3

Junior Varsity Heavyweight

1. Coast Guard 7:16
2. Trinity 7:17
3. Holy Cross 7:29
4. Amherst 8:04
5. Worcester Tech 8:23.5
6. Assumption 8:31.5

Freshman Heavyweight

1. Marist 7:13
2. Coast Guard 7:17.5
3. Trinity 7:28.3
4. Holy Cross 7:40.7
5. Amherst 7:40.8
6. Wesleyan 7:45.8
7. WPI 7:56.8

Varsity Lightweight

1. Coast Guard 7:15
2. Marist 7:31
3. WPI 7:33
4. Wesleyan 7:41
5. UMass 7:51

Open race for fours

1. Lowell Tech 8:03
2. Marist 8:40
3. Trinity Heavyweight frosh 8:47
4. Trinity Lightweight frosh 8:55
5. Worcester State College 9:10
6. Holy Cross 9:20
7. Amherst 9:40

Cadets Win Rusty Callow Trophy

(Continued)

By ANDREW KREIG

WORCESTER, Mass. — Coast Guard's varsity breezed to a four-length victory over Trinity, the defending champion, Saturday afternoon as the Cadets won the Rusty Callow Trophy, considered to be the New England small college rowing championship.

On other schools sought the varsity crown and a total of nearly 300 oarsmen and coxswains competed during the day-long schedule of races under sunny skies on Lake Quinsigamond.

Coast Guard's newly-created rowing program proved to be the class of the field.

The Cadets won three of four races they entered, finishing second to Marist in the other event, the freshman encounter.

Both Trinity and Coast Guard easily won their morning qualifying heats, and advanced to the six-boat varsity finals along with runner-ups Wesleyan and Worcester Polytech, and Marist and Holy Cross.

In the first 30 strokes of the final the Cadets established a slight lead over Trinity, with the rest of the group falling back.

(Continued)

sure on us next week," he said. In other races on the lake, a Marist College freshman crew bolstered by the high school rowing experience of a majority of its members beat Coast Guard by more than a length, with Trinity third.

The Cadets, despite their low rate of 30 to 31 strokes per minute through most of the race, nearly pulled even to Marist with a sprint near the finish, but the New York school countered with their own sprint, and pulled away.

The most exciting race of the day was the Jayvee heavyweight event which Coast Guard narrowly won despite a tremendous finishing sprint by the Bantams who nearly made up a length deficit in the last 200 meters.

Coast Guard easily defeated second-place Marist in the lightweight event, and Lowell Tech won the four-oared contest. All the races were against a headwind.

Times
First morning qualifying heat for varsities: Coast Guard: 6:36, Wesleyan: 6:53, Williams: 7:14, and Assumption: 7:15. W.P.L.: 7:13.5. Amherst: 7:22. Varsity finals: Coast Guard: 5:57, Trinity: 7:24, W.P.L.: 7:30.5, Wesleyan: 7:44.5, Amherst: 7:49 and Holy Cross: 7:55. Varsity consolation: Marist: 7:23, Williams: 7:37, A.I.C.: 7:49, Assumption: 7:53, and Clark: 8:05.
Freshmen: Marist: 7:13, Coast Guard: 7:17.5, Trinity: 7:28, Holy Cross: 7:40.7, Amherst: 7:40.8, Wesleyan: 7:46.8, and W.P.L.: 7:56.8. Four-oared: Lowell Tech: 8:03, Marist: 8:40, Trinity 'A' crew: 8:47, Trinity 'B' crew: 8:55, Worcester State: 9:10, Holy Cross: 9:20, and Amherst: 9:40.
Lightweight: Coast Guard: 7:15, Marist: 7:31, W.P.L.: 7:33, Wesleyan: 7:41, Williams: 7:56 and Trinity: 8:04.

for varsity heavyweights: Coast Guard: 7:16, Trinity: 7:17, Holy Cross: 7:20, Amherst: 8:04, W.P.L.: 8:23, and Assumption: 8:31.5.

Continued

At the half-way mark of the 2,000-meter course, the Academy had a two-length lead which they gradually built upon until the race's end.

Worcester Polytech was nearly two lengths back of Trinity's Bantams, and a Wesleyan crew which lost to Amherst just last week evened that score by finishing more than a length ahead of the Lord Jeffs.

Trinity has won the championship for two of the past three years.

Last spring the Cadets, with a rowing program and practice sessions dating back only three months, finished second to the Bantams.

Trinity has five veterans returning from last year's eight.

Academy Coach Bill Stowe feels Saturday's win establishes his undefeated crew as the favorite for next week's Dad Vail Regatta, the national small college championships. Marietta, another top entry, defeated beat Trinity by a length early in the season.

Stowe wants his crew admitted to the Intercollegiate Rowing Association Regatta (IRA) at Syracuse in early June.

The IRA is often called the major college national championship, although Harvard and Yale are never entered.

Stowe, who stroked a Cornell crew to victory in the event in 1962, said the major schools claim there isn't enough room for Coast Guard unless the Cadets win the Dad Vail in Philadelphia. "This puts extra pres-

Cont. 2

Take Rusty Callow Regatta

By TOM PALERMINO
Telegraph Correspondent

Coast Guard Academy's powerful crew won three races and captured the 12th annual Rusty Callow Regatta on Lake Quinsigamond yesterday.

The Cadets, only in their second year of rowing, dethroned defending champion Trinity College in the varsity heavyweight final. Coast Guard pulled out to three-length lead at the half-way point and then continued its powerful 33 stroke pace to finish five lengths ahead of Trinity.

Trinity, at 33, and third-place Worcester Polytechnic Institute, at 38, rowed higher than the Cadets but the powerful Academy men managed to in-

creased their lead and finished in the fine time of 7:07 against a headwind.

Coast Guard's other wins came in the varsity lightweight race and the JV. heavyweight. In the lightweight race the Cadets overpowered runner-up Marist College by four lengths. Tech finished third, one-half length behind Marist.

Exciting Race

The JV. heavyweight was the most exciting race as Coast Guard nipped Trinity by a quarter of a length. It was a three-boat race at the start with Holy Cross keeping pace. However, Coast Guard, stroking 26, and Trinity pulled away from the Crusaders at the 1,500-meter mark. The Cadets were timed

7:16 for the 2,000-meter course. Trinity finished in 7:17 and Holy Cross in 7:29.

In other races, Marist College won the Freshman heavyweight division, ending Trinity's eight-year domination. Marist had to battle Coast Guard all the way, however. Rowing at 35, Marist overtook the Cadets five lengths from the finish and won with a time of 7:13. Coast Guard finished in 7:17.5, followed by Trinity in 7:22.3.

Lowell Tech breezed to a nine-length victory in the four-oared final. Tech registered the most convincing win of the windy day with a clocking of 8:03, besting Marist by 37 seconds. Worcester state was fifth and Holy Cross sixth.

Coast Guard coach Bill Stowe was very happy with his team's performance, commenting, "It was a good regatta for us. It's always good to beat Trinity because they're our arch-rivals."

Coming up next for Coast Guard is the Dad Vail Regatta, the small college crew championship, in which the Cadets finished second last year. "We'll have to be big favorites

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Joining Coast Guard at the Dad Vail Regatta next week in Philadelphia will be WPI, Amherst and Holy Cross.

Saturday, Lake Quinsigamond will be the site of the Eastern Sprints.

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Harvard Lights Win Cup Again

CAMBRIDGE, Mass. (AP) — Onk River in 7:19, bucking 15 mph head winds all the way. Harvard University's lightweight crew defeated Yale and Princeton yesterday to win the Goldswait Cup for the 15th year in a row.

Harvard finished the Charles River race in 6:02, followed by Princeton, 6:10.5, and Yale, 6:22.

The race completed the Harvard heavyweight's eighth season in a row without a defeat.

Brown Wins Again

PROVIDENCE (AP)

Brown swept the Robert S. Holman Cup regatta for the fourth straight year yesterday, defeating Saint Symeon by three lengths.

This was the fourth running of the event born of the U.S. Navy School.

Brown covered the 2,000-meter

Huskies Unbeaten

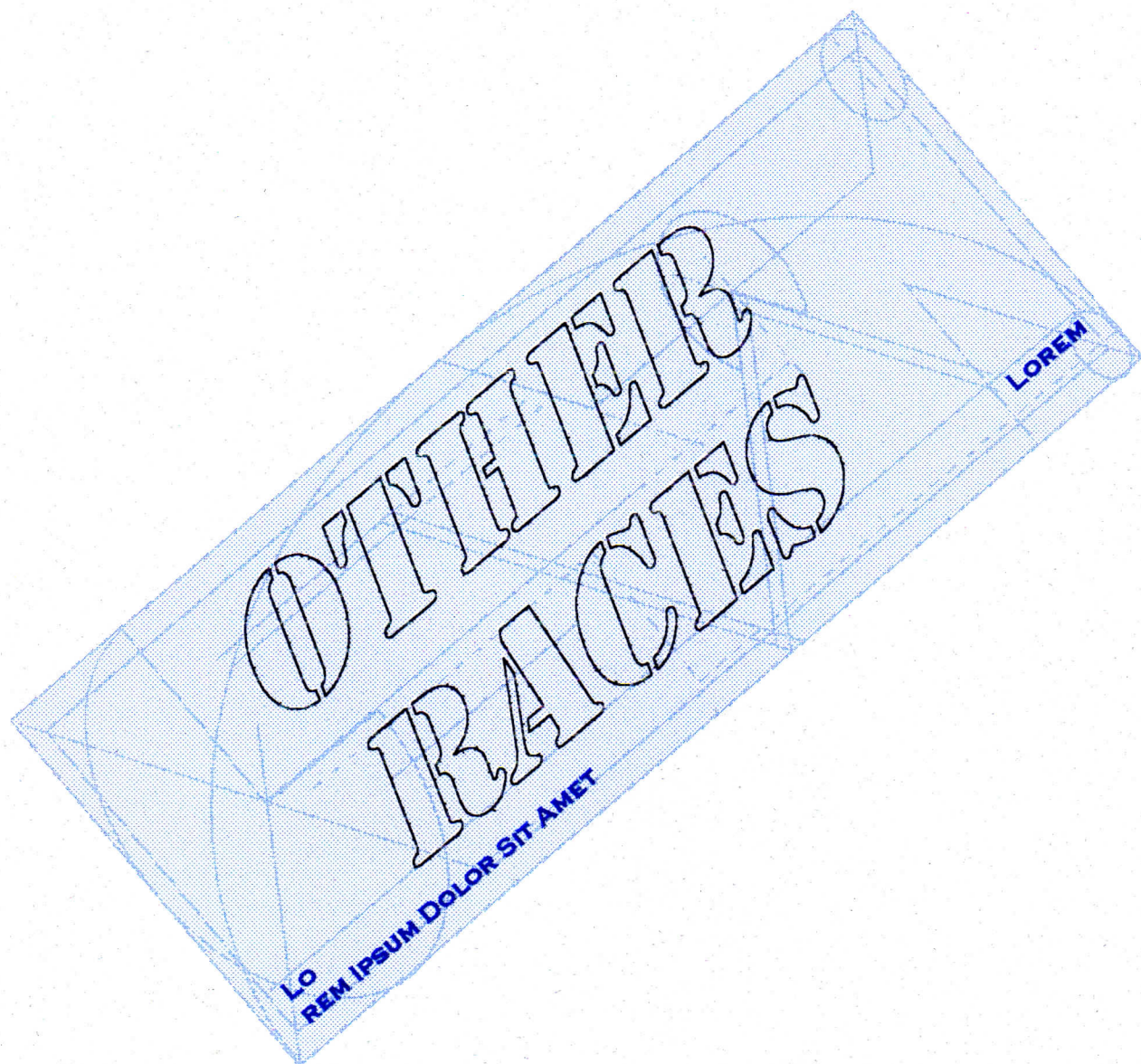
BOSTON (AP) — Northeastern University's heavyweight crew remained undefeated yesterday, beating Boston University and the University of Massachusetts over a 2,000-meter course on the Charles River.

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Coast Guard's Veterans Key To Rowing Success

NEW LONDON — With seven veterans returning to the varsity heavyweight shell, coach Bill Stowe has sufficient cause to be excited about the Coast Guard Academy's chance in eastern rowing circles this spring. On the basis of last fall's third place finish in the Head of the Charles Regatta, the Cadet oarsmen loom as front-running contenders for small college honors. With their "impressive showing in that prestigious

race, Stowe's "stalwarts" also enhanced their image as a serious challenger against major powers in the East.

Key personnel in the heavyweight shell are Captain Mark Noll, stroke Brad Balch, and coxwain Freddy Montoya.

In evaluating the varsity lightweight crew, Stowe believes the Cadets will make a strong bid for the small college championship, with the exception of the three oarsmen, the entire crew returns from a unit that finished second in the Dad Tail Regatta.

Still Developing

According to Stowe the JV heavyweights are "still in the developing stages, but in time could be as strong as the varsity is in their division." Stowe assesses the JV lightweight crew as "green and inexperienced," but has high hopes for the freshman heavyweight crew which possesses "great size and potential."

In retrospect, it appears that the Cadets will be making waves on the Thames River this season with new boats, new equipment, and a bevy of talent. Hopefully the Cadets didn't get off on the wrong foot, or rather the wrong leg when frosh rowing coach Ltjg. Bill Longa sustained a broken leg in a skiing mishap at the outset of winter practice. Replacing Longa during his absence is Ltjg. Andy Gustavson.



COAST GUARD ACADEMY rowing coach Bill Stowe, right, and heavyweight crew captain Mark Noll hold the Dad Vail Regatta trophy, won by the Cadets this spring. Stowe will be helping ABC report the Olympic rowing events from Munich.

CGd Coach to Aid Network at Munich

NEW LONDON, Conn. — Bill Stowe, who coached the Coast Guard Academy crew to a national small college championship this year, has been picked to serve on ABC's staff of analysts for the summer Olympics in Munich, Germany.

A former Olympic rowing gold medalist, Stowe held a similar position for ABC's broadcasts of

the 1968 Olympics in Mexico City.

He stroked two national championship eights at Cornell University before leading the Vesper Boat Club of Philadelphia to an upset victory in the 1964 Olympics in Tokyo.

He won national titles and competed abroad until becoming a rowing coach in 1967.

HE HAD RESIGNED from Columbia when he was chosen to start the crew program here in the fall of 1970.

In just 18 months, he coached the Cadets to the small college title with a victory in the Dad Vail Regatta in Philadelphia and to triumphs over some of the major U.S. rowing powers.

The Cadets were ninth in the nation over-all in only their second competitive season.

In preparation for his assignment with ABC, Stowe researched the U.S. rowing team during the Olympic training camp at Hanover, N.H., and was to attend the U.S. small boat trials this month.

Before the first race in Munich, he also will travel to Holland, Italy, England, Switzerland and Germany to gather information for his commentary on the Olympic rowing events.

THE NEW YORK TIMES, THURSDAY, MAY 4, 1972

Adams Cup Victory Would Put Harvard on Top

By WILLIAM N. WALLACE
Harvard, which inexplicably lost two crew races last season, can paddle back to the pinnacle of the sport again on Saturday in the Adams Cup race at Philadelphia. The Crimson will take on powerful Pennsylvania and swift Navy, and all three are undefeated this spring.

Three years ago Harvard had its streak of 34 intercollegiate victories dating to 1963 broken when Joe Burk's last Penn crew won the Adams Cup. The Quakers won the cup again the next year while Navy came through last spring at Annapolis in a race that also matched three unbeaten teams.

Harvard and Penn have two races left in this spring while

Navy has three. Ted Nash, the Penn coach, defers to Harvard. At the weekly crew luncheon here yesterday, he said, "They've got a great looking crew. They were really flying." Nash had watched Harvard demolish Massachusetts Institute of Technology and Princeton in Boston last Saturday morning.

Nash said, "To have a chance on Saturday, I figure we'll have to improve by seven seconds this week." Speaking by telephone from Cambridge, Harry Parker of Harvard described his eight as "a very good one," a rare comment for the restrained coach. He said his oarsmen were fit, having worked very hard on water and on shore in the rig-

orous workouts for which the coach is famous.

The Crimson beat Brown by two lengths, M.I.T. by over two and Princeton by over four. The Tigers have also lost to Navy, by two lengths, and to Penn, by half a length. But Pete Sparhawk, the Princeton coach, says his crew is a poor yardstick for the Adams Cup "because we've been so inconsistent in our races."

Sparhawk did not make prediction, but he said, "Harvard obviously has quite a crew."

Navy, which beat Harvard twice last spring in the Adams Cup and the Eastern sprint, became somewhat unglued in the final 500 meters against Cornell. The shipmen are

good, although their outstanding stroke, Charles Munns, will be experiencing for the first time the Schuylkill River course with its bridge abutments and confusing angles.

The Coast Guard Academy, unbeaten in five races, is favored in the New England championships at Worcester, Mass., over Trinity, the defending champion, and nine other

CGA to Name Racing Shell for John DeGange

NEW LONDON — John J. DeGange, retired sports editor of The Day, will be honored March 17 for his more than 40 years of contributions to intercollegiate rowing.

The Coast Guard Academy, which is introducing crew to its intercollegiate program this spring, will name one of its four new 61-foot racing shells the John J. DeGange.

DeGange, who retired last month after 45 years as sports editor of The Day, covered the Yale-Harvard regatta annually. He is regarded as an authority on the subject of intercollegiate rowing.

Mrs. DeGange will christen the shell in a ceremony at 4:30 p.m. at the Yale University Boathouse in Gales Ferry, a place her husband visited daily during the training period of the crews.

Fred Emerson, director of the Blood Street Sculls of Lyme and the man largely responsible for the introduction of crew at the CGA, will be one of the speakers at the ceremony. Capt. Otto Graham, director of athletics at the Academy, will be another.

Coast Guard will launch its crew program on the Thames River April 3 in conjunction with New York Maritime Merchant Marine Academy.

CG Crewmen Hosting 1st Meet

NEW LONDON — Fresh from a Florida victory in their first varsity meet ever, the Coast Guard Academy Cadet crewmen will host their first Thames River race at 3 p.m. Saturday. Eight oared shells from Merchant Marine Academy at Kings Point and the New York Maritime College will oppose the Cadet crews.

Lightweight boats will open the competition at 3 p.m., followed by the JV heavyweights at 3:30 and the varsity heavyweights at 4 p.m.

The varsity heavyweights won

their first match last Friday in a five-team meet at Coral Gables, Fla. The other Coast Guard teams finished second.

The races will cover the olympic distance of 2000 meters from Cow Point to the finish line at the Yale University Boathouse at Gales Ferry. The course will run northward on the east side of the Thames. The race will be run at flood tide.

Crewmen on the varsity heavyweight team, coached by former Columbia coach Bill Stowe, are Bill Spitzer, Pug Gutridge, Mike Wensman, Brad

Balch, Pete Yebeau, Ken Knutson, Eric Meslin and Fred Montoya.

Junior varsity rowers are Bill Wissman, Mike Krystkiewicz, Bill Braceland, Mark Noll, Larry Shirley, Bob Flynn, Paul Barger, Tony Gutierrez and Hank Blaney.

Lightweight crewmen are Greg Kelley, Marty Eger, Bo Josephson, Woody Collins, Ed Murphy, Brad Niesen, Gary Anderson, Pete Dolan and Bill Witmeyer.

CGA Varsity Crew Stays Unbeaten

WEST BROOKFIELD, Mass. — Coast Guard Academy's heavyweight crews swept to victory in four races Saturday on placid Lake Wickaboag, leaving St. Joseph's of Philadelphia and University of Massachusetts far behind.

The Cadets won the heavyweight varsity, junior varsity and two freshman races.

The unbeaten varsity (4-0) beat St. Joseph's by two and a half lengths with UMass third, a half second behind the Hawks. The Cadets were never behind, but didn't break clearly away until after 800 meters of the race. Coast Guard rowed the body of the race at 32 strokes, but sprinted across the finish line at 35.

Freshman Coach Lt. (j.g.) John Long saw his charges come through with a two length

victory. The Frosh are now 2-2 and appear ready for a big effort in the Dad Vail Regatta in three weeks.

The second heavyweight varsity boat rallied down the home stretch for a deck length victory as Coxswain Rusty Sprouse called for a 37 stroke. The Cadet second frosh crew scored a 10-foot victory in the opening race of the day.

Coast Guard faces a real challenge this Saturday when it travels to Washington, D.C., to take on defending Dad Vail champion Georgetown University. Victory in this confrontation will put the Cadets in good shape for the small college championships May 12-13.

Coast Guard's varsity time Saturday was 6:15.5, almost 11 seconds better than the St. Joseph's clocking of 6:26.4. UMass was timed in 6:26.9.

Cadet Rowers Score Sweep

WEST BROOKFIELD, Mass. — The Coast Guard crew rowed to its fourth straight victory in a thus-far unbeaten season Saturday, beating St. Joseph's of Philadelphia and the University of Massachusetts. The Cadets finished in 6:15.5 to 6:26.4 for St. Joe's and 6:26.9 for Massachusetts.

Coast Guard made it a sweep, taking the junior varsity, freshman and second freshman races as well.

The Jayvee winners rowed the course in 6:31.9. St. Joseph's finished in 6:32.9 and UMass in 6:33.5. The freshman Cadets did a winning 6:35.6 to 6:42.9 for UMass and the second freshmen won in 6:54.8 to 6:55.5 for St. Joseph's.

Coast Guard will row Dad Vail Regatta champion Georgetown next week.

Errors Peak

NEW YORK — Nap Lajoie's mark of five errors in a major league game still stands.

TRANSMISSION

New London Day May 1, 1972 Cadets Sweep Georgetown

WASHINGTON, D.C. — The Coast Guard Academy crew prepared for upcoming championship competition by sweeping all five races Saturday from Georgetown University on the Potomac River.

Coast Guard will compete Saturday in the Rusty Callow Regatta in Worcester, Mass., and will travel to the National Small College Championships at the Dad Vail Regatta in Philadelphia the following week.

Georgetown, the defending Dad Vail champion, did not give the Cadets difficulty this week.

The Cadet varsity heavyweights won by six lengths in 5:55.2. The varsity lightweights came through with a three-quarter length triumph in 6:11.4.

The junior varsity heavyweights won a six-length victory over Georgetown in 6:23.6. The upset of the day came when the Cadets' jayvee lightweights pulled off a half-length victory in 6:49.5.

The CGA freshman heavyweights also won by three and a half lengths, in the time of 6:21.5.

CGA Crew Faces Tough Test

NEW LONDON—Coast Guard Academy's rookie crew is preparing this week for a rugged challenge Saturday afternoon when the Cadets will meet varsity teams from Wesleyan, the University of Massachusetts and the graduate school crew from M.I.T. on the Connecticut River in Middletown.

All three opponents are experienced boatmen and may have an edge on the Cadets. Wesleyan has already beaten Trinity this spring, Massachusetts was strong in fall competition and the M.I.T. grads will include former oarsmen from M.I.T., Wisconsin and the Ivy League powers.

Coast Guard Coach Bill Stowe will alter his lineups Saturday to strengthen the junior varsity and lightweight and Joe Ahern, a 6-3 fourth classman, will be at the seven position. They will replace Tony Gutierrez who will move to the lightweight crew and Pug Gutridge, who is out with an infected hand.

Stowe is pleased with the team's progress but expects rough competition Saturday. "Our crew is getting technically better and applying strength more effectively all the time," he explained, "but our lack of experience could spell the differ-

ence Saturday."

Races will start at 2 p.m. and run at 30-minute intervals. A new Wesleyan Boathouse will be dedicated at 1 p.m. in honor of

Fred Emerson of Lyme who has been a long time supporter of rowing and who helped initiate the Coast Guard program this year.

8-OARED SHELL UP IN RE-ROW OF

Coast Guard Academy to Beat N.Y.A.C. in 30

The United States Coast Guard Academy made rowing history of a sort yesterday in the Elite eight-oared crew race during the Metropolitan championships on the Orchard Beach Lagoon. The Cadets boat overturned in the third attempt to complete the race.

Michael Lantz, the referee had ordered the race re-rowed after the New York Athletic Club's rudder jammed in the first 100 meters.

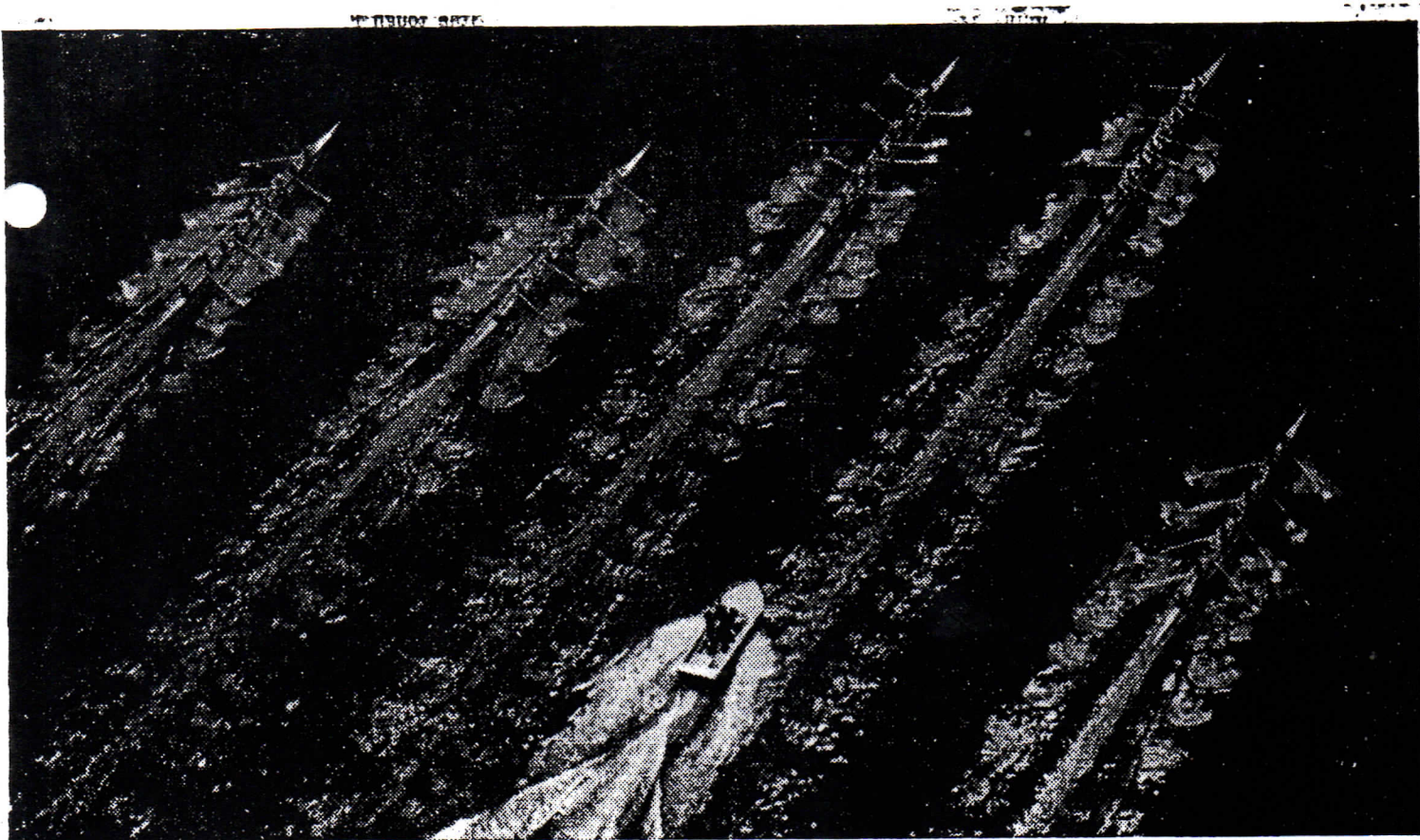
After the second start the Coast Guard Academy was leading the New York A.C. by one length at 1,400 meters when the stroke oar, pug Gutridge, caught a crab and the crew stopped. The New York A.C. finished the race in 6 minutes 49 seconds.

Coach Bill Stowe of the Coast Guard, however, asked for another re-row and the New York A.C. agreed to row from the 500-meter mark to the finish.

After 250 meters, with the New York A.C. leading by 15 feet, the cadet crew again "crabbed" with the starboard side missing water and the entire boat turned over. It was the first time in memory of older rowing experts that an eight-oared shell was upset during a race.

Jini Dietz of the New York A.C., who rowed in No. 6, defeated his teammate, Dr. Larry Klecatzky by a half-length in the Elite quarter-mile singles dash.

He and Klecatzky won the Elite doubles by three lengths over Jody Trinsey and Richard Stehlik of the Malta Boat Club of Philadelphia.



Pennsylvania, followed by officials boat, pulls out in front in the first heavyweight varsity heat of the EARC Sprints Saturday. Other boats, from left, are Yale, Princeton, Harvard and Boston University.

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Virginia Repeats As SIRA Champion

by Andre Brousseau



University of Virginia varsity eight in successful defense of SIRA Championship.

The University of Virginia, under head coach Panos Eliades, defeated ten other southern crews to capture the Fifth Annual Southern Intercollegiate Rowing Association Regatta on April 21 and 22. The Regatta was held on Stone Mountain Lake situated in Stone Mountain Park just outside of Atlanta, Ga.

Virginia covered the 1800 meter course in a fast 5:28.7, followed closely by Florida's always powerful Rollins College in 5:32.7. Florida Institute of Technology and Tampa University followed in the four boat final. In winning, Virginia thus notched a second leg on the U.T. Bradley Varsity Eight Trophy as they also captured last year's Fourth SIRA Regatta.

Virginia won a place in the semi-finals by winning its first preliminary heat in 5:38.9 over FIT and Tampa. Rollins beat the Citadel, Jacksonville University and Virginia Commonwealth in its preliminary heat to earn a berth in the semis. In the third qualifying heat, Florida Southern overcame East Carolina, North Carolina and Alabama to move up. Following a repechage, which reduced the 11 boat field to seven, Virginia and Rollins moved into the finals by beating Jacksonville, while FIT and Tampa moved up after both East Carolina and Florida Southern were disqualified.

JV Race - A Copy of Varsity Tilt

In a preview of the varsity final, Virginia also captured the junior varsity race over another Rollins crew by almost the same margin of victory. Virginia navigated the course in 5:39.1 to beat Rollins by three seconds with a time of 5:42.1. Jacksonville and the Citadel finished in that order to complete the field for the j.v. race.

To gain a slot in the junior varsity finals, Virginia won its preliminary heat in 6:22.4. The Citadel came in second to advance to the finals while FIT was disqualified. In the other qualifying heat, Rollins came in first in a time of 6:08.0. The second place spot was crowded as both Jack-

sonville and Florida Southern ended in a dead heat. East Carolina brought up the rear to finish the field. In a special run-off race, Jacksonville beat Southern to move into the finals.

FIT Wins Lightweight and Freshman Events

Florida Institute of Technology, coached by Bill Jurgens, dominated the lightweight and freshman races. FIT won the lightweight final by two lengths in a time of 5:36.4. Alabama finished second in 5:44.4 followed by Virginia in 5:53.4.

In the freshman race, FIT captured the newly initiated Jim Anderson Trophy in a time of 5:46.1. Ever-present Virginia finished second, slightly over two boat lengths back in 6:05.1, while North Carolina closed out the field in 6:24.1.

The four-oared competition with coxswains generated entries in both varsity and junior varsity races. Dennis Kamrad last year moved from Alabama to Florida Technological University and promptly produced a winner. The FTU four swept the varsity race in a time of 6:23.0. A Florida neighbor, FIT, trailed behind in 6:30.4 with Alabama third and East Carolina fourth.

In the junior varsity fours with coxswain East Carolina beat Alabama in a two boat race in 6:53.5. East Carolina is attempting a comeback after the loss of their boathouse in a fire two years ago. Al Hearn, former ECU oarsman, is the Pirates' able coach.

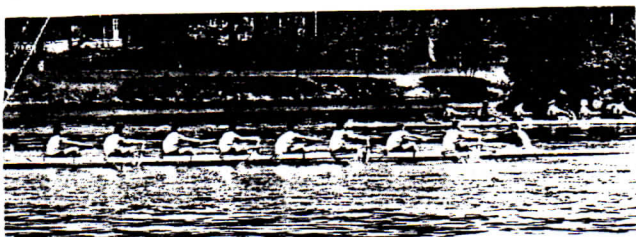
Jacksonville University, under new head coach Steve Hitchcock, captured the varsity consolation race over East Carolina and Florida Southern. FIT won the junior varsity consolation over East Carolina and Florida Southern.

FIT Captures Stone Mountain Trophy

The Stone Mountain Memorial Points Trophy was won by Florida Institute. FIT managed three firsts (in the lightweight, freshman and j.v. consolation races), one second (in

three were sentenced to another term as officers of Dad Vail Rowing Association by acclamation. Paper bow markers and a bathroom scale did not qualify.

At 9:30 a.m. on Saturday, the first four-with semi left the line, five Confederate crews against one Yankee, Buffalo State, Florida Southern, FIT and Jacksonville qualified. In the second semi a young lady steered Villanova to victory over Atlantic C.C. and Drexel. In the first j.v. semi, University of Massachusetts led the way steering clear of the battle for second between Coast Guard and St. Joe's. Marietta outrowed Trinity and Holy Cross in the second j.v. semi. The lightweights followed in two events where the six qualifiers seemed in command through both races.

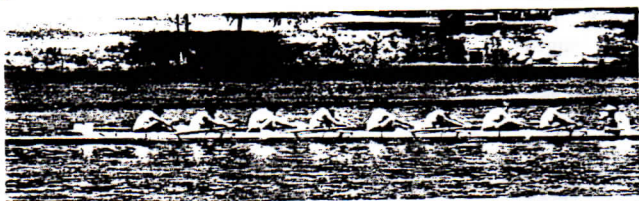


Coast Guard lightweights lead Marietta in semi-final at Dad Vail.

The varsity semi-finals began with Coast Guard in lane 2, Massachusetts in lane 6, three boats between and Heywood Hale Broun's camera crew in lane 1. Coast Guard upstaged Massachusetts by five seconds, winning in 6:10.4, the best varsity semi-final time. In the second and third events Rollins, Marietta, University of Virginia and Temple qualified. Temple and Virginia got the engines steaming in the last 200, Virginia 6:16.6, Temple 6:16.9.

After a long morning the officials paused for lunch and the finalists went to work polishing hulls, checking equipment, or biting nails to keep their minds off the finals, but their attempts were probably as futile as spraying the Schuylkill with Lysol.

The first event of the afternoon, the Varsity Race for Place, proved to be a tough act to follow. There wasn't a loser among the six entries; Chief Judge John "Doc" Bergen proved "they also serve who sit and click," as it was Trinity over Ithaca in the last 100 meters but it was Ithaca over Trinity at the wire, 6:50.1 and 6:50.2; the rest of the margins were close with St. Joe's leading George Washington



Coast Guard varsity takes semi-final at Dad Vail.

University, Marist and Georgetown. The frosh final left the line with Coast Guard and Massachusetts pulling away fast, but below the bridge the red shirts of Marist surged ahead against the mild headwind. It was anybody's race in the last 500 meters, but Marist took the Lev Brett Cup by less than two seconds over Massachusetts, who had just passed a tiring Coast Guard followed by Ithaca, Georgetown and Marietta. The j.v. final, another two second decision, found Marietta understroking and passing Coast Guard in the last 100 meters for the Rusty Callow Trophy. Coast Guard reversed the order and took the lightweight final from Marietta who was pursued by FIT, WPI, Alabama and Buffalo all within ten seconds.

Drexel Takes Varsity Four

The measles turned Joe Greipp's Drexel eight into a four last week, luckily for Philadelphia fans. All entries in the four final seemed to have the lead at one time or another. Drexel pulled well ahead at the finish to take the U. T. Bradley Trophy, but Jacksonville, Atlantic C.C. and Florida Southern all finished within one second while FIT and Villanova followed closely. Drexel's cox did what no cox should do; he walked the gunwales to congratulate his crew, but Awards Chairman Thomas Kerr, M.D. was available should the cox have needed medical assistance.

While winners, second and third place crews rowed from the stands with mugs or draped medals, the six varsity finalists, Coast Guard, University of Massachusetts, Temple, University of Virginia, Marietta and Rollins got their starting instructions. Coast Guard in lane 1 and Rollins in lane 6 got off very fast against a cross wind with Marietta, Massachusetts, Virginia and Temple bow even. After 500 meters Coast Guard had a deck lead with all others in second place, bow even. By Strawberry, Coast Guard had found the fulcrum and passed the Canoe Club opening water before the last crew had cleared the shadow of the bridge. The gap increased to as much as two lengths open at the 1000 meter mark where Bear's boys from Temple overtook Massachusetts and Marietta only to be overtaken by Rollins. Second place changed briefly again, but Coast Guard reached Peter's Island with two lengths open.

By 250 meters with bow high, blades buried, rudder still and coxswain confident, Rollins surged at the sailors, but Coast Guard stove off and crossed the line two lengths in front. Four seconds after Rollins, Marietta took third over Temple who had just passed Virginia.

Coast Guard not only won the Dad Vail Trophy, but also won the John C. Bratten Point Trophy with 23 points for their two wins and a second place. Marietta amassed 19 points and Massachusetts had 12. The varsity boats rowed from the 500 to the finish in review, ending a regatta that had over 850 oarsmen, rowing 110 boats, representing 40 schools, in 36 events — an oarsman's Chautauqua.

RESULTS

SEMI-FINALS

FOUR WITH COXSWAIN

HEAT 1		HEAT 2	
1. Florida Southern	7:12.8	1. Villanova	7:14.3
2. FIT	7:13.0	2. Atlantic C.C.	7:16.6
3. Jacksonville	7:16.6	3. Drexel	7:21.9
4. Florida Tech	7:23.0	4. St. John's	7:24.5
5. Rollins	7:25.0	5. Temple	7:26.0
6. Buffalo State		6. Marist	7:34.0

JUNIOR VARSITY EIGHT

HEAT 1		HEAT 2	
1. U. of Massachusetts	6:02.6	1. Marietta	6:19.7
2. Coast Guard	6:06.6	2. Trinity	6:23.1
3. St. Joseph's	6:07.3	3. Holy Cross	6:24.0
4. Purdue	6:09.6	4. LaSalle	6:25.5
5. FIT	6:15.4	5. U. of Virginia	6:39.9
6. Drexel			

LIGHTWEIGHT EIGHT

HEAT 1		HEAT 2	
1. Coast Guard	6:26.0	1. U. of Alabama	6:28.5
2. Buffalo State	6:28.3	2. FIT	6:29.9
3. Marietta	6:29.3	3. WPI	6:32.5
4. LaSalle	6:31.0	4. Purdue	6:35.3
5. U.S.M.M.A.	6:34.0	5. Marist	6:37.0
6. Villanova	6:35.6	6. Williams	6:40.2

(Continued on p.39)

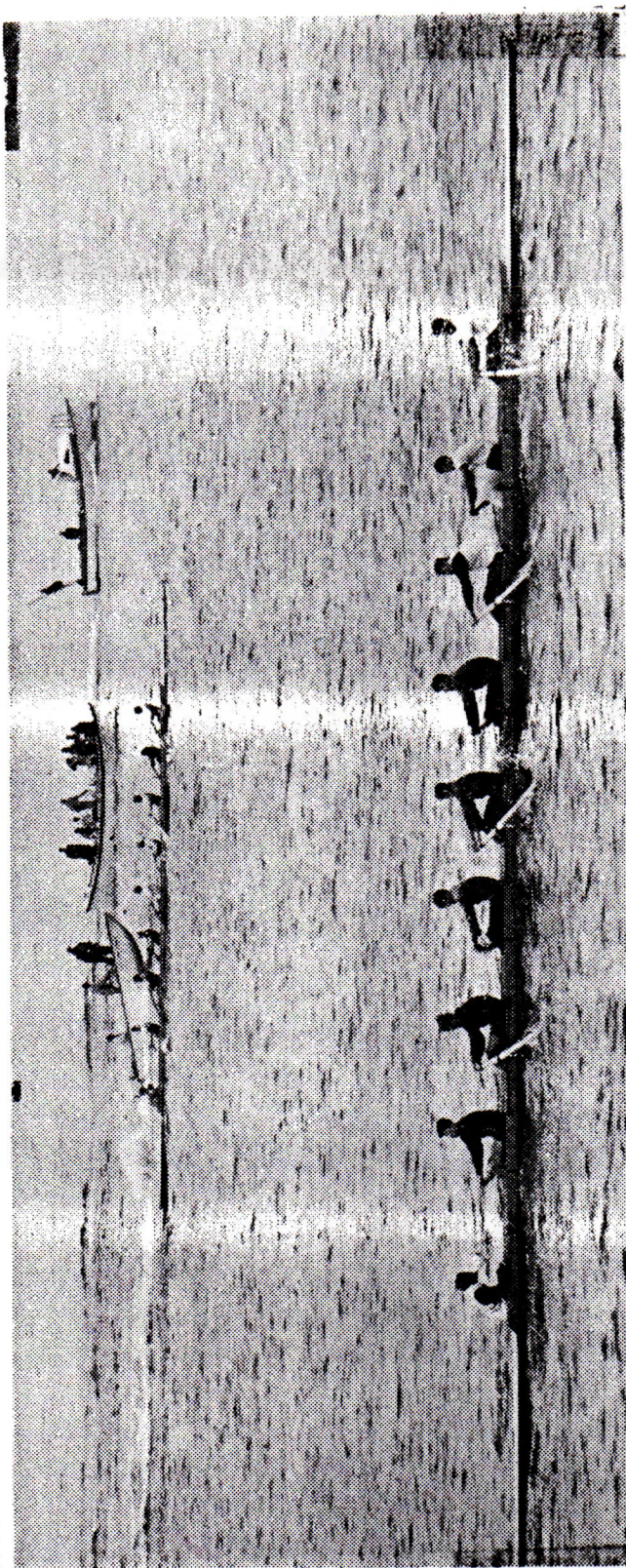
Cadet Crew Nips LaSalle On Thames

NEW LONDON — The Coast Guard Academy's heavyweight crew withstood a powerful challenge by LaSalle College of Philadelphia in the final 100 meters Saturday afternoon to win the 2,000 meter race on the choppy waters of the Thames River.

The Cadets crossed the finish line a half length ahead of the LaSalle crew with Ithaca College and Wesleyan third and fourth respectively.

The Bombers from Ithaca showed the early speed but were overhauled by the Cadets at the 1,200 meter mark. The winners maintained a length lead over the next 700 meters until LaSalle made a frantic rally at the end only to fall short.

The winning time for the Cadets, now 3-0 on the season, was 6:41 flat with LaSalle finishing at 6:42.5.



Close Finish

Coast Guard Academy's heavyweight varsity eight crosses the finish line ahead of LaSalle to win the feature race of Saturday's regatta on the Thames River. Out of camera range were Ithaca, third, and Wesleyan, fourth. The Cadets nosed out LaSalle by 1.5 seconds to remain undefeated. (Day Photo by Hubert Warren).

CGA Crew Holds Off LaSalle Surge

NEW LONDON — Coast Guard Academy's heavyweight varsity crew continued its winning ways Saturday with a triumph over three opponents on the Thames River.

In their only home appearance of the season, the Cadets battled head wind and choppy water as they outrowed LaSalle, Ithaca and Wesleyan in that order and carried their victory rating through the third weekend. The Coast Guard crew, coached by 1964 Olympic gold

medal oarsman Bill Stowe, has now racked up a total of 10 victories in three weeks of competition. They opened with a victory over Rollins, Florida Tech, Harvey, Florida Southern and Marist at Cypress Gardens, Fla., three Saturdays ago, and followed with a triumph a week later at Derby against Yale and Boston University, two of the major college rowing powers.

On the leaden-hued, rain-spattered waters of the Thames, the Cadets had to fight off an early rush by Ithaca and a late challenge by LaSalle to gain the victory over the 2,000-meter distance from the Submarine Base to Jacobs Rock.

The high-stroking Ithaca crew struck out boldly and took an open-water lead over second-place Coast Guard in the first 300 meters. At this stage, LaSalle was third and Wesleyan fourth.

At 500 meters, Coast Guard began closing in on the Ithacans. At the halfway mark, the Cadets

had cut Ithaca's lead to one seat quarter lengths behind LaSalle and at 1,200 meters the Cadets were in front by five seats. At lengths farther back, LaSalle defeated Coast Guard 1,400 meters, Coast Guard was leading Ithaca by open water, but by this time LaSalle was beginning to move up. The duel, Ithaca won the heavy-

Explorers breezed past Ithaca and went into full pursuit of the Cadets. The two crews had kept their stroke in the low 30s during the early stages of the race but they raised the tempo for the stretch drive. The Explorers went up the scale — 34-5-6 — and the Cadets held them off with a closing 33-4-5.

Though beaten in the main event, LaSalle shared with Coast Guard the honor of achieving a double victory in the five-race regatta. The Explorers won the lightweight varsity and heavyweight as junior varsity contests. Coast Guard, in addition to the heavyweight varsity race, took the initial start. After the new start lightweight jayvee contest against an outclassed New York Maritime eight by a margin of more than two minutes. The other winner of the day was Ithaca in the heavyweight freshman race.

The Explorers won the lightweight varsity and heavyweight as junior varsity contests. Coast Guard, in addition to the heavyweight varsity race, took the initial start. After the new start lightweight jayvee contest against an outclassed New York Maritime eight by a margin of more than two minutes. The other winner of the day was Ithaca in the heavyweight freshman race.

The heavyweights varsity race was the closest contest of the day as the Cadets won by a margin of one and a half seconds, or less than half a length in front of LaSalle. Ithaca, after its early rush, faded back to three and a

freshman race. The heavyweights varsity race was the closest contest of the day as the Cadets won by a margin of one and a half seconds, or less than half a length in front of LaSalle. Ithaca, after its early rush, faded back to three and a

Wesleyan (7:28.5).
Varsity — 1. LaSalle (6:10); 2. Coast Guard (6:22); 3. Rhode Island (6:27.5); 4. Wesleyan (6:30.8); 5. N. Y. Maritime (7:52.2).

Junior Varsity — 1. Coast Guard (6:19); 2. N. Y. Maritime (8:24.4).

LaSalle won the lightweight

LaSalle won the lightweight varsity race after taking the lead away from Coast Guard at the midway mark. The Explorers had a margin of about three lengths over the second place Cadets at the finish while Rhode Island, Wesleyan and Guard followed in that order.

A restart was called in the lightweight freshman race as the result of malfunction of a sliding seat in the Coast Guard boat within 30 seconds of the initial start. After the new start Coast Guard trounced Maritime in a race that was virtually no contest. The Cadets won by a margin of two minutes, 11.4 seconds, which figures something like 30 boatlengths.

HEAVYWEIGHTS
Varsity — 1. Coast Guard (6:41); 2. LaSalle (6:42.5); 3. Ithaca (6:55.4); 4. Wesleyan (6:59).
Junior Varsity — 1. LaSalle (6:32); 2. Coast Guard (6:37.8); 3. Freshman — 1. Ithaca (5:46); 2. Coast Guard (6:52); 3.

WISCONSIN

LOREM IPSUM DOLOR SIT AMET

LOREM IPSUM DOLOR SIT AMET

determined skulls

Boston

By Peter Gammons, Globe Staff

It isn't first class — or 21st either — but since it is a year-and-a-half crew in a college of less than a thousand, maybe it is the way it should be.

In what should be a maneuver to excite even the coldest wire service photographer, the Coast Guard crew on Thursday will wheel out its trailer and shells and roll them up the gangplank of an Air Force C-124 trainer, get on board and head for Madison, Wis.

It is not the way your basic establishment crew travels, but then. Coast Guard is not your basic establishment crew. It goes all the way back to January, 1971 (only 109 years after Harvard first rowed Yale on Lake Winnepesaukee) and on a budget which might pay for Harvard's weekly supply of Gatorade runs through last weekend's Dad Vail championship and, in 17 days, includes a very unlikely trip to Syracuse for the IRA's.

The story begins 16 months ago when Bill Stowe, the stroke of the 1964 Olympic championship Vesper crew and then disenchanted coach at Columbia, arrived in New London, Conn., to be crew coach, director of sports information and manager of the officers' club (in no particular order).

"The school had never had crew and no students had ever rowed," says Stowe, "and now that I look back maybe it wasn't so bad. That way everyone starts out at the same level and no one has had bad habits."

So, they started, with a budget of \$2300 ("Harvard" is over \$100,000), equipment donated by friends of the school and blind optimism. "Since we got started so late," says Stowe, "I was not particularly optimistic, but we did remarkably well. We finished fourth at the Dad Vail (in Philadelphia), which was almost a disaster considering what we were up against. In 1960 Northeastern started out and went all the way to win that regatta, but it had started the summer before, had a large school and about 20 times the budget.

"I went with an all-sophomore crew, and they improved. Last fall we came in third in the fleet of the Charles. And the kids worked. We built our own out-house and dock. We do our mending, we have to trainers or assistants.

"Then came the spring and . . ." It started with the Cypress Gardens (Fla.) show, included a show over BTV, the Waterpocket and others, to an air show on Guy (Fla.) and a large demonstration and last weekend's Big Air Championships in Jacksonville.

"We really had no money for this trip to Wisconsin," Stowe says, "but we were lucky to get this Air Force training plane. You see, pilots in training have to fly the things anyway, so why not take some service personnel along? Then Wisconsin is putting our three boatfuls of rowers up in private homes and feeding us."

"Since Wisconsin was sixth at Quinsigamond Saturday it should be our best test. I think we can beat them, but then, those crazy kids think they can win the IRA's. So . . .

"Some people still don't think much of us. I brought some of our kids up to get Olympic tests with Harry Parker's ergometer, and they didn't test out too well. One kid did all right, but Parker said we didn't row right anyway. Well, I don't think Harvard rows the right way.

"Of course, we've not set for the IRA's yet. We've just about used up our \$2300 budget and it'll cost us about \$2500 to go to Syracuse. We're working on it now, but it takes us all the way to commander-in-chief of the Coast Guard."

For Stowe, who stroked an IRA championship Cornell crew in 1962, it all isn't too new. But for a school that has to tour the crew world in an Air Force trainer and a dollar a day, well,

424 Oarsmen Participate

Onondaga Lake was relatively placid as 424 oarsmen raced over the course in 27 races, nine of them this morning following a postponement yesterday because of rough water.

Cornell, Washington and Wisconsin each qualified three boats for the finals, their varsity, second varsity and freshman eights.

HOW THE CREWS FINISHED

Varsity

Heat 1—1, Washington, 6:37.5; 2, Coast Guard, 6:41.9; 3, Rutgers, 6:44.3; 4, Dartmouth, 6:54.

Heat 2—1, Brown, 6:41.5; 2, Navy, 6:45; 3, Long Beach, 6:56.8; 4, Boston U, 7:05.

Heat 3—1, Wisconsin, 6:39.7; 2, Massachusetts Institute of Technology, 6:42.8; 3, Syracuse, 6:48.4; 4, Princeton, 6:52.9; 5, Columbia, 7:18.5.

Qualified for final—Pennsylvania, Cornell, Northeastern, Washington, Brown, Wisconsin.

Second Varsity

Heat 1—1, Pennsylvania, 6:52.8; 2, Navy, 7:00.6; 3, Boston U, 7:17.4.

Heat 2—1, Northeastern, 6:51.4; 2, Coast Guard, 6:56.9; 3, Princeton, 7:02.0; 4, Rutgers, 7:14.8.

Heat 3—1, Orange Coast, 6:48.7; 2, Brown, 6:50.7; 3, Syracuse, 6:54.

Qualified for final—Wisconsin, Washington, Cornell, Pennsylvania, Northeastern, Orange Coast.

Freshman

Heat 1—1, Cornell, 6:43.3; 2, Brown, 6:47.4; 3, Northeastern, 6:48.7; 4, Dartmouth, 7:16.4.

Heat 2—Navy, 6:50.9; 2, Coast Guard, 6:54.3; 3, Princeton, 6:57.0; 4, Rutgers, 7:09.8.

Heat 3—University of California at Berkeley, 6:49.1; 2, Pennsylvania, 6:55.2; 3, Marist, 7:04.6; 3, Yale, 7:07.4; 4, Boston University, 7:08.9.

Qualified for final—Wisconsin, Syracuse, Washington, Cornell, Navy, University of California at Berkeley.

Varsity Fours

Qualified for final—Columbia, University of California at Los Angeles, Yale, Lowell Tech, Oregon State, Pacific Lutheran.

Freshman Fours

Qualified for final—Santa Clara, University of California at Los Angeles, Princeton, Wisconsin, M.I.T., Syracuse.

Varsity Pairs

Qualified for final—Trinity, Yale A, Dartmouth A, Morris Harvey, Wisconsin, San Diego State.

CGA Crew Faces Biggest Challenge

NEW LONDON — The undefeated Coast Guard Academy crew, national small college champions in only its second year of rowing, will take another step in the direction of big-time collegiate rowing when it journeys to Madison, Wisc., to challenge the University of Wisconsin Saturday.

Academy coach Bill Stowe, celebrating last weekend's impressive victory in the Dad Vail Regatta, calls Saturday's race with the Badgers the Cadets "biggest test of the season."

Last Saturday while the Cadets were overpowering the opposition en route to an easy victory in the Dad Vail Regatta, Wisconsin was turning in a creditable performance in the Eastern Springs finishing sixth behind Northeastern, Brown, Harvard, Cornell, and Penn.

Earlier this season, the Coast Guard issued a warning to major colleges that it is ready

to make the transition from the small college ranks to major classification when it upset traditionally powerful Yale and Boston University. Saturday's race will play an important role in determining the destiny of the Academy crew.

Saturday's race also will give both crews the opportunity to size each other up before they meet in the IRA Regatta June 1-3 in Syracuse, N.Y.

In Saturday's race the Coast Guard will be trying to preserve an unbeaten streak of seven straight regattas.

The Cadets will leave from Bradley Airport early Friday morning aboard an Air Force C-124 cargo plane.

New London Day May 22, 1972

CGA Crew Loses at Wisconsin

NEW LONDON — "It may have been the best thing that could have happened to us," Coach Bill Stowe said of his Coast Guard Academy's loss to University of Wisconsin crew on Lake Mendota in Wisconsin Saturday.

had won, our boys
totten the idea they

were unbeatable. Now they know there is work ahead as we prepare for the IRA in Syracuse June 1-3," Stowe said today.

The Cadets lost their first race of the season to the Badgers Saturday, after beating seven previous opponents. The match was by three feet. "It was a race,"

said. "We jumped them at the start and had a half length lead at 1,000 meters, but they came back in the next 500 meters and once had us by about half a length. The margin at the finish was much closer, though."

Stowe said the Cadets understroked much of the time. He attributed part of this to a back sprain stroke Brad E. picked up the day before practice when he caught a cold.

The Badgers, rated in the ten crews in the country, qualified for the IRA and Stowe thinks they'll make it into the finals.

"That means we have our work cut out for us to qualify for the finals in order to get another crack at Wisconsin," Stowe said today.

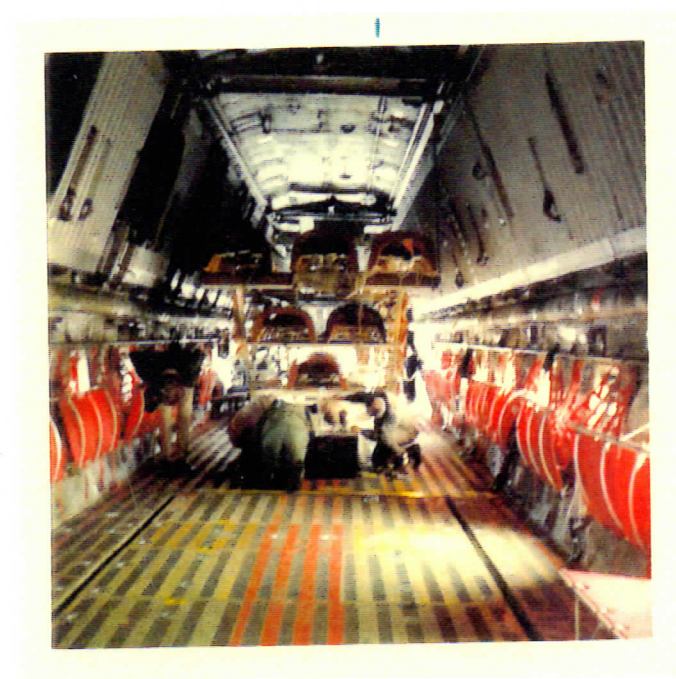
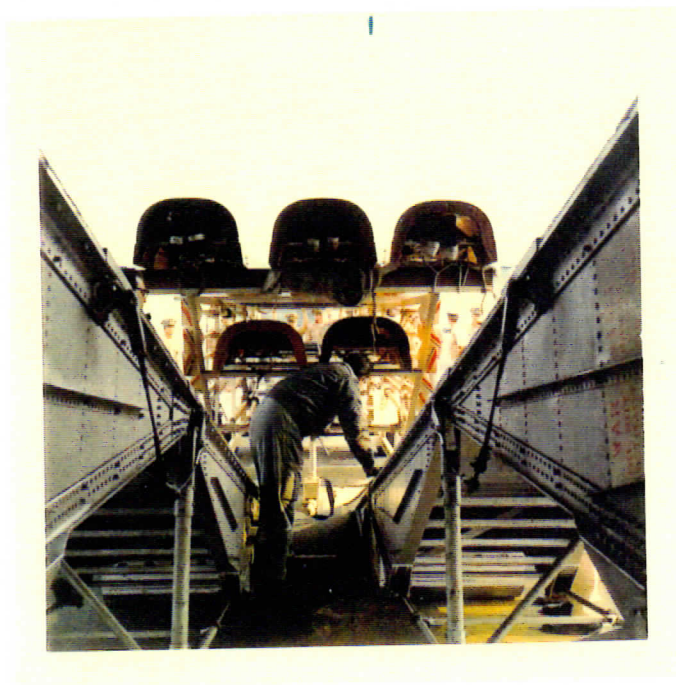
Wisconsin's winning team in the heavyweight duel was 6:13.9 and Coast Guard's was 6:14.4.

Stowe said both times were excellent because the lake was smooth and there was absolutely no wind.

Wisconsin won the junior varsity race by four and a half lengths in 6:29.9 to 6:47 and took the freshman race by almost 15 seconds, 6:28.9 to 6:43.2.











DEPARTMENT OF TRANSPORTATION
UNITED STATES COAST GUARD

MAILING ADDRESS:
SUPERINTENDENT
U.S. COAST GUARD ACADEMY
NEW LONDON, CONN. 06320

23 May 1972

To; Commandant of Cadets

Via: Director of Athletics

From : Crew Coach

Subj: Accountability and liberty request, for crew team

1. Double workouts from now until Tuesday 30 May serves the purpose of accountability because everyone is needed for the workout. There are three full boats plus two spares making a total of 29 cadets involved in rowing at the present time.
2. It is requested that Morning and noon formations for the crew team be dropped and an accountability sheet for the team will be given to the CDO by 0800 for the previous day.
3. Tables for the crew team have already been established and Chief Servino has been notified of when to set tables for the crew team.
4. It is also requested that liberty be granted to all oarsman from Rogers Lake in Old Lyme because our evening workouts at Rogers Lake usually lasts until 1900 or 2000. Normal liberty will expire at 2300 unless special papers have been approved. Liberty uniforms will conform to the Regulations. The list of cadets signing out at Rogers Lake will be brought to the CDO's office by someone upon return from Rogers Lake.


Bill Stowe

CGA Crew Will Row Friday

SYRACUSE — Coast Guard Academy's crew will compete Friday afternoon in an elimination race on Onondaga Lake, competing against three of the country's best teams. The opponents will be Western entries Washington and Long Beach State, and another Eastern team, Pennsylvania.

The event is one of three heats for varsity eight crews in the Intercollegiate Rowing Association's National championships. The winners of each heat will advance to Saturday's final race.

Washington is unbeaten this season and is the only team to beat Long Beach State. That previous race was decided by a half length. Pennsylvania is also a powerhouse, while Coast Guard has lost only to Wisconsin.

Record 93 Crews Row for IRA Title On Onondaga Lake This Thursday

SYRACUSE, N.Y. — The largest number of crews in the history of the IRA championships will take to the water of Onondaga Lake for the 70th annual National Intercollegiate Rowing Championships here on June 1-2-3, sponsored by the IRA and Syracuse Regatta Association.

A record 93 crews, representing 34 colleges and universities, will be competing in six events during the three day championship. There will be 16 crews entered in the varsity race, 13 in the JV, 16 in freshman, 16 in

varsity four, 15 in the freshman four and 17 in pairs. The previous high was 75 crews last year.

This year's Regatta will feature the top two finishers from both the Eastern and Western Springs.

Northeastern took its first Eastern title ever on Lake Quinsigamond two weeks ago with the Bruins of Brown second, while Washington and Long Beach State placed 1-2 in the Western Sprints last week.

The Western title was the

ninth in the last 13 years for the huskies. Long Beach State will be making its first IRA appearance.

Coast Guard In

Also making its first appearance in the IRA will be the Coast Guard Academy while Yale has crews involved for the first time since 1897.

Coast Guard, the Dad Vail winner, has lost only to Wisconsin and the margin was a mere three feet. Yale is entering crews in the freshman, varsity fours and pairs.

By Don Waters
Syracuse, N. Y. (AP)

CGA Crew Bows to Washington in IRA

By DON WATERS
SYRACUSE, N. Y. (AP) — The University of Washington varsity eight-oared crew has a grudge match of sorts with Cornell, but Penn, Northeastern, Brown or Wisconsin could be the winner, too, in the featured race of today's finals of the 70th National Intercollegiate Rowing Championships.

The West Coast champion Huskies, nosed out here a year ago by under-rated Cornell, earned the chance to make things even Friday by defeating newcomer Coast Guard Academy in a repechage or second-chance qualifying heat on the 200-meter Lake Onondaga course. The Huskies fought off early challenges by the Cadets to win by the margin of a boatlength in 6 minutes, 37.5 seconds, the day's best time.

Brown, which overcame the loss of an oar in the late going, and Wisconsin were the other repechage winners Friday. They joined the three crews — Cornell, Penn and Northeastern — that had qualified on the first attempt Thursday.

The varsity-eight title race was to follow championship tests in the freshman and junior varsity eights, the varsity and frosh fours and the varsity pairs.

Wisconsin qualified crews in all the events it entered. The Badgers lacked a boat only in the varsity pairs. Washington and Cornell had shells in the three-eight-oared events.

The Brown varsity eight, closely challenged by Navy, became a varsity seven with 200 meters left Friday when team Captain Todd Craun's oar popped out of the oarlock and

into the lake. Craun's mates took up the slack, however, and the Bears from Providence, R. I., beat the Middies by nearly a length. Two out of three Yale entries reached the final round. The Ellis qualified their varsity four and one of their two varsity

pairs. Trinity College also placed a varsity pair in the finals. Championship lineups in the other events today were: JV Eights — Repechage winners Penn, Northeastern and Orange Coast joining Washington, Wisconsin and Cornell.

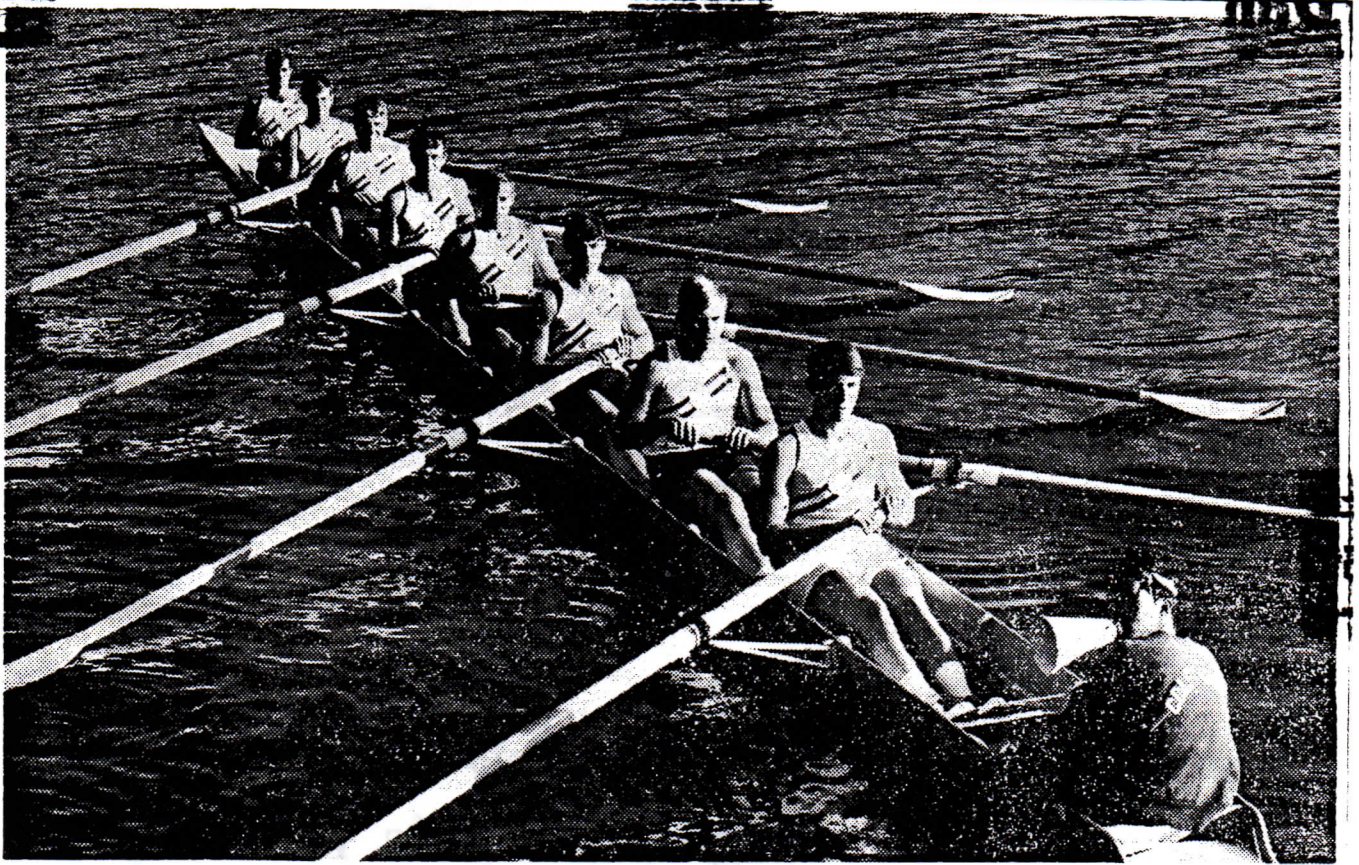
Freshman Eights — Cornell, Navy and California joining first-round qualifiers Wisconsin, Washington and Syracuse. Varsity Pairs — Repechage victors Morris Harvey, Wisconsin and San Diego State joining Trinity, Conn., Yale "A" and Dartmouth "A."

Varsity Fours — Lowell Tech, Oregon State and Pacific Lutheran, regatta newcomers and repechage winners, joining Columbia, UCLA and Yale. Freshman Fours — Wisconsin, MIT and Syracuse joining first-round qualifiers Santa Clara, UCLA and Princeton.



And There Are Losers

Members of the Boston University varsity crew ships on Onondaga Lake, near Syracuse, N. Y., Friday. B.U. came in fourth in a heat won by Brown. (AP Wirephoto).



Heave Ho, Let's Go

Coast Guard Academy's heavyweight varsity crew is tuning up these days for the IRA Regatta in Syracuse, N.Y., June 1-3. The Cadets, beaten only by University of Wisconsin and conquerors of Yale and Boston University, are more or less a dark horse in

the IRA. Members of the crew starting from the right with coxwain Fred Montoya are Brad Balsh, stroke; Mike Wensman, Ken Knutson, Bill Spilter, Mark Noll, Larry Shirley, Robin Gutridge and Bill Plage, bow (Day Photo)

*New London Day
May 27, 1972*

New London
The Day, New L
May 20, 1972

CGA and Yale Oarsmen Practice at Rogers Lake

LYME — Coast Guard Academy and Yale University oarsmen conducted workouts at Rogers Lake over the holiday weekend in final preparation for the Intercollegiate Rowing Association Regatta at Syracuse, N.Y.

The Cadets and the Ellis left from their Thames River bases this morning for the shores of Lake Onondaga where the IRA competition will take place Thursday, Friday and Saturday.

Coast Guard will be represented by its varsity, junior varsity and freshman eights. Yale has entered a varsity four, two varsity pairs and freshman eight. All of these units took part in the Rogers Lake session, working principally on racing starts and 500 meter sprints. All events in the IRA will be rowed over a 2,000 meter course.

After the IRA races, the Yale oarsmen will return to their camp at Gales Ferry and resume training for their meeting with Harvard on the Thames River June 17.

The IRA regatta will wind up the 1972 campaign for the Cadets, who have attained national prominence in only two years of rowing. Beaten only once this year, the Cadets scored an early season victory over Yale and Boston University and went on to take top honors

in the Rusty Callow Regatta and the Dad Vail Regatta.

Coast Guard had been drawn in Heat 1 for varsity eights Thursday along with Penn, Princeton, Long Beach State, MIT and Washington.

In the JV eights Coast Guard is in Heat 2 with Washington, Navy and Brown. In the freshman eights, the Cadets are in Heat 2, with Syracuse, Brown, Marist and Navy while the Yale yearlings are in Heat 3 with California, Dartmouth, Washington and Rutgers.

Yale will go in the first heat of pairs are in the second and first the varsity fours. "A" and "B" heats respectively.

Non-qualifiers in the opening heats will get a second-chance in the repechage Friday. The finals are scheduled Saturday.

Coast Guard boatings:

Varsity Eight — Bill Plage, bow; Pug Gutridge, Larry Shirley, Mark Noll (Capt.), Bill Spitler, Ken Knutsen, Mike Wensman, Brad Balch, stroke; Fred Montaya, coxswain.

Junior varsity eight — Jim Woepfel, Bob Flynn, Bruce Good, Pete Milner, Bill Braceland, Bill Albert, Tom Meyer, Al Orr, stroke; Rusty Sprouse, coxswain.

Freshman Eight — Greg Berry, bow; Harlan Henderson, Bob Stromstead, Mark Ander-

son, John Sladek, Mark Warburton, Ben Herrick, John Milner, stroke; Andy Webb, coxswain.

Yale boatings:

Varsity Four — Ray Ford, bow; Pete Murphy, Bob Baughman, Steve Schlaikjer, stroke; Gary Caldwell, coxswain.

"A" Pair — Bill Harrigan, Jeff Strothers.

"B" Pair — Abbott Brush, Malcolm Dantzler.

Freshman Eight — Mike deMaio, bow; Joe Lane, Partington, Keith Sivertson, Bruce Trembly, Dick Stowers, Joe Truhe, Tim Wood, stroke; David Frankel, coxswain.

DARTMOUTH ELECTS

HANOVER, N.H. (AP) — Attackman Scott Anderson of Ithaca, N.Y., and goalie Mitch Whiteley of Towson, Md., were named today co-captains of the 1973 Dartmouth College lacrosse team.

WINS AT LYME ROCK

LYME ROCK, Conn. (AP) — Jim Locke of Alton, N.H., and Bob Bailey of Burnt Hill, N.Y., teamed to win the 200-mile Camel GT challenge race in Porsche Monday, averaging 84.5 m.p.h. for 131 laps.

Washington

Pe

Syracuse Herald
Journal May 31, 1972



REVVING UP. Dave Knott, senior on the favored Penn varsity crew, does some last-second tinkering with his oar lock in preparation for 70th Annual IRA Regatta which begins here tomorrow afternoon. Those shoes in the foreground are the "big ones" in the shell that the oarsmen fill.

By BOB SNYDER

After filling out his ballot in the Herald-Journal's annual IRA coaches' poll, Pennsylvania skipper Ted Nash remarked, "This looks like the closest field we've ever had. There are seven crews I can think of who can win the varsity eight-oared feature."

When the polling was complete (14 coaches took part), six received first place votes in the varsity headline event. And it was Nash's Quakers who were tapped as pre-race favorites for this 70th annual Intercollegiate Rowing Regatta on Onondaga Lake.

That initial "Ready all, row"

Thursday's Schedule
(Heats every 15 minutes)
VARSITY 4:45 P.M.

Heat 1—Lane 1, Penn; 2, Coast Guard; 3, Princeton; 4, Long Beach; 5, MIT; 6, Washington.

Heat 2—Lane 2, Navy; 3, Cornell; 4, Rutgers; 5, Syracuse; 6, Boston U.

Heat 3—Lane 2, Columbia; 3, Dartmouth; 4, Brown; 5, Northeastern; 6, Wisconsin.

JV 3:15 P.M.

Heat 1—Lane 2, Northeastern; 3, Orange Coast; 4, Princeton; 5, Penn; 6, Wisconsin.

Heat 2—Lane 2, Washington; 3, Coast Guard; 4, Navy; 5, Brown.

Heat 3—Lane 2, Boston U; 3, Rutgers; 4, Syracuse; 5, Cornell.

FRESHMAN 2:30 P.M.

Heat 1—Lane 1, Cornell; 2, Boston U; 3, Princeton; 4, Northeastern; 5, Wisconsin; 6, Penn.

Heat 2—Lane 2, Syracuse; 3, Brown; 4, Coast Guard; 5, Marist; 6, Navy.

Heat 3—Lane 2, California; 3, Yale; 4, Dartmouth; 5, Washington; 6, Rutgers.

VARSITY FOURS, 4 P.M.

Heat 1—Lane 2, Columbia; 3, Navy; 4, Massachusetts; 5, Purdue; 6, Dartmouth.

Heat 2—Lane 2, Stanford; 3, MIT; 4, UCLA; 5, Lowell Tech.

Heat 3—Lane 2, Yale; 3, Pacific Lutheran; 4, Penn; 5, Kansas State; 6, Oregon State.

FRESHMAN FOUR, 1:45 P.M.

Heat 1—Lane 2, San Diego State; 3, Santa Clara; 4, MIT; 5, Rutgers; 6, Navy.

Heat 2—Lane 2, Wisconsin; 3, Merchant Marine; 4, UCLA; 5, Orange Coast; 6, Syracuse.

Heat 3—Lane 2, Columbia; 3, Kansas State; 4, Cornell; 5, Massachusetts; 6, Princeton.

VARSITY PAIRS, 1 P.M.

Heat 1—Lane 1, Yale "B"; 2, Rutgers; 3, Northeastern; 4, Trinity; 5, Kansas State; 6, Morris Harvey.

Heat 2—Lane 2, Purdue; 3, Wisconsin; 4, UCLA; 5, Yale "A"; 6, Marist.

Heat 3—Lane 2, Columbia; 3, Penn; 4, Dartmouth; 5, Long Beach; 6, MIT.

on, Northeastern, Brown also gain strong support

nn varsity IRA coaches' pick

will be heard at 1 p.m. Thursday. Thirty-two schools are entered (King's system). But Western Sprint Point having withdrawn from the frosh four-oared event). In beaten among the varsity the eight-oared events, there are 16 varsities, 13 junior varsities, 16 frosh. Also on hand are 18 varsity pairs, 14 varsity fours and 12 yearling fours — including Yale, and IRA participant for the first time since 1897.

Results of coaches' poll on page 46.

and chance) races, then Saturday's championships, petite and third level finals. Each day, all races will be 15 minutes apart from 1-5:15 p.m., winding up with the varsity championship for varsity eights.

This year's IRA — 21st consecutive on Onondaga's waters — boasts its largest field. A re-

cord armada of 90 shells from 37 total points (based on a 5-3-1 system). But Western Sprint champion Washington, lone unbeaten among the varsity Northeastern were strongly backed in the second and third spots, polling one first place vote apiece, 27½ and 24 points respectively. And Brown, second to Ernie Arlett's New Englanders in the Easters, was a strong fourth in the balloting, with four firsts and 21 points.

Defending champ Cornell, a surprise winner in '71 under skipper Todd Jesdale, did not receive a first place vote, but

over-all points. Although Wisconsin captured four firsts, Washington's frosh edged the Badgers, 29-24, with Penn and Navy close behind

(Note: It should be mentioned some coaches annually prefer to vote for some or all of their crews, while others generally abstain from including theirs.)

Penn began the season by taking the Childs and Blackwell Cup races. Then, the Quakers did not finish in the Adams Cup (won by Harvard). After placing fifth in the Sprints, Penn gained revenge by topping Northeastern for the Burk Cup, last week nipping Cornell by a half-length for a seventh straight Madera Cup triumph.

Washington, the tall timber from the Pacific Northwest, will be the biggest crew here. Averaging over 200 pounds per man, Dick Erickson's Huskies have swept their slate clean, beating Long Beach by two seconds to cop their ninth Western Sprint crown in 13 years.

Only in its seventh year of crew, once-beaten Northeastern has made great strides under Arlett, the likeable skipper from Henley-on-Thames. And the Eastern brand of Huskies may well record their best IRA feature finish, bettering a fourth in '68. Northeastern could be likened to Silky Sullivan, be-

(Concluded on Page 46)



TIME CHECK. Dick Horstmann, President of the Syracuse Regatta Association, conducts a last-minute check of Bulova watches at Wilson's Jewelers that have been loaned for timing collegiate crews here beginning tomorrow. With Horstmann is Jim Wilson and Gabe Mastry.

Penn IRA favorite

—From Page 45—

cause this crew relies heavily on exciting, miracle-like finishes.

Coached by former Syracuse frosh skipper Vic Michalson, Brown has dropped a pair of decisions to Northeastern — narrowly in a triangular, then by a few drops of open water in the Sprints.

A second straight Cornell surprise is hardly beyond belief. Navy nipped the Big Red by 1-10th second in the Goes Cup opener here. After winning the Carnegie Cup, the Ithacans placed fourth in the Easterns before that Madeira Cup battle with Penn.

That's a rundown on the poll front-runners, as the time draws near for this 70th IRA.

'SNYDE' REMARKS

Navy, Yale gained most support in varsity four-oared grind . . . Penn's all-female managerial quintet brightened up yesterday's dreary day around Ten Eyck Boat House. Crews drilled in less than ideal conditions, fighting cross-wind, choppy waters . . . Northeast-

ern has already accepted invite to compete in Henley Royal Regatta, June 28-July 1, unless, as Arlett said, "We bomb out here."

Parks Department and State Police officials urge those driving to races to take Route 690, John Glenn Boulevard and Long Branch Road, thereby avoiding traffic jam along parkway . . . Tickets (\$9) available at gate for Friday's annual IRA clambake at Hinerwadel's. Activities begin at 6 p.m. . . Although no Dad Vail champ has ever won IRA, Stowe feels it could happen this year, pointing out half-second loss to good Wisconsin crew after sweep of all other foes. Best Dad Vail finisher in IRA was '60 Brown crew, which led three-miler most of the way, finished fourth when races were run in one day, rather than present Olympic-style format at 2,000-meter distance.



GETTING READY for Intercollegiate Rowing Association national championships on Lake Onondaga, N. Y., members of the Princeton varsity put their backs into workout. Races are scheduled from today through Saturday.

Associated Press

4 Top Crews Clash Today in I.R.A. Trials

By WILLIAM N. WALLACE
Special to The New York Times

SYRACUSE, May 31 — At 4:45 tomorrow afternoon, before a few hundred spectators here on the shoreline of Onondaga Lake, the best crew race of the season is likely to be rowed.

The luck of the draw at the Intercollegiate Rowing Association's national championships is put together in a preliminary heat four of the top boats in the country, unbeaten Washington State and Long Beach State regatta favorite. But Long Beach State regatta favorite, a newcomer to the West and Pennsylvania-Beach, a newcomer to the

nia and the Coast Guard from the East.

The winner of this heat, the first of three for varsity eight-oared crews, will advance to Saturday's final. The losers will row again in the repechage, or second chance, heats on Friday, with a victory needed to make the final.

Washington Is Favored
The University of Washington, with a seasoned and massive crew averaging 6 feet 4 inches and 198 pounds, is the regatta favorite. But Long Beach State regatta favorite, a newcomer to the

I.R.A., was only a half-length behind the Huskies at the Western sprints.

Coast Guard, another newcomer to the I.R.A. and the Dad Vail regatta winner among the so-called small colleges, has lost only to a good Wisconsin eight, by merely three feet.

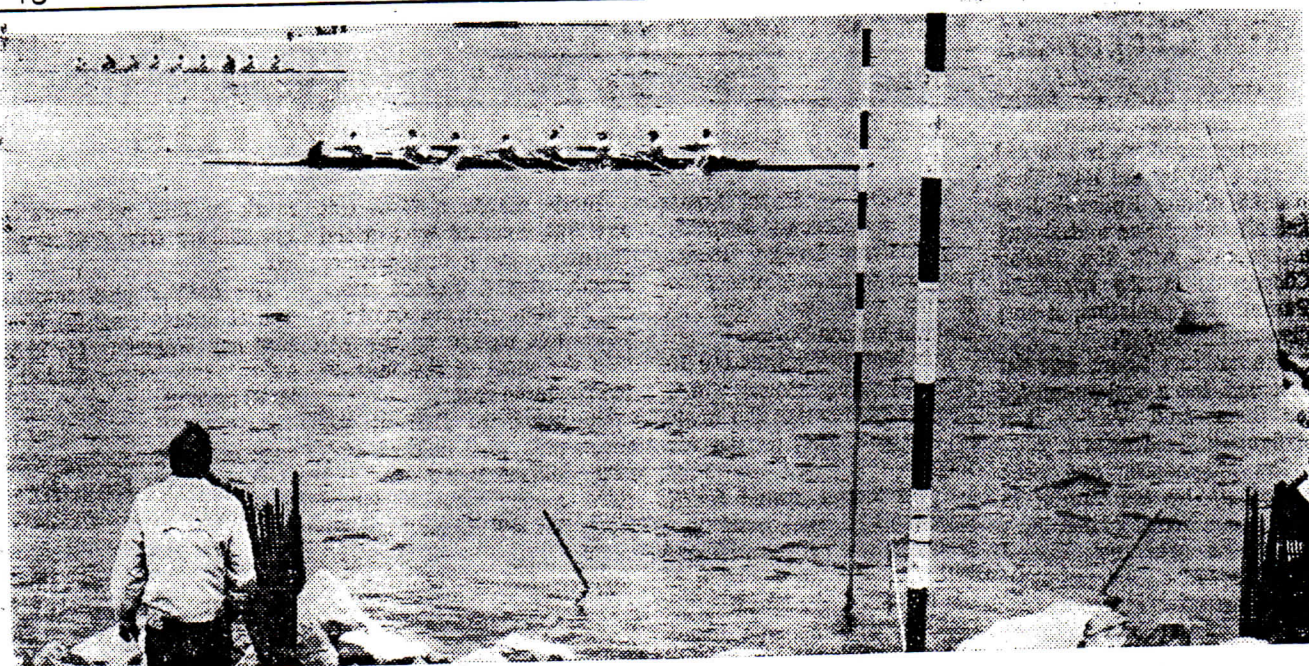
After fading to a fifth on May 13 in the Eastern sprint regatta, Penn scored two impressive victories over Northeastern and Cornell, the former holder and the latter the defending I.R.A. crew. In beating the Huskies from Boston, Penn

rowed 2,000 meters in 5 minutes 31.6 seconds, believed to be a Schuylkill River record.

Navy Battles Cornell

Competition in the other varsity heats is less severe. Navy and Cornell will be the chief antagonists in the second heat, and Northeastern, Brown and Wisconsin in the third.

A total of 89 crews from 32 colleges will row in the three-day regatta, which will have competition for varsity, second varsity and freshman eights, varsity and freshman fours, varsity and varsity pairs.



Impressive Win for the Quakers

Pennsylvania's varsity eight slides across the finish line nearly $1\frac{1}{2}$ lengths ahead of formerly undefeated Washington (in outside lane) to win the first heat during yesterday's IRA Regatta competition at

Onondaga Lake. Penn, the favorite to win this year's IRA title, seized an early lead and was in command the entire 2000 meters, handing Western Sprints' champion Washington its first defeat.

Cornell, Penn, NU in IRA Finals

SYRACUSE, N. Y. (AP) — Pennsylvania, Northeastern University and defending champion Cornell varsity eight-oared crews have earned starting spots for Saturday's title race in the 70th National Intercollegiate Rowing Championships.

The three Eastern oar powers won their heats Thursday in the weather-plagued, abbreviated opening round of competition on Onondaga Lake.

Quartering winds that gusted above 20 knots caused a 2½-hour delay in the start of qualifying

races in the varsity, junior varsity and freshmen eights.

As a result, first-round competition in the varsity and freshman fours and the varsity pairs were postponed until this morning.

Yale is represented in this group by a varsity four and two varsity pairs.

Repechage races, which give first-round non-winners a second chance to reach the finals, were scheduled in all six events this afternoon.

Coast Guard Academy's varsity junior varsity and freshman

eights were scheduled today after failing to qualify in the opening heats. The Cadets were fifth in their varsity heat, fourth in their jayvee test and did not finish their freshman race. Rough water swamped the Coast Guard and Marist freshman eights. Yale's freshman eight was fifth in its heat.

Cornell, which nipped the University of Washington for the varsity eight title here last year, was one of three teams to qualify crews in two events Thursday, winning a JV as well as a varsity heat.

The other double winners were Washington and Wisconsin, qualifying their frosh and JV crews.

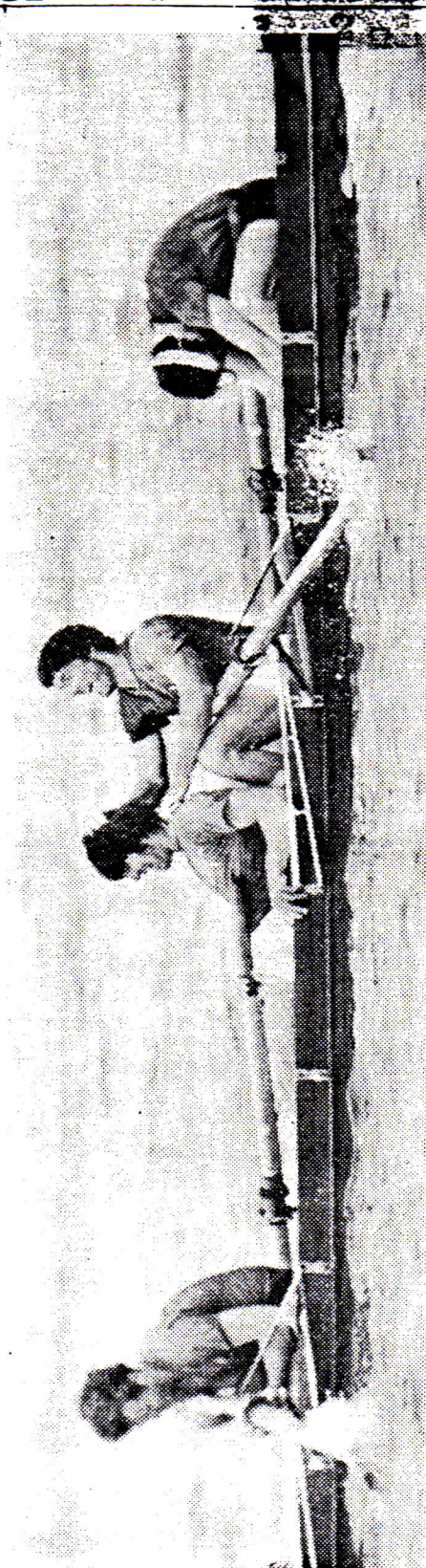
Syracuse qualified its yearling eight in a heat that saw regatta newcomers Marist College of Poughkeepsie, N.Y., and Coast Guard get their feet — and everything else — wet when their shells were swamped by waves on the choppy lake.

Patrol boats brought the drenched rowers safely to shore. "We took a lot of water right at the start," said Marist coxswain Bill Crawford of Philadelphia. "I knew we were going to swamp, but with a couple of hundred meters to go I thought we might make it."

The Coast Guard crew became waterlogged halfway through the 2,000-meter course.

Penn's varsity eight won its heat easily, outdistancing previously unbeaten Washington by a length. Cornell had nearly the same margin over its closest rival, Navy.

Northeastern, the Eastern Springs champ, recorded the day's best time of 6 minutes, 33.5 seconds in its qualifier.



TIRE, BUT HAPPY: Yale's varsity four after triumphing in the third heat at the intercollegiate rowing regatta yesterday at Syracuse, N. Y.

United Press International

BROWN ADVANCES TO ROWING FINAL

Washington, Wisconsin Also
Gain on Lake Onondaga

By WILLIAM N. WALLACE

Special to The New York Times

SYRACUSE, N. Y., June 2

Although only seven of its eight

oarsmen were pulling any water

in the last 200 meters, Brown's

unbeaten crew today roared

into tomorrow's final

heat of the intercollegiate

rowing regatta.

The Bruins of Washington and

Wisconsin all advanced in the

repechage, or second chance,

heats and will compete for the

Intercollegiate Rowing Asso-

ciation's 70-year-old trophy

against Pennsylvania, Cornell

and Northeastern, who quali-

fied by winning in opening

heats yesterday.

Ted Craun, the No. 6 man in the Brown boat, lost his oar when it popped out of the oarlock but the Bruin shell proceeded smoothly to the finish without his contribution, holding almost all of its one-length lead over Navy. The result was an upset as the midshipmen were expected to qualify.

Washington Unimpressive

There were 13 varsity eight rowing for three positions in the final. An uneasy consensus among the coaches is that Penn will be the boat to watch, with Northeastern a definite threat and Cornell, a possibility. Washington, which came here unbeaten, did not impress today in winning its heat from Coast Guard Academy by a length.

Brown, which had lost only to Harvard and Northeastern before this regatta, is the long shot. The Bruins were third, one length behind Northeastern and half a length back of Wisconsin in yesterday's heat.

Because of changing water and wind conditions, relative times mean little in crew racing. Of the six finalists, the best 2,000-meter time in the past two days was turned in today by Washington with a clocking of 6 minutes 37.5 second. Northeastern yesterday did 6:33.5 in more difficult conditions. In flat water tomorrow without wind, the winning time might be 30 seconds faster.



Gains IRA Finals

Brown Loses Oar, Wins Heat

T-STANDARD

Scores: 473-79 23

, SATURDAY, JUNE 3, 1972

13

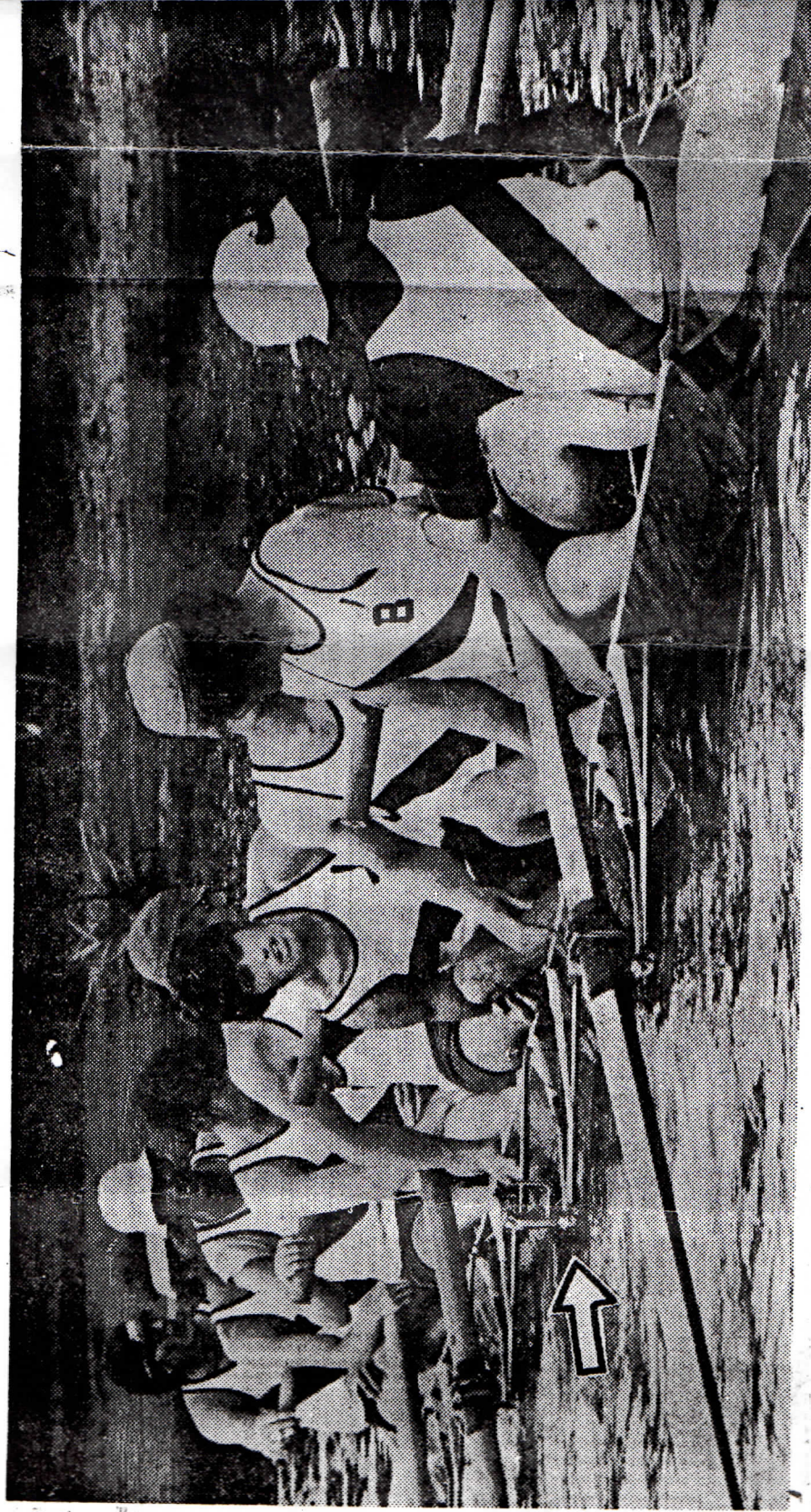
THE POST-STANDARD

Sports News 473-7920

Scores: 473-7923

SYRACUSE, N. Y., SATURDAY, JUNE 3, 1972

13



Where is My Oar???

No. 6 man Todd Craun, bewildered captain of the Brown University varsity crew, sits beside an empty oarlock (arrow) at Onondaga Lake yesterday. Craun lost his oar when his oarlock loosened in the final 200 meters of the second varsity repechage race, and

he became a spectator as Brown maintained a one-length lead over Navy to win its heat. Craun's mates took up the slack as Brown qualified for today's featured IRA Regatta varsity title race with the victory.

Gains IRA Fin

Brow Oar,

By NEIL KERR

Despite the loss of an oar, Brown University's varsity eight-oared crew won its 2000-meter repechage heat yesterday and joined other race winners Washington and Wisconsin in the six-team field for today's IRA Regatta heavyweight title test.

Pre-Regatta favorite Pennsylvania, defending champion Cornell and Eastern Sprints champion Northeastern—the Thursday winners—will round out the talent-laden varsity field, which is set to go off at 5 p.m. today.

Prior to the feature event will come varsity pairs competition at 1:30, and freshman four races at 2:15.

Syracuse oar followers, however, will be awaiting the 3:15 p.m. championship race for freshman eight-oared crews, where the SU yearlings figure to battle Washington and Wisconsin, among others, for the 70th IRA Regatta championship.

Coach Dan Hogan's frosh boatload was the lone eight-oared crew to earn a berth in the finals, although the Orange freshman foursome yesterday won its repechage race and also earned a berth in the title event.

Continued ①



Losers Look Like This

With the agony of intense physical pain etched on their faces, members of the Boston University varsity eight-oared crew fight to recover their strength and breath just past

the finish line of an IR^A repechage heat yesterday. For BU, frustration was added to the pain when they realized they had finished fourth, and last, in the race. (AP Photo).

Regatta Summary

FRIDAY'S RESULTS

FRESHMAN EIGHTS — Heat 1: Cornell, 6:43.3; Brown, 6:47.4; Northeastern, 6:48.7; Dartmouth, 7:16.4. Heat 2: Navy, 6:50.9; Coast Guard, 6:54.3; Princeton, 6:57.0; Rutgers, 7:09.8. Heat 3: California, 6:49.1; Pennsylvania, 6:55.2; Marist, 7:04.6; Yale, 7:07.4; Boston U., 7:08.9.

JV EIGHTS — Heat 1: Pennsylvania, 6:52.8; Navy, 7:00.6; Boston U., 7:17.4. Heat 2: Northeastern, 6:51.4; Coast Guard, 6:56.9; Princeton, 7:02.0; Rutgers, 7:14.8. Heat 3: Orange Coast, 6:48.7; Brown, 6:50.7; Syracuse, 6:54.0.

VARSITY EIGHTS — Heat 1: Washington, 6:37.5; Coast Guard, 6:41.9; Rutgers, 6:44.3; Dartmouth, 6:54.0. Heat 2: Brown, 6:41.5; Navy, 6:45.0; Long Beach, 6:56.8; Boston U., 7:05.0. Heat 3: Wisconsin, 6:39.7; MIT, 6:42.8; Syracuse, 6:48.4; Princeton, 6:52.9; Columbia, 7:18.5.

VARSITY PAIRS — Heat 1: Morris Harvey, 8:24.1; UCLA, 8:32.4; Rutgers, 9:02.2; Pennsylvania, 9:13.7. Heat 2: Wisconsin, 8:48.3; Long Beach, 8:51.2; Kansas State, 9:15.0; Dartmouth "B", 9:25.5. Heat 3: San Diego St., 8:50.2; Yale "B", 8:54.5; Northeastern, 9:17.5; Marist, 9:32.0; Columbia, 10:10.6.

FRESHMAN FOURS — Heat 1: Wisconsin, 7:55.3; Navy, 7:56.3; Columbia, 8:14.6. Heat 2: MIT, 7:45.3; Cornell, 7:51.8; Orange Coast, 8:05.5. Heat 3: Syracuse, 7:49.2; Kansas State, 7:52.7; Massachusetts, 8:11.9; Rutgers, 8:23.7.

VARSITY FOURS — Heat 1: Lowell Tech, 7:37.6; Navy, 7:39.2; Pennsylvania, 7:40.7. Heat 2: Oregon State, 7:28.3; Massachusetts, 7:44.3; MIT, 7:51.8. Heat 3: Pacific Lutheran, 7:27.3; Stanford, 7:33.5; Kansas State, 7:34.5; Dartmouth, 7:51.8.

Continued ①

In the varsity competition, the Washington Huskies, seeking to regain the title they won here in 1970, fought off early challenges by newcomer Coast Guard to beat the Cadets by a boatlength in yesterday's initial heat. Washington's time of 6:37.5 was the fastest of the day.

Brown downed Navy by a length in 6:41.5 in the next heat, overcoming the loss of an oar 200 meters from the finish line by captain Todd Craun. The Bears' No 6-man dropped his oar overboard when his oarlock loosened near the finish, but Brown maintained a safe lead over runnerup Navy.

The Wisconsin Badgers led all the way to defeat their closest rival, MIT, in 6:39.7. So far this week, the Badgers have displayed the most all-around strength of all colleges competing here. All five Wisconsin crews entered in the IRA have reached the finals.

The Jim Ten Eyck Trophy will be awarded to the college scoring the most points in the varsity, JV and freshman eight-oared races today. Wisconsin, defending Ten Eyck

Continued ②

SATURDAY'S FINALS

VARSITY PAIRS — Third level (1:30): lane 2, Columbia; lane 3, Pennsylvania; lane 4, Marist; lane 5, Dartmouth "B." Petite finals (1:45): lane 1, Northeastern; lane 2, Kansas State; lane 3, Yale "B"; lane 4, Long Beach; lane 5, UCLA; lane 6, Rutgers. Championship (2:00): lane 1, Wisconsin; lane 2, San Diego State; lane 3, Morris Harvey; lane 4, Trinity; lane 5, Yale "A"; lane 6, Dartmouth "A."

FRESHMAN FOURS — Petite finals (2:15): lane 1, Massachusetts; lane 2, Navy; lane 3, Cornell; lane 4, Orange Coast; lane 5, Columbia; lane 6, Rutgers; lane 7, Kansas State. Championship (2:30): lane 1, Princeton; lane 2, Syracuse; lane 3, Wisconsin; lane 4, MIT; lane 5, Santa Clara; lane 6, UCLA.

FRESHMAN EIGHTS — Third level (2:45): lane 2, Rutgers; lane 3, Dartmouth; lane 4, Boston U.; lane 5, Yale. Petite finals (3:00): lane 1, Pennsylvania; lane 2, Northeastern; lane 3, Coast Guard; lane 4, Princeton; lane 5, Brown. Championships (3:15): lane 1, Syracuse; lane 2, Washington; lane 3, Navy; lane 4, Wisconsin; lane 5, Cornell; lane 6, California.

JV EIGHTS — Petite finals (3:30): lane 1, Navy; lane 2, Rutgers; lane 3, Princeton; lane 4, Coast Guard; lane 5, Boston U.; lane 6, Brown; lane 7, Syracuse. Championship (3:45): lane 1, Pennsylvania; lane 2, Wisconsin; lane 3, Northeastern; lane 4, Orange Coast; lane 5, Washington; lane 6, Cornell.

VARSITY FOURS — Petite finals (4:00): lane 1, Navy; lane 2, Stanford; lane 3, MIT; lane 4, Massachusetts; lane 5, Kansas State; lane 6, Dartmouth; lane 7, Pennsylvania. Championship (4:15): lane 1, Yale; lane 2, Columbia; lane 3, Oregon State; lane 4, Pacific Lutheran; lane 5, Lowell Tech; lane 6, UCLA.

VARSITY EIGHTS — Third level (4:30): lane 2, Boston U.; lane 3, Columbia; lane 4, Dartmouth; lane 5, Princeton. Petite Finals (4:45): lane 1, Syracuse; lane 2, MIT; lane 3, Navy; lane 4, Rutgers; lane 5, Coast Guard; lane 6, Long Beach. Championship (5:00): lane 1, Washington; lane 2, Pennsylvania; lane 3, Brown; lane 4, Northeastern; lane 5, Wisconsin; lane 6, Cornell.

Continued ②

champion Cornell, and Washington all own entries in all three of those title events.

Syracuse's strong freshman team will tangle with yesterday's repechage winners, Cornell, Navy and California, plus the other Thursday victors—Wisconsin and Washington—in the championship frosh eight-oared event. The frosh champion will earn the Steward's Cup.

Penn, Northeastern and Orange Coast won JV repechage races yesterday, joining Thursday qualifiers Washington, Cornell and Wisconsin in the Kennedy Challenge Cup final.

In the big event, coach Ted Nash's strong Pennsylvanians are favored to take home the Varsity Challenge Cup, but Nash is quick to point out that all six finalists have enjoyed impressive victories this spring.

"I've never seen an IRA field so well-balanced, with so many strong crews taking part," repeated the Penn coach. "Every crew in the varsity final has been winning a majority of its races this year."

The quickest 2,000-meter clocking of the regatta to date was chalked up Thursday by

Eastern Sprints champion Northeastern, which won its heat in 6:33.5.

In contrast to Thursday's cold, windy conditions, the weather Friday was almost ideal, with the temperature about 70 and only a slight breeze.

Among the grandstand spectators were current Coast Guard Athletic Director Otto Graham, the former Cleveland Browns' football star, and Liverpool's 6-6, 260-pound Walt Patulski, former CBA and Notre Dame gridder heading for the Buffalo Bills this fall . . . Coast Guard coach Bil Stowe formerly rowed at Cornell, where he was a member of the Big Red's 1962 IRA Regatta varsity champions . . . The Coast Guard has had crew for only 1½ years but is coming fast under Stowe. The Cadets, who are small college champions, stayed with Washington for 1,500 meters before losing by only 4.4 seconds yesterday . . . Cornell has had the most all-time IRA varsity wins (19) and Washington is No. 2 with 10 . . . Pre-Regatta favorites Washington and Penn will row together in lanes 1-2 in the varsity championship event.

Penn Beats Wash

Syracuse Frosh Win

On Choppy Onondaga

By NEIL KERR

Powerful Pennsylvania posted an impressive 1¼-length win over previously-unbeaten Western Sprints champion Washington in the feature varsity heat yesterday as the 70th annual IRA Regatta got off to a weather-delayed start at Onondaga Lake.

Pennsylvania, the pre-Regatta favorite, thus qualified for tomorrow's championship final, as did the winners of the other two varsity eights'

heats, Cornell and Eastern Sprints' champion Northeastern.

Winds gusting above 25 miles per hour caused a delay of 2½ hours, until 3:30 p.m., and also postponed all competition for varsity pairs, freshman fours and varsity four-oared boatloads.

As a result, initial heats for those crews will be held this morning, with varsity pairs scheduled at 7:30, freshman fours at 8:15 and varsity fours at 9 a.m.

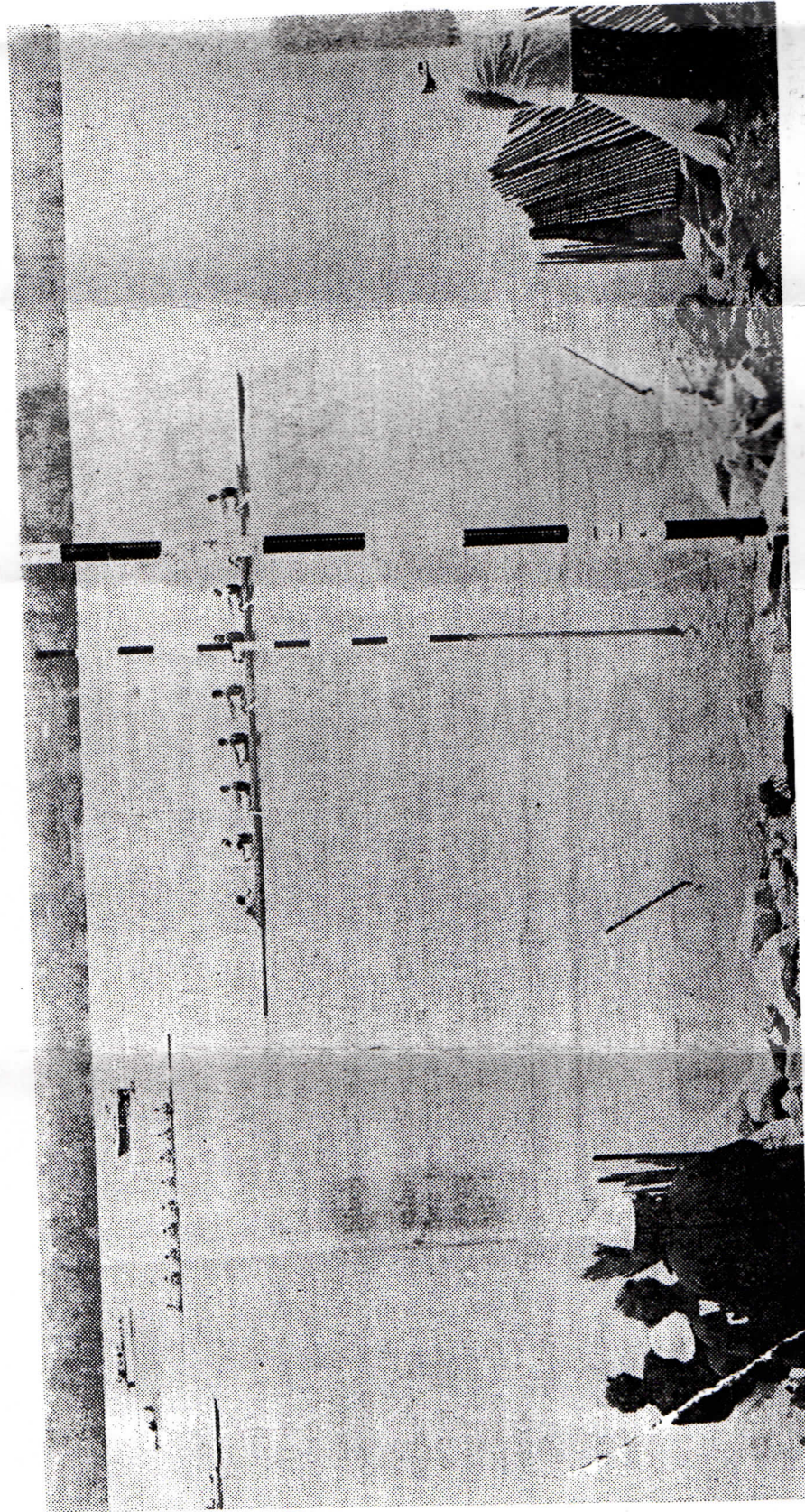
The high winds and choppy water caused the sinking of two crews — Coast Guard and Marist — in a heat for the freshman eights yesterday. The Coast Guard shell went under at about the 1,000-meter mark and Marist shell filled with water 500 meters later. Both boatloads were helped to shore by accompanying officials' craft.

While those two crews were foundering, the highly-touted Syracuse University frosh oarsmen sped on to take a 1½-length victory over Navy in the second heat of the frosh eights' competition.

The Orange shell, with Paul Sugnet at stroke and Jim Lough of Liverpool at No. 7, thereby qualified for the title race, along with other heat winners Wisconsin and Washington.

That SU victory was the day's highlight for local oar followers. Coach Dan Hogan's winners may also give Central New York partisans something to cheer about Saturday as well, although SU's winning time was the slowest of the three frosh victors yesterday.

ington in IRA Varsity Heat



Victory for Orange

The Syracuse University freshman crew crosses the finish line well ahead of second place Navy and third place Brown for an upset win in its heat yesterday in the IRA Regatta on Onondaga

Lake. The Orangemen advance to Saturday's finals with the win. Marist and Coast Guard, the two other boats in the heat, were swamped by the rough waters and failed to finish.

Regatta Results

(Continued)

In the JV competition that followed, Wisconsin JV boatload posted one of the day's fastest clockings (6:40.9) to beat out a good Northeastern crew in the first heat. Washington fallied to nip Navy by 1.6 seconds in the second JV race.

Washington's highly-regarded varsity didn't fare as well, however, as Penn surprised most onlookers with an easy victory in what was supposed to be a close opening varsity heat. Coach Ted Nash's Quakers bolted in front at the start and led by as much as two lengths by the halfway mark of the 2000-meter test. The final margin of victory was 5.4 seconds, and the winners were never threatened.

Cornell's defending IRA champions opened an early lead over its early-season Goes Cup conqueror, Navy, and held on for a one-length triumph in 6:57, slowest of the three featured varsity heats. Syracuse trailed in fourth place, behind Rutgers, in 7:14.1.

It remained for Northeastern to record the day's fastest time of 6:33.5 while holding off Wisconsin (6:36.2) in the final heat. By that time, however, the wind had abated and conditions were becoming favorable for rowing.

The repechage (second-chance) races begin at 1 p.m. today with events for freshman eights scheduled first. Then will come repechage races for JV eights at 1:45 followed by varsity eights at 2:30 . . . Later in the afternoon, starting at 3:15, will come repechage heats for the pairs and four-oared losers of this morning's early competition . . . Hinerwadel's will host the annual Steward's Clambake at 6 p.m. today with tickets priced at \$9.

FRESHMAN EIGHTS — Heat 1: Wisconsin 7:04; Cornell 7:06.2; Pennsylvania 7:13; Princeton 7:22.8; Northeastern 7:30.3; Boston U. 8:14.8. Heat 2: Syracuse 7:20; Navy 7:25.6; Brown 7:28.6; Marist and Coast Guard did not finish. Heat 3: Washington 6:59.5; California 7:02.3; Rutgers 7:21.9; Dartmouth 7:28.2; Yale 7:31.7.

JV EIGHTS — Heat 1: Wisconsin 6:40.9; Northeastern 6:43.7; Pennsylvania 6:53.1; Orange Coast 6:56.4; Princeton 6:58.6. Heat 2: Washington 6:59; Navy 7:00.6; Brown 7:15.8; Coast Guard 7:24.4. Heat 3 — Cornell 7:14; Syracuse 7:17.6; Rutgers 7:31.9; Boston U. 7:33.1.

Varsity EIGHTS — Heat 1: Pennsylvania 6:39; Washington 6:44.4; MIT 6:48.2; Long Beach 6:48.9; Coast Guard 6:51.4; Princeton 6:55.2. Heat 2: Cornell 6:57; Navy 7:00.7; Rutgers 7:08; Syracuse 7:14.1; Boston U. 7:28.4. Heat 3: Northeastern 6:33.5; Wisconsin 6:36.2; Brown 6:37.9; Dartmouth 6:50.1; Columbia 7:13.5.

Today's Schedule

Varsity Pairs: Heat 1, 7:30; Heat 2, 7:45; Heat 3, 8 a.m.
Freshman Fours: Heat 1, 8:15; Heat 2, 8:30; Heat 3, 8:45.
Varsity Fours: Heat 1, 9 a.m.; Heat 2, 9:15; Heat 3, 9:30.

AFTERNOON

Freshman Eights: Heat 1, 1 p.m.; Heat 2, 1:15; Heat 3, 1:30. JV Eights: Heat 1, 1:45; Heat 2, 2 p.m.; Heat 3, 2:15. Varsity Eights: Heat 1, 2:30; Heat 2, 2:45; Heat 3, 3 p.m.
Varsity Pairs (Repechage): Heat 1, 3:15; Heat 2, 3:30; Heat 3, 3:45. Freshman Fours: Heat 1, 4 p.m.; Heat 2, 4:15; Heat 3, 4:30. Varsity Fours: Heat 1, 4:45; Heat 2, 5 p.m.; Heat 3, 5:15.

FRESHMAN EIGHTS — Heat 1: lane 2, Dartmouth; lane 3, Northeastern; lane 4, Cornell; lane 5, Brown. Heat 2: lane 2, Princeton; lane 3, Rutgers; lane 4, Navy; lane 5, Coast Guard. Heat 3: lane 2, Pennsylvania; lane 3, Yale; lane 4, Marist; lane 5, Boston U.; lane 6, California.

JV EIGHTS — Heat 1: lane 2, Pennsylvania; lane 3, Boston U.; lane 4, Navy. Heat 2: lane 2, Princeton; lane 3, Coast Guard; lane 4, Northeastern; lane 5, Rutgers. Heat 3: lane 2, Syracuse; lane 3, Brown; lane 4, Orange Coast.

Varsity EIGHTS — Heat 1: lane 2, Dartmouth; lane 3, Washington; lane 4, Coast Guard; lane 5, Rutgers. Heat 2: lane 2, Brown; lane 3, Long Beach; lane 4, Navy; lane 5, Boston U. Heat 3: lane 2, Wisconsin; lane 3, Princeton; lane 4, MIT; lane 5, Columbia; lane 6, Syracuse.

DAID VALIL

LOREM IPSUM DOLOR SIT AMET

LOREM IPSUM DOLOR SIT AMET

Dad Vail Regatta Coast Guard Takes Command

by John A. Seitz

It was no shock that Bill Stowe's sailors rowed away with most of the shirts and silver from the 34th Annual Dad Vail, but the precision with which they did it was surprising. While announcing their two length, open water lead from the $\frac{3}{4}$ to the $\frac{1}{4}$ markers, I suspected I'd see eight polished brass keys sticking out of their backs, turning steadily at 38 spm. But when they swept past Peter's Island and the sea of spectators crested in the stands, they appeared with only the now familiar Coast Guard stripes on their backs — eight sweeping surgeons cutting their way through Schuylkill and skeptics.

The two-day regatta went off with Chief Starter Bill Donovan's "Row" at 10:30 a.m., Friday, May 12. There were four frosh heats of five crews, three to qualify. The day began chilly but it warmed quickly by both sun and anticipation. Trinity took the first heat over Georgetown by less than two seconds. In the second heat a clean-rowing Marist crossed the line before Marietta by about the same margin. University of Massachusetts won the third heat over Florida Institute of Technology by a wider margin while Coast Guard posted the best frosh time over Ithaca in the last heat. The winds were variable over the sunny water, at times head and then tail, but not strong.

Coast Guard Omen of Things to Come

After lunch the conditions were similar. In the first varsity heat at 1:30 p.m., Coast Guard displayed its form over Georgetown, Marist and three others. Tom "Bear" Curran's Temple boat decked Rollins by 6/10 of a second and Trinity won the third heat over Marietta. Next, Joe Toland's St. Joe's outrowed Ithaca. Then University of Massachusetts and Virginia paddled across with that "could win it all" look in the fifth heat.

By 2:45 p.m. the 24 four-with entries began their heats with Rollins, Villanova, FIT and Drexel showing the best times. Eight other fours qualified for the semi-final.

Eighteen lightweight crews went to the line next; twelve qualified for the semi. Among them were Coast Guard, Marietta, LaSalle, Worcester Poly, Buffalo State, Alabama and FIT. The j.v.'s then plied down the yet warm and placid waters, and by 5:00 p.m. University of Massachusetts, Coast Guard, Trinity and St. Joe's along with eight others had won lanes for the semi-finals.

Twelve frosh crews in two semi-finals finished by 5:40 p.m., with Coast Guard and University of Massachusetts winning the heats. Chief Referee Ernie Bayer's crew, Joe Hasiak, Tom Dowd and Peter Kay had to wave their flags in the second frosh semi-final when Trinity in lane 5 seemed to be headed for the East River Drive just past Strawberry Mansion Bridge and had to be called to come hard to starboard to get back into their own water. In spite of the hard turn, Trinity rowed on making up lost water with each stroke, but trailed the qualifier, Marietta, by 6/10 of a second at the finish.

Dad Vail Officials Have Race of Their Own

Once off the river, the oarsmen headed a course for food and as much sleep as the stomach would permit, while the coaches and regatta committee shoved off for The Anchorage, a rustic oasis on the East River Drive, and the final heat of the day. The winner was James B. Anderson, former University of Pennsylvania stroke and Chief Dad Vail Referee for the past 20 years. The new lightweight trophy named in his honor was presented. In second place were Tom Conville, Charles Jennings and Jack Galloway. All



Bill Stowe (center) and Coast Guard championship eight celebrate Dad Vail victory.

behind and literally row Washington into the ground, 6:09.9 to 6:14.9. A classic performance by a truly exceptional crew!

In the freshmen, Washington was again the favorite, and proceeded to prove it with a most convincing six second victory. What was most interesting were the placings behind the Huskies. A to-then unremarkable California frosh crew had surprised many by winning their heat, and then continued their fine late season development to place second. Third place bore out another rumor, as word had it that little Santa Clara was showing a fine freshman crew, proven with a strong third even though they were forced off their home course (the original site of these 1972 Sprints) by lack of water in their reservoir.

In the lightweights, UCLA broke through defending champion Washington, and Oregon State followed them past to relegate the Huskies to third. Several observers were elated at this victory, because it had been clear all year that the Bruin lightweights were having the ultimate degree of fun out of their rowing program, which is one of the most heartening and oft-forgotten factors of a rowing program. When you can have this and win to boot, what greater success could a program achieve?

Washington rang up another victory in the varsity fours with cox, defeating perennially strong Pacific Lutheran (getting to be another "legend" with their fours) by just 2.1 seconds. UCLA took a second championship in the freshman fours with cox, and Santa Clara copped the lightweight fours with cox.

Western Sprints Includes Non-collegiate Events

The Western Sprints offered a full slate of racing, but the collegiate races weren't all, for they also offered non-collegiate scheduling. In this Olympic year, interest was high in these events, and some results which may prove most interesting for the Olympic Trials picture emerged. Perhaps the best elite singles race of 1972, short of the Trials themselves, took place here, the contestants being: John Van Blom, Tom McKibbin, Bill Maher, Reed Adler, Bob Montgomery and Roger Burk. What a classic field! It turned out to be a repeat of the 1968 Olympic Trials, as after the preliminary sparring was over, the sprint to the finish saw the Long Beach clubmates lead the pack to the line. But this time there were three of them, not only Van Blom and McKibbin, but also Adler, who had rowed in the U.S. double in Copenhagen last year. Van Blom again had that last burst of power and won it in 7:14.1 to McKibbin's 7:17.1 and Adler's 7:18.1

The pair-oared races also held a great deal of interest, for perennial international oarsman Larry Hough had recently returned to the Coast and had teamed up with 1964 Tokyo bronze medalist (straight four) Dick Lyon to form a reputedly fast pair. Needing competition, they entered both pair events. In the straight pair, they had all they could handle with Lake Washington's Greg Miller and Chad Rudolph, Pan-Am Games veterans currently rowing in a reportedly fast straight four in Seattle. The Washington men fought the Stanford men all down the course, until Stanford's greater experience in the pair brought them home victorious in 7:07.3 to Washington's 7:13.7. This could be a portent of interesting things cooking up at Lake Washington again.

An hour and a half later, Larry and Dick were back with cox John Ryder to tackle Copenhagen veterans Newman and Pope, as well as Stanford clubmates Kerr and Dempsey.

Here they proved victorious by an even larger margin, winning in 7:29.5. In a most interesting battle for second, Kerr and Dempsey defeated the international vets, 7:37.7 to 7:39.5, although Newman and Pope are just beginning to round into shape. There seem to be some mighty strong pairs forming out in the West.

It's too bad that more rowing buffs can't see the Western Sprints; it's truly a total regatta, and one of the best in the country every year. This year was a special accomplishment, as the original site in the San Francisco area was victimized by a state-wide drought which failed to put enough water in Lexington Reservoir for even one lane, let alone six, so Long Beach had to take over on relatively short notice. Kudos to all, particularly chairmen Dick Krahnenbuhl and Joe Newman — a real come-through performance in the clutch!

The 1972 Western Sprints Regatta held at Long Beach Marine Stadium entertained over 600 oarsmen from 32 colleges and six rowing clubs. The crowd was estimated at 3,500 wild spectators who are real rowing enthusiasts. Long Beach took the regatta on two months' notice but did one whale of a job putting it on. For the team championship for points UCLA had 29 for first, followed by Washington with 25, Orange Coast with 13, Long Beach and Stanford tied with 9.

by Kearney Johnston

RESULTS

VARSITY FOURS W/COX PETITE FINAL

- | | |
|-----------------|-----------|
| 1. Orange Coast | 7:17.1 |
| 2. Stanford | 7:23.2 |
| 3. UCLA | 7:37.1 |
| Oregon State | Scratched |
| Santa Clara B | Scratched |

FRESHMAN EIGHTS PETITE FINAL

- | | |
|---------------------|--------|
| 1. UC Irvine | 6:36.0 |
| 2. Stanford | 6:36.1 |
| 3. Loyola | 6:39.3 |
| 4. UC Santa Barbara | 7:05.3 |

FRESHMAN EIGHTS GRAND FINAL

- | | |
|---------------------|--------|
| 1. Washington | 6:17.5 |
| 2. UC Berkeley | 6:23.5 |
| 3. Santa Clara | 6:26.2 |
| 4. UCLA | 6:28.4 |
| 5. Orange Coast | 6:29.5 |
| 6. Long Beach State | |

FRESHMAN FOURS W/COX GRAND FINAL

- | | |
|--------------------|--------|
| 1. UCLA | 7:03.5 |
| 2. USC | 7:07.5 |
| 3. Santa Clara B | 7:07.6 |
| 4. San Diego State | 7:21.8 |
| 5. UC Irvine | 7:34.5 |
| 6. Stanford | |

JUNIOR VARSITY EIGHTS PETITE FINAL

- | | |
|---------------------|--------|
| 1. Loyola | 6:29.1 |
| 2. Long Beach State | 6:37.3 |
| 3. UCLA | 6:54.4 |

JUNIOR VARSITY EIGHTS GRAND FINAL

- | | |
|--------------------|--------|
| 1. Orange Coast | 6:09.9 |
| 2. Washington | 6:14.9 |
| 3. Oregon State | 6:19.9 |
| 4. UC Berkeley | 6:20.6 |
| 5. U. British Col. | 6:21.9 |
| 6. San Diego State | |

LIGHTWEIGHT DOUBLES FINAL

- | | |
|--------------------------|--------|
| 1. Chapin, Oregon State | 7:36.3 |
| 2. Jackson, UCLA | 7:49.8 |
| 3. Lickiss, Lake Merritt | |
| Zinn, Long Beach State | |

VETERANS DOUBLES FINAL

- | | |
|--------------------------|--------|
| 1. Cossetini, Long Beach | 7:31.4 |
| 2. Konopaseki, San Diego | 7:35.6 |

VARSITY FOURS W/COX GRAND FINAL

- | | |
|---------------------|--------|
| 1. Washington A | 6:52.9 |
| 2. Pacific Lutheran | 6:55.0 |
| 3. Santa Clara A | 6:55.6 |
| 4. USC | 6:59.8 |
| 5. U. Oregon | 7:06.0 |
| 6. UC Irvine | |

PAIRS W/COX FINAL

- | | |
|--------------------------|--------|
| 1. Hough, Stanford CA | 7:29.5 |
| 2. Kerr, Stanford CA | 7:37.7 |
| 3. Pope, OCC Alumni | 7:39.5 |
| 4. Petrich, Long Beach | 7:54.5 |
| 5. Berkley, Orange Coast | 7:54.7 |
| 6. Millar, Stanford CA | |

VARSITY EIGHTS PETITE FINAL

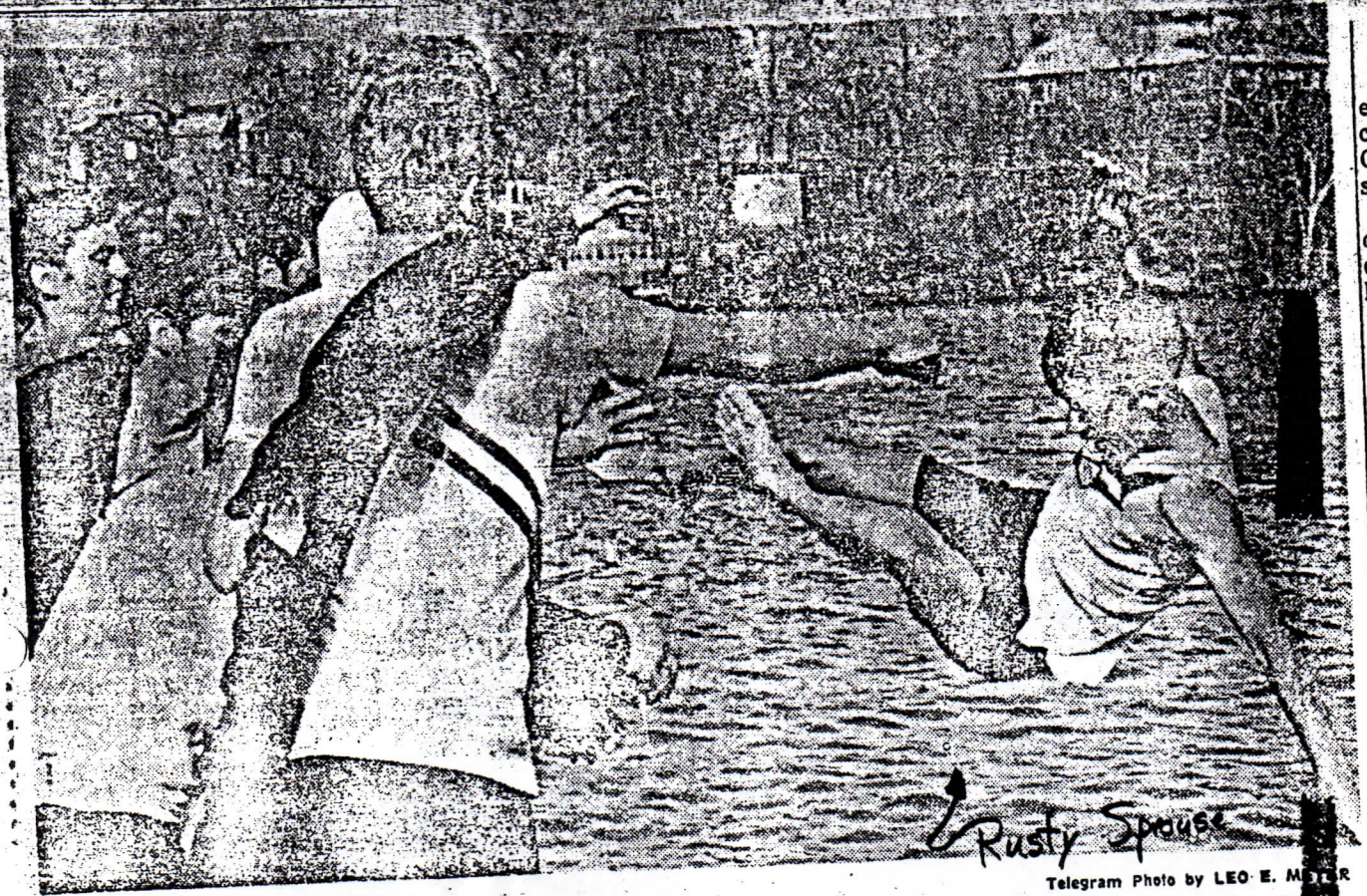
- | | |
|--------------------|--------|
| 1. Oregon State | 6:06.9 |
| 2. UC Irvine | 6:10.1 |
| 3. UC Berkeley | 6:12.2 |
| 4. W. Washington | 6:15.4 |
| 5. USC | 6:20.5 |
| 6. San Diego State | |

VARSITY EIGHTS GRAND FINAL

- | | |
|---------------------|--------|
| 1. Washington | 5:58.5 |
| 2. Long Beach State | 6:00.5 |
| 3. U. British Col. | 6:05.5 |
| 4. UCLA | 6:06.8 |
| 5. Stanford | 6:17.6 |
| 6. Loyola | |

(Continued on p.34)

Coast Guard Overpowers Trinity to



Jubilant Coast Guard Academy heavyweights give coxswain Freddy Montoya the traditional post-race dunking after winning the Rusty Callow Regatta yesterday.

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Huskies, Crimson to Test Navy Crew

Harvard's crew dynasty in the Eastern Sprints on Lake Quinsigamond ended last year with Navy winning impressively. Rutgers was second and Harvard third.

Now, it appears likely military schools may be the nation's best this year in the university and college divisions.

Navy is considered one of the favorites for Saturday's 27th edition of the Eastern Sprints. Northeastern and Harvard are also highly regarded.

It's too bad Coast Guard is competing in the Dad Vail Regatta for smaller schools the same day. Coast Guard is rated the top small college rowing power in the nation and a Navy-Coast Guard matchup would be a natural, both being service academies.

However, the Cadets will settle for the college crown this year, leaving the task of sinking Navy to Northeastern and Harvard.

Northeastern, under coach Ernie Arlett, missed qualifying

Only three seniors are listed and five juniors make up the remainder of the crew. John Maslowski of Marlboro is at No. 6. A sophomore is the cox.

Harvard, likewise, was defeated at least before yesterday's Adams Cup test against Navy and Pennsylvania. Five oarsmen are back from last year's varsity crew.

REGATTA POINTS — Of equal importance to winning are individual performances in the forthcoming Sprints, which is expected to attract some 75 crews. Oarsmen are seeking

lightweight coaches. Harry Parker and Steve Gladstone, will be the U.S. Olympic team coaches.

Sprints races will be conducted over the 2,000-meter Lake Quinsigamond course. Events start at 8:45 a.m. and end at 5:15 p.m. Races are scheduled every 15 minutes, with qualifying heats in the morning and finals in the afternoon.

Tickets will be available at Regatta Point, the site of the finish line, on race day. Parking is available at Regatta Point.

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New London Day May 12, 1972

CGA Crew Seeks Small College Title

NEW LONDON — The unbeaten oarsmen of Bill day afternoon and Saturday morning to determine the seven finalists who will be answering the starter's call Saturday afternoon. In light of past performances, it is expected the Cadets will be one of the seven finalists. In fact, the Cadets will probably be wearing the favorite's tag at race time.

A great deal is at stake in Saturday's prestigious race for ing heats at 1:00 p.m. for Fri-

defeated Coast Guard Academy Stowe, who in only their second heavyweight crew, winners of year of rowing, will be competing for the national small college rowing championship, an invitation to the IRA Regatta in June, and the preservation of a six-straight regattas including a smashing victory over Yale, will try to add another glittering chapter to a brilliant success story when it journeys to Philadelphia this weekend to compete in the Dad Vail Regatta on the waters of the Schuylkill River.

Stowe is confident the Cadets will prevail in Saturday's regatta if they display the same form they employed in winning last Saturday's Rusty Callow Cup Regatta. In the Callow Cup Regatta symbolic of New England small college supremacy, the Cadets blazed to victory on the waters of Lake Quinnisquamond winning by nearly five lengths over their nearest rival Trinity College.

The importance of Saturday's regatta to the Cadets is magnified with the knowledge that a victory means an invitation to the IRA Regatta in Syracuse June 1-2-3.

The IRA Regatta selection committee has informed Stowe the Cadets will be asked to participate in the IRA Regatta if they capture the Dad Vail Saturday.

Although the Cadets have made remarkable progress in such a short time, it remains to be seen whether they are ready to make that leap. Saturday's race should be a good indication.

Coast Guard Is Dad Vail Crew Winner

PHILADELPHIA (UPI)—A U.S. Coast Guard Academy varsity crew, made up of men who never rowed before this year, successfully fought against a strong head wind Saturday to win the 34th annual Dad Vail Trophy.

The eight-oared Coast Guard crew came from behind at the end of the first half mile after trailing at the start to win the race which highlighted the regatta on the Schuylkill River. The Cadets won by two lengths in 6:16 for the 2,000 meters.

Rollins from Winterpark, Fla., was second and Marietta third. Temple, which was unbeaten in nine starts until the Saturday race, finished fourth and the University of Virginia was fifth.

The Cadets also won the lightweight eight-oared championship and the new James Anderson Trophy.

In other races, Marietta came from behind in the last 100 yards to successfully defend its junior varsity eight-oared championship.

The crew from the Ohio college won by a half length after rowing third during most of the 2,000 meter race. The U.S. Coast Guard Academy was second and the University of Massachusetts third.

The Marist College freshmen eight-oared crew from Poughkeepsie, N.Y., came from behind to win the freshman title by a half length. Massachusetts took second place.

CGA Crew Wins Dad Vail

PHILADELPHIA — Coast Guard Academy's heavyweight varsity crew turned its attention to new goals today after a decisive victory over the weekend in the Dad Vail Regatta.

The undefeated Academy oarsmen, whose rowing program began just 17 months ago, extended their winning streak to seven straight by taking Saturday's main event at the 2,000-meter distance on the Schuylkill River. Twenty-six colleges competed in the regatta, in which the big prize is the Dad Vail Trophy emblematic of the national small college championship.

The Dad Vail Trophy triumph qualified the Cadet heavies for participation in the big regatta of the Intercollegiate Rowing Association at Syracuse. The IRA competition, nearest approach to a national championship at the major college level, is scheduled June 1-2-3. This weekend the Cadets have a race scheduled with the University of Wisconsin at Lake Mendota.

The Cadets were clocked in 16 minutes, 16 seconds in winning the Dad Vail trophy race by a margin of two lengths over second place Rollins College of Florida. Marietta was one length farther back, followed by Temple, Virginia and the University of Massachusetts in that order.

In addition to the heavyweight title race, Coast Guard won the lightweight varsity final while taking second place in junior varsity heavies and third in the freshman heavies.

The Cadet lightweights were timed in 6:53.4 as they won by two lengths over second place Marietta, with Florida Institute of Technology taking third.

Coast Guard heavyweight jayvees finished second to Marietta by the margin of one second, or one-quarter of a boatlength. UMass was third, followed by Holy Cross, Trinity and St. Joseph's.

UMass won the freshman event by a half length over Coast Guard, another length back.

Coast Guard's strong showing in the regatta finals was overshadowed on Friday when the Cadets won their trial heats in all of the four eight-oar divisions. They had the fastest times of the day in three of them — heavyweight varsity, 5:57.4; heavyweight freshman, 6:03, and lightweight, 6:09.

The heavyweight title race on Saturday proved to be a return of the Coast Guard-Rollins confrontation in the Cypress Gardens Regatta in Florida at the start of the season. The Coast Guard in front all day. The Cadets had a decisive lead after the first strokes of the racing start and had a margin of better than two lengths going to the last 500 meters.

The Cadets rowed the body of the race at 34-35 and finished at 36 — a higher tempo than in any of their previous races.

"We didn't have to row as high a cadence in the earlier races," said Coxswain Fred Montoya. "We had to go up in this one because Rollins pushed us. They rowed a basic 35-36 and finished at 38. We hit a stretch of dead water near the finish and they moved up on us a bit."

Bill Stowe, Coast Guard coach who stroked Cornell's 1962 IRA champions and Vesper's 1964 Olympic gold medal crew, said the Cadets came through in spite of some adverse factors. "They rowed very well," he said, "although they were just coming off final exams, had a couple sick and had a slow time at the finish."

Stowe said Montoya and the 17 man, Mike Wensman, received medical attention for a virus affliction shortly after their arrival in Philadelphia.

With final exams completed and the Dad Vail Trophy safely stored away, Stowe said the Cadets will go into two-a-day practice sessions at Rogers Lake to prepare for the race with Wisconsin and the IRA regatta. Stowe added that he hopes to include a practice row with Brown University in the training program.

Meanwhile at the Academy, the crew will take on new honors this week. CBS is scheduled to conclude plans for a sports feature to be shown this weekend and the Cadets figure to be given a spread in a national magazine for their undefeated season.

Regatta



U. S. Coast Guard Crew Coach Bill Stowe
with his winning Varsity Eight in the 1972
Dad Vail Regatta, being congratulated by
Dad Vail Chairman, Tom Conville.

Coast Guard Wins Dad Vail

Reading Paper 5/14/71

By FRANK BRADY
Of The Bulletin Sports Staff

Bill Stowe, the crew coach at the Coast Guard Academy, was standing on a railing in the pressbox at the finish line of the Dad Vail Regatta yesterday afternoon.

At his feet stood a freshman cadet. The young man, a manager, had a videotape camera in his hands. Bill Stowe had a walkie talkie in his hand.

The military does things right.

"Dusty, we've got it," Stowe announced into the walkie-talkie. "Thirty-five more strokes to go. We've got open water. It would take a swamping to catch us." Dusty Stratton, wide receiver on the football team, and rowing manager, got the message. Look for us.

Swamping never came. Coast Guard.

won the Dad Vail race for varsity eights from here to Atlantic City. Well, by an easy two lengths over Rollins.

"Here we come IRA—look out for us!" warned Stowe, who is not the most reticent coach in the world.

By winning the Dad Vail (and the Jack Bratten overall point trophy, incidentally) the Coast Guard boat expects an invitation to the Interstate Rowing Association championships the first week of June.

The Dad Vail winner expects an invitation—a nice formality, usually—to row in the IRA just to see how the boys do things. The Dad Vail is for rowing on the "small level."

Bill Stowe, who stroked Viper's eight to the 1964 doesn't see the IRA date exactly what way. For this year's Olympic,

Dad Vail

Continued From Page 1, Sports

the country will fill the United States' eight—not the boat of one school or club as in the past.

"Harry Parker (the Harvard coach) said in the Washington Post that, 'If we (Harvard) win the IRA they should send us intact to Munich,' " Stowe said. "Well, WE'RE going to win the IRA and WE'RE going to Munich intact and bleep them all."

Yesterday, the Cadets bleeped everybody. The varsity eight was no contest. Coast Guard got the lead on the break from the stakes boats and suffered only mild challenges.

The Cadets, none of whom had rowed before January of 1971 when Stowe and crew arrived at the Academy, rowed through most of the race at 34 strokes a minute and had a length and a half lead through the first quarter of the 2,000 meter race.

"We'll need more than that," Stowe feared during the race. He was wrong. The Cadets had the lane to the extreme west, the lane closest to Peters island. Coast Guard never faltered as the boats swept past the island.

Hit Slow Water

"It's not as fast (in that lane) as the outside lanes," Stowe explained. "You seem to hit slow water there in that last 700, 800 meters."

At the finish, Coast Guard's lead was growing. Marietta,

last year, surged to third and Temple—which had made one thrust at Coast Guard early—settled for fourth.

Neither St. Joseph's, the 1970 champ, nor defender Georgetown made the finals.

Coast Guard also took the lightweight race by open water over Marietta, which in turn nudged the Cadets in the JV contest. Marist's freshmen (with Philadelphians Bill Crawford, Jim Browning, related Tom and Pat Duffy, plus Holy Spirit grads John Tracy and Capt. Joe Guenther—happy birthday, Joe) sprinted home from mid-island to defeat Massachusetts. Coast Guard was third.

In the most emotional race of the day, Drexel's delirious crew took the four with coxswain event by three lengths over Jacksonville for the school's first win in Dad Vail competition.

At race's end, coxswain Tom McLaughlin giddily (and dangerously) scrambled the length of the boat to congratulate teammates Mike McKenna, Wayne Blanchard, Ron Madden and Karl Schultz. They had been rowing as a unit for only a week.

"We had to go into a four (instead of the varsity eight) because we had a run of the measles (among oarsmen)," said Dragon coach Joe Griep.

"We borrowed a four (shell) from Penn and we raced in the city races (Bergen Cup) last week. One of the fellows didn't row, so we juggled things around all week. They came back today."

Unlike Bill Stowe, however, the Dragons haven't announced yet for Munich.

Finals
Varsity race for place—1, Ithaca; 2, Trinity; 3, St. Joseph's; 4, George Washington; 5, Marist; 6, Georgetown. 6:50.1, 6:50.2.
Freshmen—1, Marist (bow Bob Sheehan, 2 Tom Duffy, 3 Kevin O'Connor, 4 Joe Guenther, 5 John Tracy, 6 Dave Drews, 7 Pat Duffy, stroke Jim Browning, coxswain Bill Crawford); 2, Massachusetts; 3, Coast Guard; 4, Ithaca; 5, Georgetown; 6, Marietta.
Junior varsity—1, Marietta (bow Doug Eastwood, 2 Rich Nicolai, 3 Bob Britton, 4 Joe Hehir, 5 Bruce Lines, 6 Karl Diesel, 7 Bill Maher, stroke Frank Nezybor coxswain Mike Cipollone); 2, Coast Guard; 3, Massachusetts; 4, Holy Cross; 5, Trinity; 6, St. Joseph's. 6:48.9, 6:50.4.
Lightweights—1, Coast Guard (bow Gary Anderson, 2 Pete Dolan, 3 Jim Van Sice, 4 Joe Ahern, 5 Greg Kelley, 6 Tony Gutierrez, 7 Eric Anderson, stroke Brad Niesen, coxswain Bill Wittmeyer); 2, Marietta; 3, Florida Institute of Technology; 4, Worcester Poly; 5, Alabama; 6, Buffalo State. 6:53.4, 7:00.4.
Coxs with coxswain—1, Drexel (bow Kurt Schultz, 2 Ron Madden, 3 Wayne Blanchard, 4 Mike McKenna, coxswain Tom McLaughlin); 2, Jacksonville; 3, Atlantic County Community College; 4, Florida Southern; 5, Florida Institute of Technology; 6, Villanova. 7:36.2, 7:52.1.
Varsity eights for Dad Vail Trophy—1, Coast Guard (bow Bill Page, 2 Pug Gutridge, 3 Larry Shirlev, 4 Mark Nolf, 5 Bill Schiller, 6 Ken Knutson, 7 Mike Weismann, stroke Brad Balch, coxswain Fred Montoya); 2, Rollins; 3, Marietta; 4, Temple; 5, Virginia; 6, Massachusetts. 6:16.0, 6:24.2.

Coast Guard Is Dad Vail Crew Winner

PHILADELPHIA (UPI)—A U.S. Coast Guard Academy varsity crew, made up of men who never rowed before this year, successfully fought against a strong head wind yesterday to win the 34th annual Dad Vail Trophy.

The eight-oared Coast Guard crew came from behind at the end of the first half mile after trailing at the start to win the race which highlighted the regatta on the Schuylkill River. The Cadets won by two lengths in 6:16 for the 2,000 meters.

Rollins from Winterpark, Fla., was second and Marietta third. Temple, which was unbeaten in nine starts until the Saturday race, finished fourth and the University of Virginia was fifth.

The Cadets also won the lightweight eight-oared championship and the new James Anderson Trophy.

In other races, Marietta came from behind in the last 100 yards to successfully defend its junior varsity eight-oared championship.

The crew from the Ohio college won by a half length after rowing third during most of the 2,000 meter race. The U.S. Coast Guard Academy was second and the University of Massachusetts third.

The Marist College freshmen eight-oared crew from Poughkeepsie, N.Y., came from behind to win the freshman title by a half length. Massachusetts took second place.

Coast Guard Crew Wins Dad Vail Race

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pionship and the New James Anderson Trophy.

Trinity's junior varsity crew placed fifth in the finals which was won by Marietta College of Ohio. Trinity had placed second to Marietta in a qualifying heat earlier in the day.

None of the other Trinity crews made it to the finals.

(Continued on Page 2E)

Coast Guard Crew Dad Vail Champ

(Continued from Page 1E)

The varsity crew rowed in a consolation race, coming in second to Ithaca College. The varsity rowers led throughout the race only to be caught at the finish, and lost by a 10th of second.

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College won by a half length after rowing third during most of the 2,000 meter race. The U.S. Coast Guard Academy was second and the University of Massachusetts third.

The Marist College freshmen eight-oared crew from Poughkeepsie, N.Y., came from behind to win the freshman title by a half length. Massachusetts took second place.



COVER DESIGN BY JIM MULDOWNEY

SCHUYLKILL NAVY OF PHILADELPHIA

ORGANIZED 1858

University Barge Club

Malta Boat Club

Crescent Boat Club

Vesper Boat Club

Penn Athletic Club Rowing Association

Fairmount Rowing Association

Undine Barge Club

College Boat Club

Bachelors Barge Club

Officers—1972

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602 Pleasant Avenue
Philadelphia, Pa. 19118

JOSEPH A. HASIAK, Vice-Commodore
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Malvern, Pa. 19355

ALBERT P. WACHLIN, Treasurer
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Philadelphia, Pa.

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Springmill Road
Gladwyne, Pa. 19035

TED NASH, Logkeeper
Weightman Hall, University of Pennsylvania
Philadelphia, Pa.

JOSEPH A. SWEENEY, Secretary
219 Lincoln Drive
Philadelphia, Pa.

For Information Contact the Secretary

No. 4 East River Drive

Fairmount Park, Philadelphia, Pa. 19129



A Brief History of Rowing

Rowing is one of the oldest of sports. The ancient Greek and Roman writers told about rowing boats and rowing races. There were rowing races in Egypt, between state barges, in 6000 B.C. The Chinese rowed races centuries ago, using boats holding 27 men each. The only thing that is comparatively new about rowing is the shape, size and weight of the boats used, the outriggers, and the sliding seats, plus the plastic boats now being manufactured.

The first organized rowing races took place in England, in 1715, when a well known comedian of the times, Thomas Doggett, set up a six crew boat race on the Thames River from London Bridge to Chelsea. This race continues until the present time, using interest from money left by Doggett for the purpose.

When Doggett established this first regatta, sports were considered proper only for the "vulgar herd" or for very young boys. The oarsmen in this first regatta in 1715, for example, were Thames River watermen, who made their living rowing people and freight for pay.

It was not until the early 1800's that Dr. Arnold, an educator attached to Rugby, an English school, took steps to advance the theory now everywhere acknowledged, that sports go hand in hand with studies, or in other words "a sound mind in a sound body" is the best way for a student, or a working man. The energies of youth in particular must have an outlet, and just about everyone has found that healthful exercise has the highest value at almost all stages of their life. Rowing has long been a bridge over many wrong things, from adolescence to a productive and healthy later life.

As a result of Dr. Arnold's teaching, rowing races between the great English universities were set up and still continue. Many other facilities for rowing were established, and a great number of rowing clubs formed.

In the United States, several rowing clubs were formed, and thereafter, in 1834, combined to form the Castle Garden Boat Club Assn. in New York. In 1843 and 1844, respectively, Harvard and Yale were the first to recognize rowing as a regular exercise. In our own city, Philadelphia, the Bachelors Barge Club was established in 1853, and in 1858, the Schuylkill Navy was formed to coordinate the athletic endeavors of the Philadelphia boat clubs, most of which were founded not long after Bachelors Barge. The Schuylkill Navy is the oldest existent amateur sports governing body in the United States.

The National Assn. of Amateur Oarsmen, which is the national rowing organization, was established in 1872, and is very active. The international rowing organization, F.I.S.A., with headquarters in Switzerland, is also very active. The Olympic games, of which rowing has been a part since 1896, have been a major factor in spreading rowing.

Rowing has two branches, sculling (in which each man uses two oars) and sweeps (in which he uses only one, but a bigger, oar). Sculling is thought to require more skill, and sweeps, more strength. Formerly, boats used in rowing races were quite broad (a four used in England in about 1821 was 6'2" wide, 35' long, and weighed 700 lbs.) whereas a present four would be about 17" wide, weigh around 100 lbs. and be 41' or so long. The invention of the outrigger by Anthony Brown in 1828, with many improvements since, has done much to make rowing boats narrower, longer, lighter and faster. Henry Clasper is credited with many improvements in racing boats, including an iron outrigger in 1845. The sliding seat, invented by Walter Brown in 1869, was also a major step forward, making a longer "pull" possible.

From about 1869 until about 1910 "paper boats" (actually just a paper skin, the rest wood) were popular, but were found difficult to maintain. They were said to be 30% lighter than wooden skinned boats. There was formerly "professional" rowing, for prize money, but because of corruption, it stopped in about 1900, and now all rowing is amateur.

34th ANNUAL DAD VAIL REGATTA

MAY 12th AND 13th, 1972 — DISTANCE 2000 METERS

Schuylkill River

Philadelphia, Pa.

MEMBER COLLEGES

AMHERST COLLEGE
Henry F. Dunbar — Coach

COLLEGE OF HOLY CROSS
John Foley — Coach

DREXEL UNIVERSITY
Joseph Greipp — Coach

FLORIDA SOUTHERN COLLEGE
William Daniels — Coach

FORDHAM UNIVERSITY
Peter Brina — Coach

GEORGE WASHINGTON UNIVERSITY
Bill Palmer — Coach

GEORGETOWN UNIVERSITY
Frank Benson — Coach

HOWARD UNIVERSITY
Frank Thornton — Coach

IONA COLLEGE
Vincent Ventura — Coach

LA SALLE COLLEGE
George J. Hines — Coach

MARIETTA COLLEGE
Ralph M. Lindamood — Coach

MARIST COLLEGE
William Austin — Coach

UNIVERSITY OF MASSACHUSETTS
Michael Faherty — Coach

C. W. POST COLLEGE
Al Borghard — Coach

PURDUE UNIVERSITY
Steven Peth — Coach

UNIVERSITY OF RHODE ISLAND
Christopher G. Donaldson — Coach

ROLLINS COLLEGE
James P. Lyden — Coach

ST. JOHN'S UNIVERSITY
James Lynch — Coach

ST. JOSEPH'S COLLEGE
Joseph L. Toland — Coach

STONY BROOK STATE UNIVERSITY
Paul Dudzik — Coach

TEMPLE UNIVERSITY
Thomas Curran — Coach

TRINITY COLLEGE
Norman Graf — Coach

VILLANOVA UNIVERSITY
Louis Sonzogni — Coach

WAYNE STATE UNIVERSITY
Judson O. Ross — Coach

WESLEYAN UNIVERSITY
Philip L. Calhoun — Coach

1972 REGATTA OFFICIALS

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John R. Galloway Asst. Regatta Director
John A. Seitz Director of Officials

Ernest H. Bayer, N.A.A.O. Treasurer Chief Referee
Joseph A. Hasiak, Fairmount R.A. Referee
Thomas Dowd, Fairmount R.A. Referee
Dr. Peter Kay, Purdue Univ. Referee
Dr. John A. Bergen, U. of Penna. Head Judge

Wm. F. Donovan, Schuylkill Navy Head Starter
Frank Cosgrove, Fairmount R.A. Starter
Dr. Thomas Kerr, Jr., Drexel Univ. Awards Chairman
Richard W. O'Brien Past DYRA Chairman
Robert Morro, La Salle College Chief Marshal

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Francis H. Ludwig
Charles F. Jennings
John Semanik
Rev. Glendon Robertson
Dr. R. Kirby Davidson
Augustus W. Schatzel
Wm. Margeson

Finish Line Marshals

Henry Welsford
Wm. Murry
Lloyd Reynolds
Donald Callahan

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John R. Galloway

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Gregory Stefan

Semi-Final and Heat Sheets Will be Available to Program Holders Only

34th ANNUAL DAD VAIL REGATTA

ORDER OF EVENTS

FRIDAY, MAY 12, 1972

(Crews listed on following pages)

FRESHMAN HEATS — THREE TO QUALIFY FOR SEMI-FINALS

10:30 A.M. — HEAT No. 1

10:45 A.M. — HEAT No. 2

11:00 A.M. — HEAT No. 3

11:15 A.M. — HEAT No. 4

VARSITY HEATS — THREE TO QUALIFY FOR SEMI-FINALS

1:30 P.M. — HEAT No. 1

1:45 P.M. — HEAT No. 2

2:00 P.M. — HEAT No. 3

2:15 P.M. — HEAT No. 4

2:30 P.M. — HEAT No. 5

FOUR-OARED SHELLS — THREE TO QUALIFY FOR SEMI-FINALS

2:45 P.M. — HEAT No. 1

3:00 P.M. — HEAT No. 2

3:15 P.M. — HEAT No. 3

3:30 P.M. — HEAT No. 4

LIGHTWEIGHT EIGHTS — FOUR TO QUALIFY FOR SEMI-FINALS

3:45 P.M. — HEAT No. 1

4:00 P.M. — HEAT No. 2

4:15 P.M. — HEAT No. 3

JUNIOR VARSITY HEATS — FOUR TO QUALIFY FOR SEMI-FINALS

4:30 P.M. — HEAT No. 1

4:45 P.M. — HEAT No. 2

5:00 P.M. — HEAT No. 3

FRESHMAN SEMI-FINALS — THREE TO QUALIFY

5:15 P.M. — HEAT No. 1

5:30 P.M. — HEAT No. 2

SATURDAY, MAY 13, 1972

(Crews listed on Heat Sheet)

FOUR-OARED SEMI-FINALS — THREE TO QUALIFY

9:30 A.M. — SEMI-FINAL No. 1

9:45 A.M. — SEMI-FINAL No. 2

JUNIOR VARSITY SEMI-FINALS — THREE TO QUALIFY

10:00 A.M. — SEMI-FINAL No. 1

10:15 A.M. — SEMI-FINAL No. 2

LIGHTWEIGHT SEMI-FINALS — THREE TO QUALIFY

10:30 A.M. — SEMI-FINAL No. 1

10:45 A.M. — SEMI-FINAL No. 2

VARSITY SEMI-FINALS — TWO TO QUALIFY

11:00 A.M. — SEMI-FINAL No. 1

11:15 A.M. — SEMI-FINAL No. 2

11:30 A.M. — SEMI-FINAL No. 3

SATURDAY AFTERNOON

(Crews listed on Heat Sheet)

EVENT No. 1

EVENT No. 2

EVENT No. 3

EVENT No. 4

EVENT No. 5

EVENT No. 6

VARSITY RACE FOR PLACE

FRESHMAN FINAL

JUNIOR VARSITY FINAL

LIGHTWEIGHT FINAL

FOUR-OARED FINAL

VARSITY FINAL

2:30 P.M.

2:50 P.M.

3:10 P.M.

3:30 P.M.

3:50 P.M.

4:10 P.M.

VARSITY HEATS (Three to Qualify)

1:30 P.M.

1st HEAT

MARIST COLLEGE
 Poughkeepsie, N. Y.
 SHIRT COLORS: Red and White
 BLADE COLORS: Red and White
 Bow Marty Torrey 2
 3 Bob Creedon
 4 Dick Cotter
 5 Steve McDermott
 6 Mike Reilly
 7 John Wilson
 Str. Joe McHugh
 Cox. Mike Hawd

UNIV. OF RHODE ISLAND
 Kingston, R. I.
 SHIRT COLORS: N. Blue, White
 BLADE COLORS: N. Blue, White
 Bow Steve Lynch 2
 3 Mark Beckenbach
 4 Rick Anderson
 5 Ken McShane
 6 Bill Jacobs
 7 Rick Roda
 Str. Steve Zimmerman
 Cox. Gerry Menard

U.S. COAST GUARD ACADEMY
 New London, Conn.
 SH. COL. White, Red & Blue Diag. S.
 BL. COL.: White, Orange & Blue Diag. S.
 Bow William Plagge 2
 3 Pat Gutridge
 4 Larry Shirley
 5 Mark Noll
 6 William Spitzer
 7 Ken Knutson
 Str. Mike Wensman
 Cox. Brad Balch

WASHINGTON COLLEGE
 Chestertown, Md.
 SHIRT COLORS: Red Stripes on White
 BLADE COL.: Nat. Wood & Vert. Red S.
 Bow Dave Griffith 2
 3 Chris Combs
 4 Rich Rogers
 5 Mike Harrison
 6 Mike Kennedy
 7 Parky Cann
 Str. Eric Stoll
 Cox. Jim Thomas

GEORGETOWN UNIV.
 Washington, D. C.
 SHIRT COLORS: Blue and Gray
 BLADE COLORS: Blue and Gray
 Bow Barry Smith 2
 3 Rus Windsor
 4 John Bradley
 5 Jay Couzens
 6 Jerry Marosek
 7 Mike Litton
 Str. Steve Schafer
 Cox. Joe Hartnet

2nd HEAT

1:45 P.M.

GEORGETOWN UNIV.
 Washington, D. C.
 SHIRT COLORS: Mauve and Puce
 BLADE COLORS: Puce w Mauve Stripes
 Bow D. Kidd 2
 3 P. Berg
 4 A. Lelchook
 5 A. Mitchell
 6 J. McCarthy
 7 M. Jenkins
 Str. C. Salenker
 Cox. G. Ibars

SUNY AT STONY BROOK
 Stony Brook, N. Y.
 SHIRT COLORS: Red and White
 BLADE COLORS: Red and White
 Bow Rick Rio 2
 3 George Rossano
 4 Dave Tuttle
 5 Ken Constantine
 6 Arnie Benardette
 7 Steve Biereuk
 Str. Rich Fotiades
 Cox. Brett Sherman

TEMPLE
 Philadelphia, Pa.
 SHIRT COLORS: Cherry and White
 BLADE COLORS: Cherry and White
 Bow Joe Morgan 2
 3 Bob McIntyre
 4 Jack St. Clair
 5 Anthony Haidofer
 6 John Wright
 7 Gavin White
 Str. Mike Lawler
 Cox. Rich Kirkland

ROLLINS COLLEGE
 Winter Park, Fla.
 SHIRT COLORS: White w/Blue Band
 BLADE COLORS: Blue and Gold
 Bow Bert Martin 2
 3 Roland Blake
 4 Colt Ward
 5 Doy Newman
 6 Herb Shepherd
 7 David Kidd
 Str. Rand Wilson
 Cox. Bob Selton

HOLY CROSS
 Worcester, Mass.
 SHIRT COLORS: Purple and White
 BLADE COLORS: Purple and White
 Bow Ed Morgan 2
 3 Ken Marra
 4 Steve McLane
 5 Jim Murphy
 6 Mark Sullivan
 7 Neil Cleary
 Str. George McCarthy
 Cox. Tom Farrey

S.U.N.Y. MARITIME COLLEGE
 Ft. Schuyler, Bronx, N. Y.
 SHIRT COLORS: White
 BLADE COLORS: Red, White and Blue
 Bow Samuel Neal 2
 3 John Armstrong
 4 Napoleon Arthus
 5 Ronald Dull (Capt.)
 6 John Ascienzo
 7 Brian Basel
 Str. John Wolak
 Cox. David Dombrowski

3rd HEAT

2:00 P.M.

LASALLE COLLEGE
 Philadelphia, Pa.
 SHIRT COLORS: Navy Blue and Gold
 BLADE COLORS: Navy Blue and Gold
 Bow Emile Grcco 2
 3 Jim Hart
 4 Tom Cawley
 5 Tom Emore
 6 Tom Gray
 7 Kevin Kiernan
 Str. Joe Sierotowicz
 Cox. Jack Edling

U.S.M.M.A.
 Kings Point, L. I., N. Y.
 SHIRT COLORS: Blue and White Stripes
 BLADE COLORS: Blue and Navy Blue S.
 Bow Roscoe Sheard 2
 3 Chris Hughes
 4 Dave Sauer
 5 Mike Dolan
 6 Wayne Torjusen
 7 Preston Shelton
 Str. Mike Cotting
 Cox. Peter Zimmerman

FORDHAM UNIVERSITY
 Bronx, N. Y.
 SHIRT COLORS: Maroon
 BLADE COLORS: Maroon, Wh. Diamond
 Bow Colin Meagher 2
 3 Joe Bree
 4 Tony Lactignbla
 5 George Kehayas
 6 Dave Woods
 7 Tom Cowroy
 Str. John Dermoov
 Cox. Matt McDonough

WESLEYAN UNIVERSITY
 Middletown, Conn.
 SHIRT COLORS: Red with Black "W"
 BLADE COLORS: Red, Black, and Lav.
 Bow Robert Hilton 2
 3 George Surgeon
 4 Tim Donohue
 5 Roger Levine
 6 Brian Mahoney
 7 Steve Cutts
 Str. Mike Robinson
 Cox. Doug Thompson

MARIETTA COLLEGE
 Marietta, Ohio
 SHIRT COLORS: Blue and White
 BLADE COLORS: Blue and White
 Bow Steve Luce 2
 3 Mark Hill
 4 Don Gluth
 5 John Foster
 6 Charles Doyle
 7 Woody Stines
 Str. Steve Jonik
 Cox. Wiley Wakeman

TRINITY COLLEGE
 Hartford, Conn.
 SHIRT COLORS: Blue, Gold on White
 BLADE COLORS: Blue, Gold on White
 Bow Curtis Jordan 2
 3 R. Lawrence (Capt.)
 4 Malcolm Poole
 5 Dirk Drevx
 6 Edward Mooney
 7 David Brown
 Str. John White
 Cox. Douglas Lake

4th HEAT

2:15 P.M.

DREXEL UNIVERSITY
 Philadelphia, Pa.
 SHIRT COLORS: White
 BLADE COLORS: Blue, Gold
 Bow Frank Perscechino 2
 3 Bob Aachenbach
 4 Steve Cooney
 5 George Danko
 6 Randy Olson
 7 John Dalton
 Str. Steve Astoria
 Cox. John Lloyd

ST. JOSEPH'S COLLEGE
 Philadelphia, Pa.
 SHIRT COLORS: Maroon and Gray
 BLADE COLORS: Natural & Red Stripe
 Bow John Kieffer 2
 3 Jack Toland
 4 Dan Putts
 5 Joe Conlon
 6 Bob Beatty
 7 Phil Roche
 Str. John Henwood
 Cox. Paul Rudolph

ITHACA COLLEGE
 Ithaca, New York
 SHIRT COLORS: White with Blue
 BLADE COLORS: White with Blue
 Bow Tom Ambrose 2
 3 Bruce McLeod
 4 John Williams
 5 David Cox
 6 James Tripp
 7 Rene Dennis
 Str. Edward Keagle
 Cox. Peter Ewanicki

FLORIDA INSTITUTE OF TECH.
 Melbourne, Fla.
 SHIRT COLORS: Gray and Red
 BLADE COLORS: Gray and Red
 Bow Casey Baker 2
 3 Tom Creeden
 4 Keith Hoch
 5 Joe Eckelman
 6 Howard Rivenburg
 7 Mike Bledsoe
 Str. Randy Lynn
 Cox. Ray Walker

WAYNE STATE UNIVERSITY
 Detroit, Mich.
 SHIRT COLORS: Yellow and Green
 BLADE COLORS: Yellow and Green
 Bow Pete Antanatis 2
 3 Jerry Roszka
 4 Pat O'Brien
 5 Mike Schmitt
 6 Tom Chulig
 7 Dan Wojdyla
 Str. Ted Wright
 Cox. John Hartzell

AMHERST COLLEGE
 Amherst, Mass.
 SH. COL.: Dk. Blue/diag. White Stripe
 BL. COL.: White/Dark Blue Chevron
 Bow David Brown 2
 3 Bruce Shortt
 4 Chris Winslow
 5 Mark Nussbaum
 6 Phil Parker
 7 John Stringer
 Str. Ted Wright
 Cox. Geoff Wilson

5th HEAT

UNIVERSITY OF VIRGINIA	PURDUE UNIVERSITY	MANHATTAN COLLEGE	WPI	UNIV. OF MASSACHUSETTS
Charlottesville, Va. SHIRT COLORS: Blue BLADE COLORS: Orange and Blue Bow Larry Davis 2 Trenny Walker 3 David Critchfield 4 Mark Heacock 5 Dan Howard 6 Todd Tisdale 7 Norton Schlachter Str. Jack Plackter Cox. Thor Strong	W. Lafayette, Ind. SHIRT COLORS: Black, Gold Stripes BLADE COLORS: Black, Gold Stripes Bow Ed Wagner 2 Tom Burgmeier 3 David Dumond 4 Stephen Lawrence 5 Richard Epparo 6 Marc Hawley 7 Paul Calvert Str. Don Langford Cox.	Riverdale, Bronx, N. Y. SHIRT COLORS: Green and White BLADE COLORS: Green and White Bow Jerry Stapleton 2 Bart diMaso 3 Peter Mazzari 4 William McDowell 5 William Welsh 6 Edward Curry 7 Mike McKenna Str. Richard Cenzo Cox. Barry Biggar	Worcester, Mass. SHIRT COLORS: Maroon and Gray BLADE COLORS: Maroon and Gray Bow Steve Baum 2 Ed Grandelski 3 Jerry Buzanoski 4 Bruce Beverly 5 John Mathews 6 Don Taft 7 Bert Hedberg Str. Ed DiAlba Cox. Phil Ciarlo	Amherst, Mass. SHIRT COLORS: Maroon BLADE COLORS: Red Bow Clay Morin 2 Mel Streim 3 Rich Clair 4 Al Flanders 5 Chris Hodson 6 Jeff Allen 7 Rick Jones Str. Bob Jayes Cox.

1st HEAT

FLORIDA TECHNOLOGICAL U.	IONA COLLEGE	ROLLINS COLLEGE	WILLIAMS COLLEGE	UNIV. OF MASSACHUSETTS
Orlando, Fla. SHIRT COLORS: Red, White and Blue BLADE COLORS: Yellow and Blue Bow Craig Rich 2 Greg Gardner 3 Harry Mervis 4 Bill Barnes Cox. Alison Pacha	New Rochelle, N. Y. SHIRT COLORS: Maroon BLADE COLORS: Maroon and Gold Bow Howard Hagan 2 Pat Maloney 3 Rich Torisi 4 Steve Donahue Cox. Tim Lowry	Winter Park, Fla. SHIRT COLORS: Blue and White BLADE COLORS: Blue and Gold Bow Pete Viering 2 Pete Becker 3 Brian Tamoney 4 Steve Hall Cox. Tim Hayes	Williamstown, Mass. SHIRT COLORS: Yellow and Purple S. BLADE COLORS: Yellow and Purple S. Bow Richard Unger 2 Jim Heiberg 3 Will Barnes 4 Bill Walton Cox. Scott Rowley	Amherst, Mass. SHIRT COLORS: Maroon BLADE COLORS: Red Bow Steve Bruneau 2 Paul Sweeney 3 Jim Clarke 4 Steve Ryan Cox. Dick Muri

2nd HEAT

FLORIDA SOUTHERN COLLEGE	TRINITY COLLEGE	WESLEYAN	BUFFALO STATE COLLEGE	WAYNE STATE UNIVERSITY	VILLANOVA UNIVERSITY
Lakeland, Florida SHIRT COLORS: Red BLADE COLORS: White with Red Stripes Bow Rick Stewart 2 Bruce Graham 3 John Stanton (Capt.) 4 Bob Graphic Cox. Warren Grant	Hartford, Conn. SHIRT COLORS: Blue, Gold on White SHIRT COLORS: Red with Black W Bow John Fenerty 2 Milton Marder 3 Thomas Goldberg 4 James Larrabee Cox. Raymond Albu	Middletown, Conn. BLADE COLORS: Blue, Gold on White BLADE COLORS: Red, Black & Lavender Bow Steve Doyle 2 Rich Leary 3 Rock Guatovich 4 Vin Broderick Cox. Mark Willis	Buffalo, N. Y. SHIRT COLORS: Orange and Black BLADE COLORS: Maroon Bow Adolph Rave 2 Randy Nonamacher 3 John Bennett 4 Bruce Russell Cox. Dick Tschorke	Detroit, Mich. SHIRT COLORS: Yellow and Green BLADE COLORS: Yellow and Green Bow Dennis Szala 2 Fred Coonce 3 Dan Mills 4 Dave Mills Cox. Steve DeWulf	Villanova, Pa. SHIRT COLORS: Blue and White BLADE COLORS: Blue Bow Mark Furlong 2 Kevin Gerard 3 Mike Harkins 4 Joe Duffly Cox. Mary Pat Weitzmann

3rd HEAT

UNIV. OF ALABAMA (Huntsville)	ST. JOHN'S UNIVERSITY	ATLANTIC COMMUNITY COL.	LASALLE COLLEGE	MARIETTA COLLEGE	FLORIDA INSTITUTE OF TECH.
Huntsville, Ala. SHIRT COLORS: Blue and White BLADE COLORS: Blue and White Bow John Cooper 2 Mike Turner 3 Mike Nuckles 4 Steve Newby Cox. Bill Heller	Jamaica, N. Y. SHIRT COLORS: Red and White BLADE COLORS: Clear Bow Andrew Dawescher 2 Michael Courtenay 3 Bob Holloman 4 Robt. Lynch Cox. Jos. Nigro	Mays Landing, N. J. SHIRT COLORS: Red BLADE COLORS: Blue Bow Lloyd Hayes 2 Tom McCann 3 Dan Daley 4 Tom Kohr Cox. John Mooney	Philadelphia, Pa. SHIRT COLORS: Navy Blue and Gold BLADE COLORS: Navy Blue and Gold Bow Leo Mount 2 Bruce Yhost 3 Ray Foran 4 Harry Tomlin Cox. Pete Greenspun	Marietta, Ohio SHIRT COLORS: Blue and White BLADE COLORS: Blue and White Bow Gary Miller 2 Steve Hudack 3 Curt Brown 4 King Fylinn Cox. George Sowchuck	Melbourne, Fla. SHIRT COLORS: Gray with Red Stripes BLADE COLORS: Gray with Red Stripes Bow Bill Fries 2 Don Bee 3 Skip Schied 4 Tad Dourdeville Cox. Ann Gauzens

4th HEAT

JACKSONVILLE UNIVERSITY	GEORGETOWN UNIVERSITY	MARIST COLLEGE	VIRGINIA COMMONWEALTH U.	DREXEL UNIVERSITY
Jacksonville, Florida SHIRT COLORS: Kelly Green and White BLADE COLORS: Kelly Green and White Bow Robt. Morcno 2 Jack Dunphy 3 George Chamberlain 4 Robert Pearl Cox. Mike Grube	Washington, D. C. SHIRT COLORS: Blue and Gray BLADE COLORS: Blue and Gray Bow Larry Tyschew 2 John Halpin 3 Tony Coletta 4 Mike Heaviside Cox. Mike Hughes	Poughkeepsie, N. Y. SHIRT COLORS: Red and White BLADE COLORS: Red and White Bow Bill Hoar 2 Mike Ahlstrom 3 Warren Brown 4 Dave Phillips Cox. Andre Stulzine	Richmond, Va. SHIRT COLORS: Black and Gold BLADE COLORS: Clear Bow Garrett McPherson 2 James Strubi 3 John Gould 4 William Boyce Cox. James Storie	Philadelphia, Pa. SHIRT COLORS: White BLADE COLORS: Blue, Gold Bow Kurt Schultz 2 Ron Madden 3 Wayne Blanchard 4 Mike McKenna Cox. Tom McLaughlin

THE OARSMAN

Official publication of The National Association of Amateur Oarsmen July/August 1973



HATHAWAY TOM
P O BOX 945
NEW LONDON CT 06320

IRA '73--WISCONSIN--ITS "A" ALL-TIME RECORD

MIAMI '73

If you weren't Vesper...you
had something to moon over.



Timothy J. Sullivan
Regatta Chairman



Members of the Antwerp Sculling Club crew receive Gold Keys to the City from Miami's Vice Mayor, J.L. Plummer. The crew had just finished a shirt swap with Rollins, Vespers and Florida Technological University.

by Sue Sponnoble

Vesper Boat Club, which won a Gold Medal for the United States in the 1964 Olympics at Tokyo, overpowered the U.S. Coast Guard Academy to win top honors in the sixth annual Miami International Rowing Regatta on April.

The Philadelphia oarsmen showed their strength by setting a new record for the Stadium's 1,500 meter course. The Vesper shell covered the distance in 4:33.0—knocking 6.2 seconds off the previous record set by Oxford University of England in 1972.

"The Coast Guard shell started out at an unusually fast pace," explained Vesper stroke Chuck Hewitt. "I think they were trying to go as far as they could, but they couldn't keep it up. With 600 meters to go, their rhythm started sagging. That's when we pulled out in front and one of their oarsmen crabbed. I think that's what really made the difference," Hewitt concluded.

At the finish line Vesper was pulling a feverish 40 strokes per minute in a smooth and well-coordinated rhythm.

Coast Guard midshipmen were four seconds behind with 4:37.0 and Rollins College (Winter Park, Fla.) was closing the gap with a time of 4:40.8.

In their first appearance in the United States, Antwerp Sculling Club would up in fourth position with a time of 4:43.0. The Belgian oarsmen were enthusiastic about their U.S. debut despite the disappointing finish.

"I want to assure you that the whole Belgian crew is very impressed with the organization and the spontaneous friendship generated at your regatta," said Robert Baeten, president of the Antwerp Sculling Club.

Baetens, a prominent figure in European crew racing circles, said that the Belgian rowing club was looking forward to rowing in Miami prior to the 1976 Olympics.

Rounding out the Championship Final heat were Florida Institute of Technology in fifth with 4:44.4 and Temple University of Philadelphia with 4:47.1.

Co-eds on many campuses have organized crew teams and Florida colleges are no exception. Feminine athletes had their day at the Marine Stadium, with two women's shells competing in the Miami International Regatta for the first time.

The oarswomen from FIT and Florida Tech drew considerable attention from wire service photographers and other eager members of the news media, but when it came to rowing, the FIT and Fla. Tech gals were all business and they left no doubt that once the action starts women athletes are every bit as dedicated to winning as their male counterparts.

In one of the day's most exciting races, the FIT ladies battled down to the wire to beat their Florida Tech rivals by a slim 2.5 second margin over a 750-meter distance. Race officials and a wildly enthusiastic gallery of spectators gave the ladies a standing ovation at the finish line.

FIT freshmen were also victorious in their heat and the U.S. Coast Guard Academy captured top honors in the Junior Varsity event. Winner of the Petite Finale was Florida Southern.

Sponsors of the Miami International Rowing Regatta are the Rowing Committee of the Columbus Day Cruising Regatta Club with the cooperation of the City of Miami.

FOR RESULTS SEE P. 41 - 44

Confidence Boat Skill Drills

by Ted A. Nash



A workout for concentration and pride. These drills develop skill and confidence. Our oarsmen memorize them so that when they are executed they need not be a subject for discussion within the boat. They are done in rapid order, with the understanding that it is a workout in itself based on discipline and pride. Each entry or execution is to be accomplished as a surgical yet artistic motion. They may not have value for your particular program as a group, but I hope that some of them will add enjoyment to your program and possibly to be used as therapy for "down" days or an attention-gaining variation.



Land

15 minute drill prior to rowing. Warm up well.

Water (pre-Drill warm ups)

Paddle approximately 1.5 miles. Normal swing at low strokes.

Series of 10's @ 3/4 power—24, 26, 28, 30—with 10 paddles at no pressure between each set, at a very slow rate.

Series of 20's at full pressure long—26, 28, 30 per minute—with 20 paddles between each 20 long. All paddle to be done under 16 strokes per minute.

Drills

1. All 8 using no slides until balanced and boat is moving together. Use strong back swing and sharp catches, a long draw through, knees locked down at all times.
2. Same as above, only by all logical combinations of fours, with the remaining men balancing the boat only.
3. One stroke in water, 1 stroke in air, all 8 at paddle. 30 times.
4. Four in water, 4 in the air, at same time, alternately at paddle. 30 times.
5. No feather—eyes closed, 2 minutes. At the paddle rowing at full range of slide. Very low stroke.
6. Changing hand (eyes open) paddle without disturbing the boat. Do this with and without feather, and with various combination. e.g. outside hand, no feather, 5 strokes. Inside hand with feather, 10 strokes, etc.
7. 20 strokes hard (3/4+ power) and every 5th stroke an air shot. To be done at 20 strokes per minute. The key to this one is keeping the blades parallel during the 5th, 10th, 15th, and 20th strokes. It demands excellent control.
8. Full power 10's at 8 strokes per min.—40 strokes, glided out as far as possible.
9. Stop prior to catch, stop prior to finish, stop at both ends, 1/4 power, 20 at each location, then 20 using both locations.
10. At 1/2 power: 5, no slide; 5, 1/4 slide; 5, 1/2

slide; 5, 3/4 slide; 5, full slide. And return and repeat 3 times. No matter what, don't let the seat accelerate up the track toward the catch. Keep it constant.

11. 5 full power strokes and stop, holding balance with blades off water, to dead stop. 5 times. Handle over toes.
12. Eyes closed 1 minute, then 3 air shots in a row; 1 minute, 3 air shots, etc. 5 times. All at paddle.
13. Feet out and paddle, eyes closed, 1 minute. Stop and re-do after coaching.
14. 5 hard, stop, balance while gliding. Remove one foot and place over oar handle. Then, on Cox command, hands off oar and out to sides, elbows locked and balanced. Handle came to rest on gunwale, exactly even with toes.
15. "Wing-it" to extremes at 1/2 power at 6–10 per minute. Circular strokes. That is—on release handle follows down the incline of the leg so that blade revolves as high as possible off the water. (Circular rowing.)
16. 15-10-15 strokes, all at full power, at: 20-24-20; 22-26-22; 24-28-24; 26-30-26; 28-34-28; 30-36-30. Drill 16 = 240 hard strokes.
17. 15-10-15 strokes, all at full pressure, at: 24-20-24; 26-22-26; 28-24-28; 30-24-30; 32-24-32; 34-24-34. The key to Drill 17, which also = 240 hard strokes, is that in the final 15 of each set the crew doesn't simply race up the tracks, but increases drive, speeds up release, and strives for poise.
18. Paddle well with real catch, low, with buried blades, yet no pressure or puddle. Have a contest back to the Boathouse, seeing who can row most correctly on each side and yet disturb the water the least. Continue slowly to dock, land at a glide, oars balanced (wind and current permitting.) The pride and self-confidence will begin to show. The crew will have recovered both their wind and poise, and hopefully will finish their workout with a smile in the direction of the launch.

University of Massachusetts

Temple

Coast Guard Academy

Trinity

DAD VAIL: The greatest row on earth!

by John A. Seitz

Bill Donovan and Frank Cosgrove started the first Varsity heat of the 35th Dad Vail Friday at 9:00 a.m. They started another 15 minutes later and every fifteen minutes thereafter until it seemed as if there was more flesh propelled wood on the water than at any time in history with the exception of the time those thousand ships set out after Helen of Troy. The face that launched these 956 men rowing 127 shells representing 41 schools in 43 events was D.V.R.A. Chairman's, Tom Conville.

The spring swollen Schuylkill was sardined with the sea of shells and swept with ash breeze until 4:15 p.m. Saturday when a club eight representing the University of Massachusetts won the Dad Vail Trophy. Although many expressed surprise at the Mass. crew's winning, it really was no surprise if you read the purpose of the Dad Vail Rowing Association, founded by "Rusty" Callow to promote competition among colleges struggling to found rowing. In 1934 he named a trophy in honor of Harry Emerson "Dad" Vail, a long-time struggler at the U. of Wisconsin. Of all the crews entered, Mass. probably comes closest to Rusty's definition of "struggling". U. of Mass. does not recognize crew as a Varsity sport. The kids pay their own passage and nobody pays their coach, grad student, Mike Vespoli. Low budget crew is rampant in Dad Vail but a no budget winner would have warmed Rusty's rudder.

Weather conditions were as varied as the entries. We had Canadian cold, Marietta moist, Florida warm, Coast Guard gale, Alabama dry, Princeton placid and W. Ontario white caps, we had all that variety every 15 minutes, so don't compare the Times; you can't compare a hot flat heat with a semi-final squall.

Chief Referee, Ernie Bayer, raised the red flag while Joe Hasiak, Peter Kay, and Charles Colgan called the first of 5 Varsity heats to the line. Coast Guard showed its form by winning over Marietta and Worcester, the other qualifiers. In the second Varsity heat we saw Mass. being chased across the line by Fla. Inst. of Tech. and Joe Toland's St. Joe's boat. Next, Trinity, Rollins and Washington qualified. In the 4th heat, Merchant Marine got their bow 4/10 of a second ahead of Georgetown who was followed by Marist 1.2 seconds later. In the last Varsity heat Tom "Bear" Curran described by one wag as a white haired, red-eyed troll who lives Strawberry Mansion Bridge from January to May, watched his Temple crew win easily over Virginia and Ithaca.

The Varsity Lightweight were next in four heats, three in each qualify for semi-finals. Head Coach Lindamood's Marietta skinnies won the first heat by 1.4 seconds over Villanova followed by the third qualifier, Purdue, Marietta,

winner of the 1st Dad Vail trophy in 1934 has had quite a record in Dad Vail but Coach Lindamood's record can't be matched by anyone. Coast Guard's light boat took the second head showing the way to qualifiers, Florida Tech. and the U. of Buffalo. Drexel, Florida Inst. and Marist qualified in the 3rd heat while Iona paddled down in front of Trinity and U. of Minn. Next, Clerk of Course, Coleman Boylan and Matt Ledwith ordered the J.V.'s to the water for four heats, three of each to qualify for semi-finals. Coast Guard led the way over Rollins and Holy Cross. (Was there ever a Dad Vail where Rollins wasn't second?) Next Marietta, Worcester and LaSalle qualified. Then Wesleyan qualified 6/10 of a second in front of U. of Mass. followed closely by Washington College. At noon the last J.V. Heat went off as scheduled and at 12:06:37.0 Trinity qualified; at 12:06:41.1 Georgetown made it and at 12:06:42.6 Fla. Inst. completed the semi-final line up.

By 12:06:42.7 Head Judge, Franz Ludwig began to wonder, "Doth Secty. Galloway exact day labor lunch denied?" But he relaxed when told that Verger of the Victuals, Hank Backe, had cold chicken and hot coffee awaiting at that stately pleasure dome, the U.S. Rowing Society. During lunch Al Wachlin, Tom Dowd, and Ed Clark made modifications on the communications system while Hank Backe distributed a souvenir ceramic flagon to each official, the only "pay" they got for two days of hard work.

By one o'clock the officials and competitors were back to work and the first of 3 Frosh heats left the line at 1:30 p.m. Georgetown crossed the line first followed by Trinity less than three seconds later to qualify for the final. In the second heat the first major steering problem occurred and Marist was disqualified. Coast Guard won it with Drexel pulling up fast, less than 1 second difference. The third heat was won easily by Marietta; second place U. of Mass. qualified.

The Fours-with lined up at 2:15 for four heats. U. of Alabama won the first heat; Drexel and Atlantic Community took second and third to qualify for the semi-finals. Then Florida Southern, St. Joe's and Iona qualified. Marist, U. of Mass. and Buffalo provided the next qualifying excitement and in the last heat Princeton, Jacksonville, and St. John's got lanes in the semi-finals. This was Princeton's first year in Dad Vail since they started crew in 1875.

(cont'd on p. 28)

FOR RESULTS SEE P. 41 - 44

DAD VAIL *(cont'd from p. 7)*

The pairs w/o lined up by 3:15 for three heats. Everybody else got off the river to avoid being rammed and get a better view of the interesting patterns the escadrille would make. A few were disappointing; they rowed a straight course. By 3:53 p.m. Fla. Tech., Marist, Jacksonville, Princeton, Fla., Southern and Villanova had lanes for the Saturday Final.

The J.V. Semi-finals got underway at 4:00 p.m. Coast Guard, Wesleyan, Georgetown, Marietta, Rollins (2nd again) and U. of Mass. earned lanes for Saturday's final. The Varsity Lightweights, each certified by Greg Stefan, Clerk of Scales, boated crews for the semi-finals, and by 4:50 p.m. Drexel, Marietta, Florida Tech, Marist, Villanova, and Coast Guard qualified for the final.

The first of three varsity semi-finals left the line with Coast Guard surging out fast for an early lead with St. Joe's and Temple up close. Coast Guard held their lead all the way down with St. Joe's matching their high stroke. By the last quarter Temple caught St. Joe's and understroked them to take second place and qualify for the Final. Marietta and Trinity qualified in the next heat. U. of Mass. won the next heat but really had to row for it. Rollins was second (again)! The rowing day ended at 5:40 p.m.

Saturday morning's schedule included Petite Finals and Fours semi-finals. Although Marist was disqualified from the Frosh semi-final they were permitted to row in the Frosh Petite final along with six other boats and won it by 2.6 seconds over Fla. Institute. Trinity took the J.V. Petite by a wide margin and Fla. Institute was 1.9 seconds faster than Iona in the Varsity Lightweight Petite. The hottest semi-finals battle was in the Fours. St. Joe's took the first with Atlantic Community and Alabama in an almost dead heat for qualifying. Princeton won the second followed by Fla. Southern and U. of Mass. within a few seconds. St. Joe's won the Varsity Petite handily.

After lunch Judges Chas. Jennings, John Semanik, Dr. Davidson, Gus Schatzel and Jim Conboy took their positions on the finish line awaiting the first of eight events, the Frosh Lightweight Final. But the First event of the afternoon was a cloud burst, and it seemed like Noah's Ark or Peter's Island would probably be next across the finish line. The unsinkable Coast Guard Frosh Lightweight came down as fast as the rain one length open ahead of Connecticut and Rhode Island until the last quarter when Connecticut closed the gap to a half boat length but Coast Guard pulled away again to win it. In the J.V. Lightweight Final Coast Guard scored again easily over Georgetown, Merchant Marine and Buffalo State. The Pair w/o finished without hitting either bank; Jacksonville outrowed Fla. Tech, Marist and Princeton. The Four with Final was exciting enough to make the weather hold its breath. Alabama led all the way, but in the last 250 meters Princeton pulled up but then drew a letter "S" in lane two while Florida Southern got its galley going in lane three. Alabama won the Doc Bradley trophy by 9/10 of a second over Princeton. Florida Southern followed 1.5 seconds later. Perhaps the letter Princeton left in its wake expressed their initial opinion of the result. The Frosh Final for the Brett Bowl gave Marietta a chance to display its power and depth. They did it in the day's fastest time, 600.8. U. of Mass. was

second; Drexel, third.

The J.V. race drew the spectators out from their shelters. Marietta again displayed its power but Coast Guard, U. of Mass., Wesleyan and Rollins were all close enough to win if a Marietta mistake were made. Henry Welsford whipped the finish flag three times within 3.6 seconds as Marietta won and retired the Rusty Callow Cup by 2.3 seconds over Coast Guard. U. of Mass. crossed 1.3 seconds later. Wesleyan battled Rollins for fourth. Georgetown was sixth.

In the Varsity Lightweight final for the Jim Anderson Trophy, Marietta again led the way, but not by much. With 750 meters to go, Coast Guard, Villanova, Marist, Drexel, and Fla. Tech. were all in second place. Most eyes were on Coast Guard expecting a power rush, but it didn't come. I almost missed the move that Villanova made in the last 500 meters. I even misidentified them as Fla. Tech. over the P.A. system for their speed put me into shock. Villanova had enough run to pass Coast Guard but not enough to pass powerful Marietta who hit the line 1.5 seconds before them. Coast Guard was third, Drexel and Marist rowed feverishly for 4th & 5th. Fla. Tech was sixth, but all six boats crossed the line within eight seconds, not a loafer in the lot.

Virgil described the Varsity start years ago:

Ranged in a row their arms stretched to the oars,
All tense the starting signal they await.
Together at the trimpet's thrilling blast,
Their bent arms churn the water into foam;
The sea gapes open by the oars up-torn;

Rollins, Marietta, Coast Guard, Temple, U. of Mass., and Trinity all churned the Schuylkill and probably swore they were rowing in butter for nobody had a definite lead until the 1500 meter when Temple's bow was seen first, Coast Guard second. By the bridge, I couldn't believe what I had just announced; U. of Mass. had a half length lead; by 900 meters they had 2 lengths open water; Coast Guard passed Temple and the rest were close. Curran told his crew to beat Coast Guard, so they dutifully did take over second place just past the 750 mark and by the last 500 took aim on Mass. By the look of their boat, I think they heard Bear Curran's chants in both their ears and hearts but their great effort inspired Mike Vespoli's vehement nine (they also serve who sit and steer) for although Temple closed strongly, U. of Mass. won the Dad Vail Trophy by 4.8 seconds. Coast Guard was third 1.1 seconds behind Temple. Trinity, Marietta and Rollins followed. The rowing ended at 4:15 p.m. and the Victors headed for Number 4 Boat House Row where Awards Chairman, Dr. Thomas Kerr made the presentations. Marietta won the Jack Bratten point trophy. And so ended what the Bard described as:

"There be some sports are painful, and their labor,
Delight in them sets off."

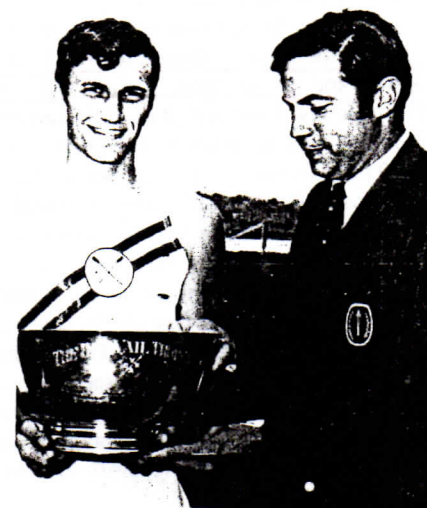
But P.T. Barnum would have billed Dad Vail as the
"The Greatest Row on Earth."





From Zero to Dad Vail Champs ...in 17 months

by Bill Stowe



Photos:
U.S. Coast Guard
Academy

Any coach at an existing rowing school, with all the inherent problems, ponders the thought of starting a program from scratch, exactly the way you want to mold it. When the opportunity arose to start a crew at the Coast Guard Academy, I jumped at the challenge without having any idea of the potential.

For over five years Fred Emerson, Connecticut crew benefactor, had attempted to start crew at the Academy, but the Admiral in charge feared the expense. With a change in Superintendents came a change in attitude, Fred's offer of assistance was accepted and I was commissioned to "start a crew". This was to be the first serious attempt at boating a crew in the Academy's 97 year history. In the '20s they had dabbled in some old Harvard eights, but never raced.

I arrived in New London on January 5, 1971, with four old hydraulic machines commandeered from Kent, a lot of enthusiasm, several reels of rowing film, and about seventy names on a sign-up list. There was no one at the Academy that had ever rowed so everything had to be taught, and we inherited no bad habits. Saturdays we drove to Yale or Brown to have a try at the tanks, which were most helpful. By mid-January, I launched two fibre-glass fours and we paddled in bitter cold water dodging ice flows. Harvard gave the Academy two very old eights (thought to be the same ones they had given the Academy in the twenties) and we rowed them through skim ice from Red Top to our waterfront at 6:00 a.m. on Lincoln's Birthday. Like any program, that separated the men from the boys and the squad settled at about forty.

It is often said that anyone who rows is less than sane, and I have come to believe that the cadets are even more insane than the average rowing nut. In February, I had a cadet dive in to the Thames to recover an eight that had drifted away from the dock. I would have been willing to let the Harvard junker go. It did not take long to realize that what these men wanted was to win . . . whatever the cost. Most of them had played football and were tired of losing. Crew held new hope. We developed a "fraternity" unlike anything the Academy had ever seen before and we operated somewhat outside of the traditional rules. It worked.

I took a gamble and suggested that we row in Florida over the spring leave (vacation). To a cadet this free time is very valuable, but to a man, we took four boats to Melbourne for practice. None of our oarsmen had ever even seen a race, so to develop some experience we entered the

Cypress Gardens Regatta. To my absolute surprise, we won the varsity event going away. After a full season, the Varsity took fourth in the Vail, with the lightweights coming in second.

We had been boating out of Yale's boathouse at Gales Ferry and it was decided that we should attempt to get our own on the Academy waterfront. The Coast Guard Academy Foundation (a fund raising organization for the school) agreed to donate the boathouse, but the Cadets did some of the work. This replaced the open air storage that we had used in our first fall. The Parents Association offered some oars, and the Alumni Association gave a new Schoenbrod boat. We soon found ourselves with a fine boathouse, eight new eights, Karlsh oars to go around, and the cadets built \$3,000 worth of docks for the cost of the materials. Our school budget was \$2,600.

In the fall, the Thames river is beautiful water and we began our second year with about 100 cadets, or 1/10th of the institution out for crew. I did all the coaching, taking the experienced oarsmen out at 5:00 a.m. and the novice men out in the afternoon shifts. The Academy, with nothing in the budget for a crew coach, gave me two jobs that filled the day, first as the Sports Information Director and also as the manager of the Officer's Club. Those were long days, but they paid off with a third in the elite eight at the Head of the Charles.

We were forced to row in very cold weather since we did not have indoor facilities that second winter, but it paid off when we beat down-state rival Yale and then won the Dad Vail. Currently we are rowing with six racing eights (three heavyweight and three lightweight eights) and I have finally gotten two assistant coaches. Hunter Townsend, a former South Kent sweep, is taking care of the freshman lightweight eight and Professor Bob Miller, is a general assistant, lending his knowledge from days with Joe Burk.

(cont d on p. 40)



DAN WATTS 1942-1973



Dan Watts was a natural oarsman. Not in his ability to perform the stylistic functions of pulling on an oar, but in his remarkable drive and ability to gain the complete confidence of other oarsmen. Dan lived his whole life to the fullest extent possible, putting a sometimes unbelievable level of energy into his every activity. The same zest and enthusiasm made Dan a superb oarsman.

Dan began rowing as a sophomore at Dartmouth. The next year he was a varsity oarsman. The summer after that Dan and I were thrown together, purely by chance, as a pair without at Lake Washington Rowing Club. A better racing partner could not have been invented. I have never met a man whom I was more sure was delivering all that he could. Giving anything less than everything was not possible in Dan's mind. Everyone who knew Dan became certain of that fact above all else. Some of us were lucky enough to learn it during crew practice and races. Dan often stated that he received a lot from crew in terms of personal development, enjoyment, and friends, but he gave as much as he received.

Dan died of cancer in Seattle in February after a long

period of struggle against the disease. As he did during his whole life, he gave much to others during that period. His strength, toughness, and honesty were an example to everyone.

One of Dan's last wishes was to have a Dartmouth shell named after him. His family and close friends have already raised a substantial part of the funds. Donations to Dartmouth College, care of the Dartmouth Rowing Club in Dan's memory, are needed to ensure that future oarsmen also are beneficiaries of Dan's spirit.

The shell was dedicated this June by Dan's wife, Mary, and two children, Margret and Jamie, at the 10th reunion of his graduating class. Nothing could be a better memorium to Dan than a tough, light, fast shell full of striving men.



FROM ZERO TO CHAMPS *(cont'd from p. 18)*

These are two things that I think are essential in getting a new program off the ground. First is a total desire to win and a willingness to make a 100% commitment. It means no time for anything else. It means paying for things out of your own pocket. It takes a lot of very hard work, both on the part of the coach and the oarsman, but the rewards in satisfaction are the best that I have ever experienced.

Secondly, and perhaps most important, you need some financial or equipment backing. We at the Academy had Mr. Emerson to get us going, and without his support, crew never would have gotten started. Now we are self supporting. I think that rowing is more meaningful if the participants have to make some sacrifices to row, and these include financial and time to help in the boathouse. There is no obstacle that cannot be conquered in the quest to get rowing.

As we progress here at the Academy, I worry about a number of things. I fear that we have come too far too fast and that our foundation is not strong enough to hold the schedule that I have entered. I fear that the success that we have had is based solely on winning and a few upset losses will destroy us. I expect that we will have a lull in

our progress, but I am not sure how to face it when and if it occurs.

Several things that I have discovered since coaching here; as long as there are bodies on the grounds there is no use for High School recruiting. The time is better spent teaching the men you have than bringing in new men. When I went to Cornell, the feeling was that the coaches would rather have a big novice than a pre-school oarsman. I have found that it is often easier to teach a new man than to break in one with experience.

Here at the Academy I have also reconfirmed my feeling that to be successful, you must make the rowing program enjoyable. Part of the enjoyment is winning of course, but it is important that it all be worthwhile to the oarsman, and not just an expanding of the coaches ego. Over emphasis on such things as the ergometer, while helpful to the top elite, is perhaps damaging on a grass roots level.

In conclusion, the enjoyment and satisfaction of starting a rowing program far exceeded my expectations. I would encourage all new program directors, but not before warning that only through a lot of hard work and patience can it be successful. You will reap rewards in direct proportion to the price that you are willing to pay.

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CGA Oarsmen Sweep Four Races on the Thames

NEW LONDON — Coast Guard Academy has made an impressive home debut in college rowing with a sweep of four races against Kings Point and New York Maritime College.

In their first regatta Saturday on the 2,000-meter Thames River course the Cadet Oarsmen showed that in a training program which began in January they have come a long way under the leadership of Coach Bill Stowe.

Stowe, who stroked Cornell to the 1962 IRA championship and the Vesper Boat Club to the 1964 Olympic championship, was greatly pleased with the results.

"It was gratifying to have all crews doing so well in the first test," he said. "It was a great start, but we have a lot of competition ahead and a lot of work to do."

Coast Guard goes to Middle-town next Saturday to oppose Wesleyan University of Massa-

chusetts on the Connecticut River.

Coast Guard, Kings Point and Maritime College finished in that order in all four races Saturday over the distance of approximately a mile and three-sixteenths on the sunlit Thames. In every race, Stowe's Cadets dominated the start and under-stroked the opposition over the route.

Coast Guard won the varsity race by about four and a half lengths in 6 minutes, 18.5 seconds, the best time of the day. Kings Point was second in 6:39.2 coming up in the last 20 seconds to beat out the Maritime Privateers, who were clocked in 6:40.7.

Results of other races: Junior varsity — Coast Guard, 6:55; Kings Point, 6:57; Maritime, 7:24.

Lightweight — Coast Guard, 6:41; Kings Point, 7:11.1; Maritime, 7:38.

Mid-weight — Coast Guard,

7:02; Kings Point, 7:06.2; Maritime, 7:19.

The races were rowed upstream on the last two hours of flood current, starting at Cow Point and finishing near the Yale crew camp at Gales Ferry. There was a following wind of 10-12 miles an hour, sometimes gusting to 15 miles. The water at times was choppy, but all crews handled it without difficulty.

In the varsity race, the three crews battled bow-to-bow while stroking in the high thirties for about a quarter of a mile before Coast Guard could establish a lead of a quarter of a length.

Once in front, the Cadets never yielded an inch. They built up their margin quickly as they settled to a smooth-swinging 31 while Kings Point and Maritime stayed in the middle thirties. Coast Guard led by two lengths of open water at about the mile mark as Kings Point and Maritime became locked in

wicz, Bill Braceland, Mark Noll, Larry Shurley, Bob Flynn, Paul Barger, Tony Guilierrez, stroke; Hank Blaney, coxswain.

LIGHTWEIGHT—Greg Kelley, bow; Marty Eger, Bo Josephson, Woody Collins, Ed Murphy, Brad Neisen, Gary Anderson, Pete Dolan, stroke; Bill Witmeyer, coxswain.

MID-WEIGHT — Doug Boyle, bow; Penn Shade, Glenn Epler, Rick Beilfuss, Jim Woepel, Joe Ahern, Mike Rosecrans, Tom Meyers, stroke; Steve Campbell, coxswain.

KINGS POINT

Varsity—Dave Sauer, bow; Paul Engleman, Mike Napier, Rod McKinney, Jeff Dyer, Gene Tompkins, W. P. Resop II, John MacDonald, stroke; Jim Schoonmaker, coxswain.

JUNIOR Varsity — Terry Rice, bow; Bill Schell, Bill Bailey, Jeff Hicks, Ralph Torjusen, Ed Kelly, Art Faherty, Bob Johnson, stroke; Terry Lynch, coxswain.

LIGHTWEIGHT — Dan Tahanne, bow; H. K. Lawrence, Tom Karzsky, Peter Zimmerman, Wayne Torjusen, Preston Shelton, Nick Andryuk, Jeff Bouton, stroke; Brian Garoute, coxswain.

MID-WEIGHT — Arthur Faherty, bow; Preston Shelton, Ed Drummond, Jeff Hicks,

Wayne Torjusen, ED Kelly, Dan Tahaney, Bob Johnson, Stroke; Jerry Lynch, coxswain.

NEW YORK MARITIME Varsity — Sam Neal, bow; John Kuheeman, Greg Pierce, John Basel, Naopoleon Arthus, Paul Corkery, John Wolak, Dave Dombrowski, stroke; Thomas Wolford, Coxswain.

JUNIOR Varsity — Tom Sokolik, bow; Rich Rodgers, John Trisk, Don Swift, Ken Bagley, Tim Slack, Greg Schub, Ron Dull, stroke; Joe Gluckman, coxswain.

LIGHTWEIGHT — Dennis O'Neill, bow; Ed Boyle, Charles Morris, John Ascenso, Brian Wuelhernow, Tom Foley, Rich Wills, stroke; Ken Cavanaugh, coxswain.

MID-WEIGHT — Terry Robinson, bow; Rob Stevens, Ken Craft, Brian Wuelhernow, Hans Hesselbach, Phil Blauvelt, Eddie Boyle, Doug Morgan, stroke; Ken Cavanaugh, coxswain.

Referee — Fred Emerson, Lyme, Timer, Rear Adm. John F. Thompson, superintendent U.S. Coast Guard Academy; judges at the finish, Capt. James E. Stark, U.S. Navy Medical Corps, and Lt. Cmdr. Robert H. Sawyer, U.S. Navy Medical Corps.



NEARING VICTORY — Coast Guard Academy's varsity crew is about to cross the finish line in its four and a half length victory over Merchant Marine Academy and New York Maritime College Saturday on the Thames River. The Cadets, making their bow

in crew this season, swept the river by winning all four races from the opposition. Merchant Marine Academy was second in the varsity competition and New York Maritime third. (Day Photo by Hubert Warren).